



Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, October 2011

Volume 54, Issue 2

General Meeting

Monday, October 3, 2011

The Karnak Shriners' Temple

3350 Sources Boulevard, DDO

**Exceptionally,
for this meeting,
please arrive promptly at
7:00 for an action-
packed evening.**

**Coffee at 7:00, will be
followed by our
first Town Hall
Meeting at 7:15,
a brief business meeting
at 7:45 and the
introduction of our
outstanding
Scholarship winners
at 8:00.**

Programme

Our Guest Speaker

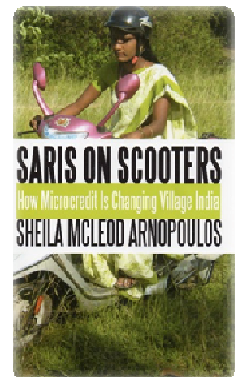
is

SHEILA MCLEOD ARNOPOULOS,

Journalist, Professor and Award Winning Author

Sheila is the author of **Saris on Scooters, How Microcredit is Changing Village India**, and is a finalist for this year's National Business Book Award. A former Journalism Professor at Concordia University, she is the author of four books including a novel. Sheila has spent 21 months in India meeting grassroots women who were able to use microcredit to break out of poverty. Through photographs and presentation,

she will show how enterprising women with little or no education have used their talents and hard work to start, amongst others, a dairy, an embroidery company, and a radio station while bringing about social change in their villages.



And looking forward

At the November 14 General Meeting, our guest speaker will be **Laura Calder**, chef, author and Food Network host. Her new cookbook, **Dinner Chez Moi**, will be available for sale that evening for the preferential cost of \$30.00, with a portion of the proceeds going to the Scholarship Fund. There will be an opportunity to sign up to order this book at our **General Meeting October 3**.

Linda Ricketts, Programme Chair

A message from the President

It was wonderful to see so many of you at the Autumn Convivium! It was also good to see so many of our members would like to get to know each other better. The little exercise at the Convivium about mingling at one of our dinner meetings closely followed the results seen in our Strategic Planning Survey. We are off to a good start with new and returning members; please join me in welcoming them into our MLUWC family. You have all had an opportunity to see the Strategic planning report and now the Strategic Planning Committee is in the process of preparing an action plan based on the results of the survey.

We have planned a short Town Hall meeting before the business session at the October general meeting. The Town Hall is an opportunity for all of you to put forward ideas and suggestions, and to ask questions. It is an opportunity to hear the opinions of your fellow members and to speak your mind. We look forward to hearing what other comments arise from the Town Hall and we will incorporate these into our action plan. We can then put our findings into action and build a stronger Club that will endure and better respond to the needs of our membership.

I am sure that you are all looking forward to hearing our scholarship winners speak to us about their ambitions, their academic pursuits and their goals. This is the only general meeting remaining before Theatre Night on November 8. Please support our MLUWC Scholarship Fund and the next batch of scholarship recipients by coming early to get your theatre tickets for what promises to be a great play! For tickets please contact Ginger Brossard, Fundraising Chair.

Please take the time to look at the draft amended Quebec Provincial Council Constitution and By-Laws being sent to all members with this newsletter since we will be asked to vote on this at the mini Provincial Council meeting on October 15.

I look forward to seeing you at the October meeting!

Chitra Chopra
mluwc1@gmail.com

News from CFUW
The right to speak - The responsibility to act

Here is an excerpt from CFUW President Brenda Wallace's message in the most recent edition of *The Communicator*:

I have been asked, "What is the role of Advocacy in CFUW?" Through our advocacy we fulfill our mandate as stated in our purposes. We advocate for quality education, human rights, equality, safety or peace and it is now more important than ever for us to step forward locally, nationally and internationally. As a leading, self-funded women's organization, our voice continues to be heard as others are silenced by successive waves of defunding within the non-government sector. It is our responsibility to act on our policies and that is the role of advocacy.

So what can you do? Here's a timely suggestion from CFUW VP Doris Mae-Oulton:

It's certain that the Conservative government will re-introduce legislation this fall to eliminate the Long Gun Registry. The NDP has yet to take an official party position. Please call or e-mail Nycole Turmel (613-992-7550; Nycole.Turmel@parl.gc.ca) and NDP MPs to share your desire to continue Jack Layton's legacy and work together to end gun violence. Ask that the party oppose the Harper government's plans to weaken Canada's gun control.

Visit CFUW's website at www.cfuw.org and learn more about our national organization. The Policy Book is now online. You can also register to receive publications such as *The Communicator* and *Week in Review* via e-mail.

A copy of the September issue of *The Communicator* is being sent out by email to all members. In it you will find information on advocacy, resolutions and more. I hope that you will enjoy reading it!

