



Newsletter, May 2023

Volume 66, Issue 9

Celebrating 65 years of Friendship, Advocacy and Education

**General Meeting
Wednesday, May10**

7:00p.m.



letsénhaienhs Tonya Perron

7:00 – Join your MLUWC friends.
for some chit-chat

7:30 – Start of business meeting
**Meet the recipients of the
MLUWC Scholarships, 2023**

8:00 – Guest speaker

PRESIDENT’S LETTER

Spring has sprung, the days are getting longer and our MLUWC year is drawing to a close.

I would like to take this opportunity to thank the Executive for all their work this past year. We have had excellent speakers, informative newsletters, interest groups, and wonderful food and drink. We raised funds for scholarships, publicized events in the community and on our website, and our Advocacy group has been active on several fronts – including organizing our very first essay-writing contest. On the administrative front, we have had an excellent VP membership, minute-takers and an archivist, and financial manager, and scholarship application analysts. And we mustn’t forget our Potluck event organizers, Photographers, and our GWI and Montreal Council of Women Reps. I am thankful to have been surrounded by such enthusiastic, competent, and creative women.

As I finish my three-year term, I would like to thank everyone who has supported and assisted me in my role as President. Particular thanks to Linda Sestock and Patricia DuVal who mentored me throughout my presidency, and to Nancy Acemian, Victoria Pinnell, and Mary Vlahos who always seemed to be there when help and guidance were needed. I am deeply grateful to them all.

Wishing you all a wonderful summer!

Jane Cowell
President

PROGRAM
AGM
May 10, 2023
Guest Speaker



letsénhaienhs Tonya Perron is a Kanienkehakeh of Kahnawà:ke serving her second term as an elected Chief on the Mohawk Council of Kahnawake. Prior to her election to the Council in 2018, she was a criminal defense attorney in private practice representing Indigenous people before the courts (1997-2018). She is an alumnus of the McGill Faculty of Law (1995) holding both a Bachelor of Civil Law (B.C.L.) and a Bachelor of Common Law (L.L.B.).

letsénhaienhs Perron is the lead portfolio chief responsible for both the justice and legislation portfolios, as well as the cannabis file. She is also a chief on the governance, administrative affairs and regulatory boards and commissions portfolios. Following her re-election in 2020, the Ratitsénhaienhs (Council of Chiefs) appointed her as the Assistant to the Ohén:ton Í:rate/Í:iente ne Ratitsénhaienhs (Grand Chief).

HOSPITALITY

At last evening's executive meeting, it was announced that unfortunately the church suffered a flood in the basement. That location is normally used as a daycare. As a result the daycare has been moved to the hall we were originally to hold the AGM. The AGM will now be held in the sanctuary. The sanctuary is not a location that can accommodate tables for our members to sit at and eat. Providing food such as cake becomes problematic. There is very little space for anything but coffee and tea and perhaps cookies (that do not require plates or forks). The executive took the decision to not include any cakes at the AGM.

For those who kindly offered to bake, I want to thank you so much for your kind offer. It is very much appreciated.

I did want to let you know in advance that a picnic will be held at Fritz farm on Monday, June 12, (rain day June 13) and will provide members an opportunity to share baking efforts with cookies or squares.

Thank you all again for your offer of assistance and understanding.

Theresa Sliz
Hospitality Chair

DUES INCREASE

At the last Executive meeting the following resolution was passed unanimously:

“Effective with the 2023-2024 year, the MLUWC membership dues will increase by \$10 to \$130.”

Our Club expenses have stayed relatively stable but what we pay to CFUW (and through them to GWI) has increased. This has been happening for several years now and as a result, our once-healthy bank balance has gone down significantly.

We have not raised fees for about 10 years and would not be doing our due diligence if we did not raise them this year. If we do not raise fees, in two years our bank balance will be completely wiped out.

This item was discussed at the April meeting. It will be on the agenda at the AGM in May (with no discussion) but you will be asked to vote on the increase.

Jane Cowell
President



Let's Talk About Money!

The proposition to increase dues has prompted a lot of discussion about money. Members of the Executive have received emails suggesting we dip into the “tens of thousands of dollars we have set aside” rather than raising dues. As a result, I came to the realization that many of our members may not have a clear grasp of our finances.

So, as out-going President, I felt it important to clearly explain our financial situation, so that you can make an informed decision when you vote on the dues increase at the Annual General Meeting.