Heather Hamilton
heatherham@videotron.ca



Our Fundraising Event - November 8

A quick reminder that our Theatre Night at the John Rennie Theatre will be held on Tuesday, November 8 at 8 p.m. The play is Jane Eyre, adapted from Charlotte Bronte's novel.

Tickets will be available the General Meeting on October 3rd, or by contacting Ginger Brossard at:
brossarda@videotron.ca or by telephone.

Membership I'd like to extend a warm welcome to our five new members:

Brigitte Blais, Donna Bourne, Irene Crozier, Alexandra Fragatos and
Jeanne Marie Shipley.

And we have three returning members – welcome back to:
Marne Dezso, Magdalene Peters and Sachi Williams

Remember the deadline for paying your dues is **October 15**. Please send your cheque to
Gilda Martinello
MLUWC
P.O. Box 383
Pointe-Claire, QC H9R 4P3

If there are any changes to your entry, please let me know as soon as possible so that your correct information will appear in the 2011-2012 directory. As in past years, business cards can be published in the directory at a cost of \$45. Please send a cheque payable to MLUWC along with two copies of your business card to me at the above address.

Gilda Martinello
V.P., Membership

Maureen Arnold

It is with great sadness that we note the passing of one of our members, Maureen Arnold. Maureen was a member of the Ste. Anne's University Women's Club and was its president in the early 2000s. She joined our Club when the Ste. Anne's Club closed. Born in Scotland, Maureen moved to Montreal as a young teacher and worked in various schools in the Montreal Catholic School Board both as teacher and as principal.

As a member of our Club, Maureen was involved in duplicate bridge and enjoyed many of the trips to Stratford with our Club. She is fondly remembered by many who respected and admired her leadership abilities as well as her great culinary abilities. We extend our heartfelt condolences to her husband,
Wayne.

Scholarship Committee Report

The two **Margaret Manson and the Amy Williams Scholarship winners** will speak to our members at the General Meeting, Monday, October 3, 2011. This is the first year that the traditional scholarship we awarded to a John Abbott student has been named the Amy Williams scholarship, in memory of an illustrious member of our club. I urge you to attend this meeting in order to get to know our three outstanding scholarship winners.

Barbara Armbruster
MLUWC Scholarship Chair

OUR FIRST LIFE MEMBER

Amy Williams (McGill B.A. 1949), in whose name one of our important scholarships is awarded, was one of the charter members of the Montreal Lakeshore University Women's club and President 1969-1970. She remained an active member for more than fifty years and up until 1998 was the only life member.

Motivated by a deep concern for social justice and the rights of women, she became president of the Montreal Council of Women and later the National Council of Women of Canada (NCWC). She represented Canada on the International Council of Women of which she was vice-president. As president of the NCWC she was a full-time advocate representing the voice of the women of Canada on such issues as health, education and the environment.

She chaired a two-year study of the financial status of older women across Canada; subsequent lobbying resulted in fundamental changes to pension legislation for older women nation-wide. For this, in addition to all her other efforts on behalf of her various communities, Amy was named a member of the Order of Canada in 1985.

Scholarship Committee Report
Barbara Armbruster
MLUWC Scholarship Chair

Community Billboard

MCGILL COMMUNITY for LIFELONG LEARNING ON THE WEST ISLAND

The **McGill Community for Lifelong Learning**, (previously known as the McGill Institute for Learning in Retirement) is a dynamic, self-financing organization within the McGill School for Continuing Studies that is led by volunteers. If you are of retirement age and want to continue learning for the joy of it, to share your knowledge, ideas, experience and interests with others, MCLL is the place for you. **This fall you can attend one of 6 study groups at MacDonald College in the Raymond Building!**

Based on a unique peer learning concept, small study groups are led by volunteer moderators who encourage members to actively participate in discussions and presentations. The study groups cover a wide range of topics such as art and culture, history and politics, literature, health and science. **At MacDonald College, choices include "Nosh, Cooks and Books", "Words and Music", "Windsor Gardens", "Plants-R-Us", "What do you Think Happens after you Die" and a Gilbert and Sullivan study group.**

The flexible daytime schedules and informal small group approach make our programs both unique and accessible. No exams or grades to worry about, and no age limits.

The fall semester begins in September and October and lasts from seven to ten weeks. Regular members are those who register for at least one study group during any twelve-month period. Membership fees are only \$85 per term.

For more information, check out the program at www.mcgill.ca/milr or call us at 514 398-8234. We look forward to sharing “learning for the joy of it” with you this fall.

The Stewart Hall Singers

will be holding their much anticipated and highly appreciated annual Fruit and Nut Campaign of dried fruit and nuts in October, as usual. The deadline for orders is October 24, with delivery of goodies scheduled for November 7, just in time for Christmas baking. Please e-mail Joan Dyer joandyer@allstream.net if you would like to receive an electronic form for ordering and I will send it to you once the form is available. Many thanks as always for supporting SHS, especially in this, its 40th anniversary year. We look forward to entertaining you and leading you in song at the Christmas Raffle and party on December 12.