The MLUCW has two financial entities that are completely **separate** - the Club itself, and the Scholarship Fund. We also have two Treasurers to take care of these two entities. Jane Hamilton Weber takes care of our Club finances and Susan Pick oversees the cash and investment accounts of the Scholarship Fund.



Scholarship Fund

Yes, it is true, the Scholarship Fund does have “tens of thousands of dollars”. In fact, the current balance of our investment account is **\$210,306.80** and we have **\$21,405.28** in cash in the bank for a total of **\$231,712.08**.

When our foremothers established the Scholarship Fund, and worked very hard to raise funds, they hoped that one day the Fund would be self-sustaining. In other words, the capital in the Fund would generate enough interest to cover our outlay of scholarships and bursaries. With interest rates being very low in the last few years, we have not quite reached the self-sustaining level. However, with rising interest rates, a self-sustaining Fund could potentially be a reality in the near future.

The Scholarship Fund is a **charity**. Those of you have made donations to the Scholarship Fund know that you receive charitable donation receipts to include with your income tax return.

As a charity, the Fund is required to do annual reports to the Canadian Revenue Agency that strictly control charities and their expenses. **The Scholarship Fund can only be used to pay out Scholarships. We cannot, therefore, dip into these funds for anything else.** The Scholarship Fund Committee can decide to hand out more (or fewer) scholarships or bursaries – that is their bailiwick. It has been suggested that we use these funds to keep our Club solvent – but as you can see, we are not allowed to do so.

MLUWC Club Expenses

Our Club has one bank account at the CIBC. Our budget for 2022-2023 is \$31,710 of expenses with anticipated revenues of \$28,000. Therefore, we have a projected deficit of \$3,710.

A couple of our expenses are on a per capita basis - \$85 for CFUW, \$2 to the CFUW Quebec Council. So, out of the \$120 you are currently paying in dues, the MLUWC is left with \$33 per member to pay our fixed costs. With only 148 members this year, this leaves us with \$4,884 to cover insurance, rent, web site, bank fees, PayPal fees, hospitality costs, etc. We also have to set aside money to send our President to the CFUW AGM. These meetings have been virtual (therefore free) since 2019, but the AGM is likely to be in person next year. Rest assured, we are as careful as possible with your money – we are not profligate.

Our overall numbers have dropped 25% since the start of the pandemic and this, despite attracting about 10 new members every year. There has an impact on all of us when membership drops significantly. Having fewer members means fewer people to share the fixed costs of the club. The Executive is very sensitive to this fact and has done everything possible to keep your out-of-pocket costs as low as possible. Most of us are retired and living on fixed incomes, so we understand that money is tight for many of you.

When I became president three years ago, we had over \$12,000 in the bank. We now have about \$5,000. Membership dues are not covering our costs. We have not raised dues for six years (since 2017/2018). We cannot continue to erode our bank balance. If we do, we will have no money left for emergencies or unforeseen expenses.

I hope this has given you a good overview of our finances. If you have anything that needs clarification, please do not hesitate to contact me.

Jane Cowell
President, MLUWC

ADVOCACY COMMITTEE



Dear MLUWC members,

Once again the Advocacy Committee is working closely with the **W.I. Women's Shelter**.



For the Spring and in celebration of **Mother's Day** we are collecting *toiletries & cosmetics*. Travel size formats are suggested. These can be purchased at pharmacies. Also L'Oreal is having a warehouse sale. You can register at the following link:

<https://www.lorealcanadaprivatesale.ca/MTL2023Spring/invite/profil/1316182350159084>

Nancy Acemian has agreed to have her home be the drop-off place for these items. Nancy has a camera for security reasons and there will be a cooler at her front door where you can deposit the items. No need to ring her doorbell. We are aiming to deliver said items before Mother's Day hence **the last day to drop-off any items is May 10th**.

This collection is totally on a voluntary basis.
We appreciate your support.

Patricia DuVal & Mary Vlahos
Co-Chairs, Advocacy Committee

ESSAY CONTEST

March 30 was the deadline for submissions to the essay contest on “climate change” for grade 5 and 6 students in the Lester B. Pearson School Board. We received a total of 97 entries.

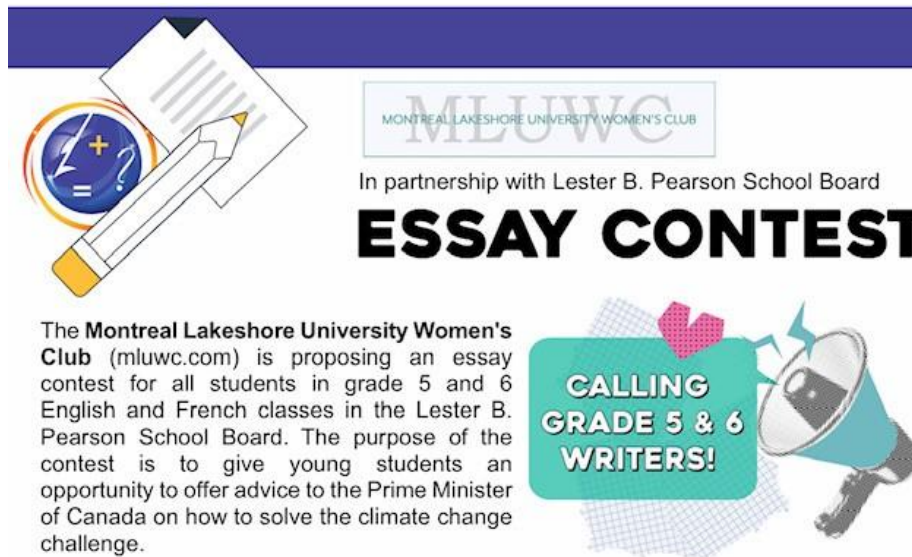
Barbara Armbruster and Renate Sutherland spent hours assessing the essays until they came to the three finalists. Halina Slawska generously donated the amounts of \$200.00, \$100.00 & \$50.00 respectively for each student.

In addition, we have an honourable mention for a fourth student whom they believed merited the honour.

On April 24 the awards were announced at the meeting of the Lester B. Pearson School Board Council of Commissioners’ meeting.

We extend our thanks to Maria for spearheading this project, as well as to Halina for her generosity and Barbara and Renate for the selection of the prize winners.

Patricia DuVal & Mary Vlahos
Advocacy, Chairs Advocacy Committee

A graphic for the MLUWC Essay Contest. It features a blue header bar at the top. On the left, there is an illustration of a pencil, a sheet of paper, and a circular icon with a plus sign, a question mark, and an equals sign. In the center, the MLUWC logo is displayed in a light blue box, with the text 'MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB' underneath. Below the logo, it says 'In partnership with Lester B. Pearson School Board' and 'ESSAY CONTEST' in large, bold, black letters. At the bottom left, there is a paragraph of text. At the bottom right, there is a teal speech bubble with a megaphone icon and the text 'CALLING GRADE 5 & 6 WRITERS!'.

MLUWC
MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

In partnership with Lester B. Pearson School Board

ESSAY CONTEST

The **Montreal Lakeshore University Women's Club** (mluwc.com) is proposing an essay contest for all students in grade 5 and 6 English and French classes in the Lester B. Pearson School Board. The purpose of the contest is to give young students an opportunity to offer advice to the Prime Minister of Canada on how to solve the climate change challenge.

CALLING GRADE 5 & 6 WRITERS!

To view the presentation please visit. Look for the webcast for April 24

[\(Webcast Archives - Lester B. Pearson School Board \(lbpsb.qc.ca\)\)](http://lbpsb.qc.ca)(Ctrl+Click)

CFUW NEWS.

Do you wonder what CFUW does nationally? Would you like to know what other clubs are doing across Canada, and maybe participate?

Check out the weekly Club Action Newsletter. Here is an excerpt from the new CFUW Advocacy section:

CFUW on Parliament Hill:

- The Department of Justice reached out to CFUW to meet as part of a larger consultation with women's organizations on upcoming changes to the sexual offenders registry.
- Presented a petition e-4185 on CFUW Resolution on Strengthening Bail Laws to Protect Victims of Inter-partner Violence
- Met with Minister of Public Safety, Marco Mendicino, with the #Women4GunControl Coalition on Bill C-21.
- Presented a submission to the House of Commons Committee on Bill C-35: *An Act for Respecting Early Learning and Child Care*.
- Bill C-226 on Environmental Racism and Justice passed in the House of Commons - Thank you to all those clubs and members who advocated on this important topic!

Following the difficulties during the pandemic, CFUW started the National Study Group on Long Term Care, which is collecting stories of Long Term Care (LTC) across the country in order to create a national picture of LTC in Canada. All members are encouraged to contribute.