POT LUCK DINNERS – 9 JANUARY 2012

We are happy to report that 10 ladies have signed up to host Potluck Dinners on January 9, 2012. One member is ready to host a luncheon. Thirty-three guests have signed up.

The Executive suggests that one guest per Group could donate \$25.00 (on a volunteer basis) and not have to bring anything. Guests, wanting to do this, should speak with their Assistant Hostess first, so that she could arrange the rest of the meal. If you have not signed up, you will have opportunities to do so at the October and November General Meetings. Or, you can e-mail us and we will try to find space for you.

We still need Hostesses and Assistants. Hostesses are responsible for setting the table and providing the tea and coffee....no cooking! Assistants are responsible for assigning the courses to each guest. Menu suggestions, which can be adjusted to suit the group, might include: an appetizer, soup and/or salad, a main course, a vegetable dish, dessert, some wine (red, white).

Ladies, come and share a great evening with friends!

Sita Tadrossitanarissa@sympatico.ca and Bauni McFadyenrickandbauni@sympatico.ca

~ *Interest Groups* ~ *Interest Groups* ~ *Interest Groups* ~

**If you are keenly interested in current affairs, this might tempt you!
The Issues and Resolutions Group is looking for a new Co-ordinator.**

This is a very interesting format for people who are interested in current affairs, raising awareness, and advocacy. Here ideas and solutions can be discussed at length in enjoyable social settings, our homes. I have had a great time leading this group since 2004. Met some terrific people and am sure all the members would agree that we increased our knowledge and understanding of the complexity of our world, our place in it and how we can effect change and help to fix what needs fixing. The group now needs a new leader as I have to move on. The qualification for this position is a healthy curiosity!! And a little energy to organize topics, speakers, and meetings. Many, many thanks to all the members who have taken part for the last few years.

You are great debaters and very good pastry cooks.

Marjorie Hamilton Harding.

Late September Events

Out to Dinner Welcome back, ladies, to another season of dining out. Our first meeting will be **Thursday, September 22nd**, at 6:30 pm, at Terra Mare Restaurant. It would be nice if we could find some new restaurants to try this year. Please let me know if you are planning to attend our first meeting to choose our venues for 2011-2012.

For those wishing to join our group, we go out the 4th Thursday of the month at 6:30 pm. Two (2) people are asked to organize the outing each month. It's quite easy to do and it's only once a year. Hope to see many of you at our first outing on September 22, 2011. Bon appetit, everyone.

Carol Kelly

The Food Adventure **A New Interest Group!** As we become more aware of the high caloric content of some of our favourite recipes we need to make substitutions for some of the ingredients. In this group we'll learn about substitutes, experiment in our "test kitchens" and then sit down to a meal (a monthly potluck). We'll meet at my house on **Wednesday, September 28** at **7:30 pm** to finalize the day and time of our monthly meeting. If you're interested please e-mail me at chellis@istar.ca.

Constance Ellis

October Events

Book Club II Our meeting has been brought forward to **Thursday, October 13, at 1:30 pm** and not, as originally planned, October 20. Ina Lessard will host this first meeting of the new season and Christine Hamilton will review *Girl in a Blue Dress* by Gaynor Arnold. Looking forward to seeing you all.

Louise Dagenais

Book Club I Our next meeting will be held on **Wednesday, October 12 at 1 p.m** at Kerstin's. Renata will present her review of the book, *The Love Queen of Malabar*, by Merrily Weisbord. Following the review and discussion, the club will also talk about the novel **The Help**, by Katherine Stockett and the movie made from the book. Although these two books are very different in style, both focus on the role of women and the perception others have of these roles. We look forward to another interesting afternoon! Please call Kerstin, our hostess, if you are unable to join us. Margaret Nicholl-Griffith mumng@bell.net

Wine Appreciation II Our first wine appreciation evening of the year will be held *exceptionally* on the second Wednesday of October, **Oct. 12. at 7:30 pm**. Franca Ferrara will be hosting and introducing us to some very interesting wines. If you cannot make it, please advise myself or Franca by Oct. 10. Gilda Martinello

Tutto Italiano The first meeting of the **Tutto Italiano** group will be held on **October 14 at 2 p.m.** at the home of Renata Bagga. The topic to be discussed is the recent Caravaggio exhibition in Ottawa and visit to Venice. Please telephone if you cannot attend. Renate Bagga

Travel Our first gathering will be on **Monday, October 17, 2011 at 7:30 pm**. Enthusiastic and well-travelled Victor Breedon will take us to India. Come for refreshments at 7:00 pm to be followed by the presentation. You can register at this meeting, to be held at Sunrise Senior Living Residence, 505 Elm, Beaconsfield, if you did not sign up at the Convivium. Barbara Sauve and Mary Well

German Conversation: Our October meeting will be held on October 18th at 1p.m. at the house of Joyce Schaaf. We welcome guests. Kindly telephone me if you wish to be a guest and meet our members. If you are a regular member and cannot attend, kindly also inform me.
Christine Hamilton.