University Women Helping Afghan Women is an outreach group started by CFUW-Ottawa that has been advocating on behalf of young Afghan women, and has provided over 100 scholarships. The return of the Taliban and their recent ban on women attending university has meant a halt to that program, but they are now in talks with a Canadian organization operating in Afghanistan to offer online education. New members are welcome.

If you don't receive the Club Action Newsletter, you can sign up by contacting Elizabeth Malcolm at memberservices@cfuw-fcfdu.ca

**Patricia DuVal
CFUW, Liaison**

APRIL 3, GENERAL MEETING MEMBERS NIGHT



**THE 65TH ANNIVERSARY DINNER
APRIL 2023**

**CELEBRATING THE MLUWC
AND
65 YEARS ADVOCATING EQUALITY, SOCIAL JUSTICE AND EDUCATION
FOR WOMEN AND GIRLS**





MLUWC SCHOLARSHIP FUND

The thermometer on the right shows that \$12,573 was raised from June 1, 2022 to April 21, 2023. We have **exceeded** our goal of \$12,000.

We raised over \$200 at Members' night at the beginning of April – thanks to those who baked and created beautiful art that was available to be sold.

Almost \$490 was raised during the spring fundraiser at which time people were able to purchase plants or flowers. Many thanks to Christine Gurekian, founder of Beau Blooms, for supporting this club venture.

Our 65th Anniversary Scholarship dinner was very successful - \$470 was raised through the raffle and proceeds from the dinner were \$915. Also, a very generous donation of \$250 was given to me that evening.

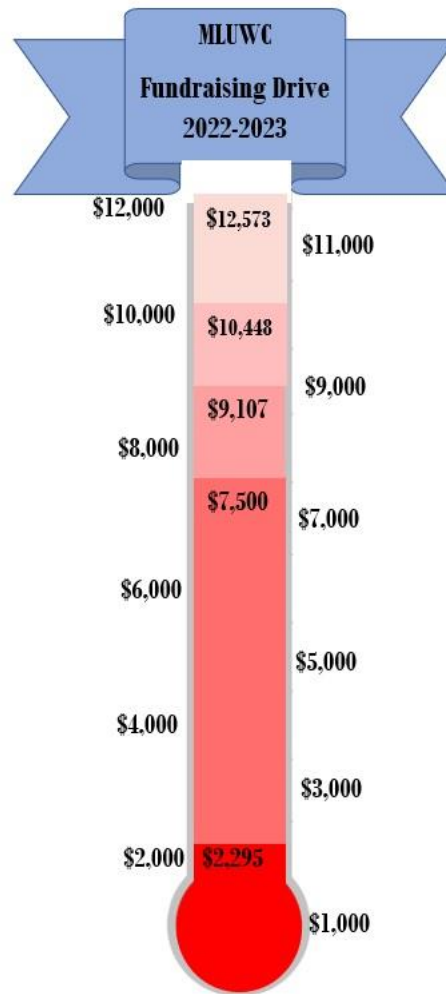
Donating to the MLUWC Scholarship Fund can be done at any time. Credit card donations are accepted online through www.canadahelps.org/en/dn/10093.

If you prefer, you can write a cheque payable to MLUWC Scholarship Fund and send it to P.O. Box 383, Pointe-Claire, QC H9R 4P3. Tax receipts are issued for donations of \$25 and up.

Remember that Senior Discovery Tours donates 4% of any tours booked by our members. If you are thinking of travelling this year, check out Senior Discovery Tours and what they have to offer. I have heard great things about their tours. Remember to let Joyce Schaaf know, so that she can advise Senior Discovery Tours.

Thank you so very much to all of you for your generosity throughout the year.

Gilda Martinello
Chair, MLUWC Scholarship Fund



FUNDRAISING COMMITTEE



The **Scholarship Fundraising Drive** began in September 2022 and concluded at the end of April 2023. The final Scholarship Fund balance from all sources for the season is \$12,573.00.

Congratulations to all members for another successful fundraising year.

We continue to welcome all donations, which may be made online through www.canadahelps.org/en/dn/10093 by credit card or with a cheque payable to; **MLUWC Scholarship Fund** and sent to **P.O. Box 383, Pointe-Claire, QC H9R 4P3**. Tax receipts are issued for donations of \$25 or more.

The Beau Blooms Spring fundraiser, which took place on April 8th and 9th, was a success! We are delighted to report that 40 flower and plant orders were received. Together with the profit from the orders and donations made towards this fundraiser, we earned \$645.00. Our appreciation is extended to Christine Gurekian, proprietor of Beau Blooms for supporting this club venture.

At last month's General Meeting on April 3rd, funds were also received from a raffle, Bake Sale and a percentage of the sales made from member's crafts. This evening generated \$213.00. Thank you to all for your ever-present support and generous donations.

The Club's 65th Gala Anniversary dinner on April 19th, 2023, was a delightful evening enjoyed by all 61 guests in attendance. This celebration and fundraiser allowed the club to exceed the 2022-2023 Club objective. A special thank you must be extended to the Gala Organizing Committee; Jane Cowell, Nancy Acemian and Mary Vlahos whose tireless effort and dedication ensured a memorable evening for all.

Members of the Fundraising Committee are; Anne Brohan, Sally Gurekian, Carole Newberry and Mary Vlahos. Should any MLUWC member wish to join our committee in the fall, you would be most welcome.

Victoria Pinnell
Fundraising Chair

SCHOLARSHIP DONATION FORM

Donation Form

MLUWC Scholarship Fund

Charity Registration Number 85457 5289 RR0001

Personal donation Company donation

In Memory/In Honour

For: In Memory or In Honour

Please complete the following:

Honouree Name: _____

I enclose my donation of \$ _____

Notification Information:

Please make cheque payable to **MLUWC Scholarship Fund**.

Name: _____

Tax receipts will be issued for donations of \$25.00 and more.

Address: _____

Donor Name: _____

City/Prov. _____ Postal Code _____

Address: _____

City/Prov. _____ Postal Code _____

Send to:

Email: _____

MLUWC Scholarship Fund
P.O. Box 383, Pointe-Claire,
QC H9R 4P3

You can also make secure online donations using your credit card through CanadaHelps.org.

Visit mluwc.com and click on: Donate to the Scholarship Fund.

Thank you for your support!

INTEREST GROUPS

Interest Group coordinator: **Vida Guido**

NEW INTEREST GROUP

NEW BOOK EXCHANGE

This interest group is being revived after the pandemic. In this group, you attend one meeting (only!) to select & purchase a book that you think sounds interesting. The meeting will probably take place at a book store in the West Island, towards the end of August or early September. At the end of every month and once you have read the book, you pass it along to the next person on the list, etc., etc. And at the end of the year, you should have received your original book back. This means that over the course of the year, you will have read 8 or 9 books but only bought one. There are no other meetings, no book reviews, no discussions - nothing to do but read! If you don't like a particular book, you don't have to tell anyone, just pass it along. For more information or to sign up, please contact **Gilda Martinello**.

AFTERNOON BOOK CLUB

We will be meeting on May 17 at the Pierrefonds library -1:30-3:30pm. The book we are reading and to be discussed is "The Harem Midwife" by Roberta Rich. We welcome new members.

Luhan Wahbeh

ARMCHAIR TRAVEL

On Tuesday, May 23 at 7:00pm on Zoom. Carolina Soulie and Sally Gurekian will present on Mainland Portugal and its Azores Islands Carolina has recently visited the islands and Sally has visited the mainland three years ago. I am sure this will be an interesting evening.

Please join us!

Joyce Schaaf

BOOK DISCUSSION I

Our April meeting was abandoned due to the ice storm damage and emotional fallout- so we will try again on May10 at 1:00pm at Sacha's, to discuss, "Women Talking" by Miriam Toews I hope we will see everyone and the weather cooperates!

Marg Nicoll- Griffith and Judy Kelley



BOOK DISCUSSION II

Book Club II is meeting via Zoom on Thursday, May 18 at 1:00 pm. Susan will review the book "The Strangler Vine" by M.J. Carter. This novel is an enthralling atmospheric and evocative mystery set in 1837 India, crammed with vividly realised characters, landscapes and powerful incident.

Susan Pick Vadivel

COFFEE TIME

Welcome to **Coffee Time** on Wednesdays at 10:30am via Zoom. No reservations required. This is a group that formed last year when we were in lockdown to keep in touch on a weekly basis. I must admit I didn't expect it to still be going on. So, we decided to make it an official Interest Group for the coming year. A topic of conversation is suggested for each week in the invite sent out on the Monday or Tuesday before. It is a chit chat group where we share laughs and opinions from the comfort of our homes. Hope to see some new faces. All are welcomed!