Music History As announced in the September Newsletter, the first session will take place on **Thursday, October 20, at 1:30 pm**, at Christine Hamilton's house, 200 Renaissance Street, Pincourt and will be devoted to Gustav Mahler, in recognition of the centenary of his death in 1911. Refreshments: Nicole.

Conversation en français Tête à tête-Conversation en français: le prochain rendez-vous du groupe aura lieu chez Janet Guay le 21 Octobre à 09:30. Diane Robinson, coordinatrice.

Jaunters 2011-2012 This interest group will, as in the past, take you on adventures in and around Montreal to explore sights you normally would not go to alone. It can be to a museum, an art gallery, a park, a music event. There is always a lunch involved, of course.

Each one who signs up must be willing to be part of a planning group for one of the months. I will divide the members into 7-8 groups (Months). If you are away that month, you can do your part ahead of time. There are "phone callers" needed as well as the "idea generators", "car pooling organizers", map makers", and "lunch arrangers". Working as a group is more fun when it is a community effort. So far we are 33 on the list. If you wish to be added to the list, **let me know ASAP.**

Your group will select the day and date and make all the arrangements for that jaunt. It needs to go into the MLUWC newsletter the 15th of the month before.

I have organized the October jaunt and the rest will be up to you.

On October 24 we will go to the new Musée Ste Anne, 153 Rue Ste Anne, (formerly the Simon Fraser house) in Ste Anne de Bellevue, for lunch and a lecture. The total cost will be \$16 plus tax. If possible we will have a historic tour of the locks (to be arranged), or you can visit the art gallery. There will be a MAXIMUM number of 30 so RSVP your attendance.

If you wish to car pool, meet at the Pointe Claire Shopping Center at 10 a.m. We should be home by 3p.m. at the latest. Pat Jones: patriciajones@sympatico.ca

Healthy Living This interest group, formerly known as Complimentary Approaches to Wellness, will continue to share, discuss and explore "**healthy living**" approaches to achieving good health and personal well-being. The group meets regularly on the 4th Tuesday of each month at 7:30 p.m. at members' homes.

The next meeting is scheduled for **Tuesday, October 25, 2011 at 7:30 p.m.** at the home of Renate Sutherland, 28 Lansdowne Gardens, Pointe-Claire. For the October meeting, please contact Renate Sutherland regarding your attendance by telephone or by e-mailing graeme.renate@sympatico.ca

Art Appreciation The first activity of our group will be a visit to the new **Claire and Marc Bourgie Pavilion of Quebec and Canadian Art** and the new concert hall of the Fine Arts Museum on **Wednesday, October 26.** More information will follow by e-mail.

For your information, I encourage you to go on the Montreal Fine Arts Museum website at:
http://www.mbam.qc.ca/en/musee/salle_de_presse.html and click on the Press Room, Release 2011 section, and on:

The Montreal Museum of Fine Arts Unveils the Architecture of its New Pavilion of Quebec and Canadian Art and its New Concert Hall.

You will be able to get the appropriate information on this new acquisition and accomplishment, the twenty Tiffany stained glass windows of the Erskine and American Church included....

Louise Dagenais.

Music Appreciation Members will meet at the home of Mary Hersey on Friday, **October 28 at 10 a.m.** to prepare for the November 11th concert. Bach's "St. John's Passion" will be presented. For details please phone Maria Cranker.

~ October ~

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|--|--|---|
|  | Out to Dinner September 22, 6:30 | The Food Adventure September 28 7:30 pm | | | | 1 |
| 2 | 3 General Meeting 7:00 pm | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 Book Club I 1:00 pm Wine Appreciation II 7:00 pm | 13 Duplicate Bridge Book Club II 1:30 pm | 14 Tutto Italiano 2:00 pm | 15 |
| 16 | 17 Travel 7:00 pm | 18 | 19 | 20 Music History 1:30 pm | 21 Conversation en français 9:30 am | 22 |
| 23 | 24 Jaunters 10 am | 25 Healthy Living 7:30 pm | 26 Art Appreciaion | 27 Duplicate Bridge New Members' Reception 7:00 pm | 28 Music Appreciation 10 am |  |
| 30 | 31 Hallowe'en | <p>Please note the following important change of address</p> <p>Editor. Johannah Lloyd: news4johannah@videotron.ca</p> <p>Proofreader. Joan Dyer: joandyer@allstream.net</p> <p>Deadline for November: Newsletter: October 14</p> | | | | |

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