Also, after 3 years of running this group, it is time for fresh blood to lead it. Marianna Newkirk and Joyce Schaaf have agreed to share the coordination of this interest group. They have already started and will do so until the end of May. Coffee Time will then take a vacation until September and be back under their capable hands with new topics.

Nancy Acemian, Outgoing Coffee Time Coordinator and MC

DINNER CLUB

The 65th Anniversary Gala dinner at Enoteca Monza Pizzeria Moderna in Dollard-des-Ormeaux on April 19th was well attended by the membership and it was an evening enjoyed by all.

On May 25th, we will visit a long-time favourite restaurant, Bistro 1843 in Ille Bizard. Details concerning reservations will be forwarded to the diners under separate cover.

Group leaders: Sally Gurekian

Victoria Pinnell

EVENING BOOK DISCUSSION I

We are planning an in-person meeting at the home of one of our members on Tuesday May 2 at 7:30pm. We will be discussing "**The Personal Librarian**" by Marie Benedict and Victoria Christopher Murray. The book portrays the story of a young lady who built and managed the personal collection of books and artefacts, of financier J.P. Morgan, one of the richest men in America in the early 1900's.

We will also take a look at possible reading selections for the next season of book club.

Linda Ricketts

FRENCH CONVERSATION

French Conversation meets on Friday May 19 at 9:30am on Zoom.

Janet Anderson

MYSTERY BOOK CLUB

Our last meeting of the year will be held on Wednesday, May 10 at 1:00 pm via Zoom. We will be reviewing and discussing "Greenwich Park" by Katherine Faulkner, a story about impending motherhood, unreliable friendship, and the high price of keeping secrets. Susan Pick Vadivel will lead the discussion.

Gilda Martinello

NETWORKING GROUP

Information regarding the May network meeting will be sent shortly.

Linda Sestock and Vida Guido

OUTDOOR PICKLE BALL

Outdoor Pickle ball will be starting up again as soon as the nets are up. Due to the ice storm, Beaconsfield will only take down ice rinks and put up the nets by May 15 as the city crews are all on ice storm clean-up duty.

Place : Drummond Park in Beaconsfield

Time : Fridays at 9am (before it gets too hot)

If you were not on the pickle ball mailing list last year, and would like to join this year, please send me an email at.

By the way, for those who weren't there last year, this is really not a competitive group. We are in it for the laughs (a lot of them), the camaraderie and the exercise.

Nancy Acemian, Pickle Ball Coordinator

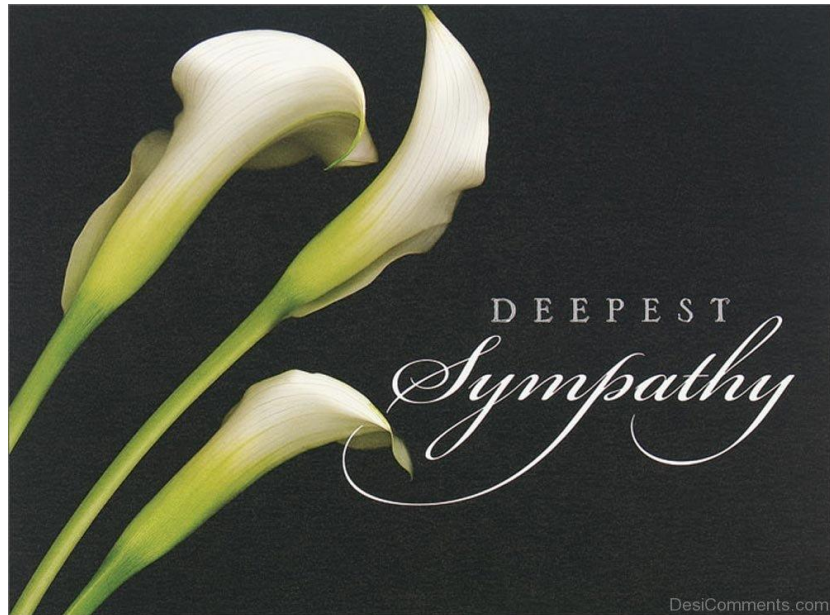


WEST ISLAND WALKS

Are you thinking of getting some exercise in good company now that the warmer weather is here? Join the walking group meeting every Monday at 10:00. Contact Jane Cowell for more information.

Jane Cowell

CONDOLENCES



We offer our condolences to the family of long-time member and supporter of the scholarship fund **Nini Singh** who passed away on February 21, 2023.

<https://montrealgazette.remembering.ca/obituary/narinder-singh-1087345809>
(ctrl+click)

We also offer condolences to the family of long-time member **Bogna Wajda** who passed away on April 25, 2023.

[Bogna Wajda | Obituary | Montreal Gazette \(remembering.ca\)](#)
(ctrl+click)



On this page, we announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commissioner of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter3@gmail.com) and note that it is for the Community News page.

Spring Concert

Les Chanteurs Stewart Hall Singers - Director Douglas Knight

Joseph Haydn's Lord Nelson Mass; plus modern popular favourites

Saturday, May 6 8 p.m.

Cedar Park United Church, 204 Lakeview, Pointe-Claire

Tickets \$20 Info: 514-882-2952

www.stewarthallsingers.ca



April 17, 2023

FOR IMMEDIATE RELEASE

Greenwood welcomes Eliza Reid – the Canadian-born First Lady of Iceland

The cofounder of the Iceland Writers Retreat will discuss her book on gender issues/advances.

HUDSON – Greenwood is delighted to announce that *StoryFest 2023* will launch the literary festival's 22nd season by welcoming Eliza Reid, the First Lady of Iceland, to Hudson, QC.

“We are so excited to have this insightful writer as *StoryFest 2023*'s first guest and honoured that she has fit Hudson into her busy North American schedule,” said Executive Director Genevieve Grenier.

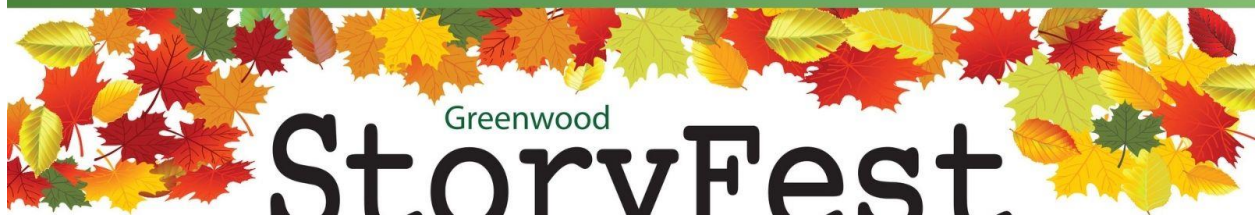
Originally from a small hobby farm near Ottawa, Ontario, Ms. Reid moved to Iceland in 2003, five years after winning a student raffle for a date with the man who became her spouse. When her husband, Gudni Jóhannesson, took office as the President of Iceland on August 1, 2016, she found herself without defined roles or duties as the First Lady of Iceland. She has taken it upon herself to become active in promoting gender quality, entrepreneurship and innovation, tourism and sustainability, as well as Iceland's rich literary heritage. She is a co-founder of Iceland's Writers Retreat.

Her first book, *Secrets of the Sprakkar – Iceland's Extraordinary Women and How They Are Changing the World*, has been an immediate bestseller in Iceland and Canada, and a *New York Times* Book Review Editors' Pick. During her visit to Hudson, she will relate some of the inspirational stories of *Sprakkar* (i.e., outstanding women), as well as her own experiences as an emigrant to Iceland.

StoryFest is an annual literary festival in Hudson, Quebec, bringing the best writing to keen audiences every autumn for more than 20 years. The organizers are grateful to have a number of leading Hudson-area businesswomen/entrepreneurs sponsor part of the costs associated with this initial spring event.

This in-person event will be held Monday, May 8th at 7:30 p.m. at Hudson's Stephen F. Shaar Community Centre (394 Main, Hudson, Qc J0P 1H0). Tickets (\$20 each) can be purchased online at www.greenwoodstoryfest.com or with cash only at Que de Bonnes Choses, 484-D Main, Hudson.

Media contact (photo requests): Genevieve Grenier, 514-835-2404 or history@greenwoodcentre.org



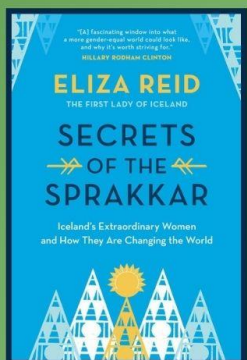
Greenwood
StoryFest
www.greenwoodstoryfest.com

Eliza Reid

LUNDI 8 MAI

MONDAY, MAY 8

19:30 h | 7:30 pm



Tickets | Billets:
greenwoodstoryfest.com

Stephen F. Shaar
Community Centre
394 rue Main, Hudson QC



**Bénévoles
recherché(e)s**

**Volunteers
needed**

- Would you like to help your community?
- Would you like to join an enthusiastic and caring group?
- Are you 18 years of age or older?

Come and join us a few hours a week!

***We are a volunteer driven Foundation
supporting healthcare in the West-Island***


 **YES, I want to volunteer!**

***For further information please contact us
via email thriftshopsab@gmail.com***

www.thriftshopsfornova.com

Please note: If you travel with Senior Tours and are a member of the club, the Scholarship Fund will get a 4% rebate on the cost of your trip. If you use Senior Tours, please contact me after you return and I will send in the appropriate paperwork. I just need to have your name, the date of travel and the name of the tour. Thank you and Happy Travels.

Joyce Schaaf



Let's Get Excited About Travel Again!



Senior Discovery Tours takes care of all your travel details, so all you have to do is enjoy our beautiful world. As Canada's largest and most trusted operator of escorted tours and cruises for over 45 years, our tours are designed to provide peace of mind for the mature traveller who enjoys a carefree experience.

Our travellers love our tours because we include everything! They also rave about our Tour Managers, who go above and beyond to ensure that their trip runs smoothly and that everyone has a wonderful experience!

For every MLUWC member that travels with Senior Discovery Tours, the MLUWC will receive a 4% commission per booking!

Please contact Joyce Schaaf (joyceschaaf@gmail.com) for booking details.

Request a Brochure
1.800.268.3492
SeniorDiscoveryTours.ca
Reg# 701756



COMMISSIONER OF OATHS

Do you know the role of a Commissioner of Oaths?

It is an individual who is empowered to certify the oath or “solemn affirmation” of a person upon documents such as diplomas, birth certificates and other records.

If you need this service, please contact **Victoria Pinnell** or call **Jennifer Ferguson** (between 9am and 5pm)



Please go to www.facebook.com/MLUWC

We have over 500 likes and over 600 followers! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC



We're also on **Instagram**



AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated **57,846 points**.

Please contact either **Connie Ellis** or **Mary Vlahos** for more information.

Advertising space available

Please contact: mluwc.newsletter3@gmail.com



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Linda Sestock
514 984-7685
LINDASESTOCK.COM

COURTIER IMMOBILIER | REAL ESTATE BROKER



BARBARA LEWIS

Singer & Vocal Coach

✉ barbara@barbaralewis.com

📍 Visit:
barbaralewis.com &
singing-tips-with-barbara-lewis.com

May

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Evening Book Club 7:30pm	3 Coffee Time 10:30 a.m. Zoom	4 Advocacy meeting 7:30 Zoom	5	6
7	8 West Island Walks 10:00a.am.	9 Evening Book Club I 7:30p.m.	10 Coffee Time 10:30 a.m. Zoom Book club 1 1:00pm Mystery Book Club 1:00 pm Zoom General Meeting In -Person Cedar Park United Church 7:00pm	11	12	13
14	15 West Island Walks10:00a.m Joint Executive meeting 7:00pm chat 7:30 business Zoom	16	17 Coffee Time 10:30 a.m. Zoom Afternoon Book Club 1:30pm	18 Book Club II 1:00p.m.Zoom	19 French Conversation 9:30 am Zoom	20
21	22 West Island Walks 10:00a.am	23 Armchair Travel 7:00pm zoom	24 Coffee Time 10:30 a.m. Zoom	25 Dinner Club Bistro 1843.	26	27
28	29 West Island Walks 10:00a.am	30 Armchair Travel 7:00p.m.	31			

Newsletter Editor: Maria De Wolfe mluwc.newsletter3@gmail.com

I take full responsibility for all errors, omissions or spelling mishaps and incorrect punctuation. If you would like me to correct an error in the next newsletter, please email me at:

mluwc.newsletter3@gmail.com.

If you would like to contact someone mentioned in the newsletter but you don't have their email address, please send a message to the email above and I will forward it.

Proofreaders: Janet Ankcorn and Gilda Martinello (Many thanks)

September Newsletter Deadline: August 18

This is the last edition of the MLUWC newsletter for this year. I can't thank Gilda and Janet enough. Thank you to all the contributors to the newsletter. Thank you also to those of you who sent me notes. And, special thanks to those of you who read the newsletter.

Wishing you all a peaceful and safe summer. Look out for information about the annual picnic.

See you at the opening meeting in September.

