



cfuw
MLUWC

Newsletter, January 2024

Volume 67, Issue 5

Celebrating over 65 years of Friendship, Advocacy and Education

Potluck Events January 15

All events are booked except for Dinner at the Cambridge hosted by Lorraine Retfalvi and Connie Ellis.

You can also be on a waiting list for in-person events or participate via an online meeting.

**For more information,
please contact
Carole Newberry at:**

**Carole Newberry
Suzanne Chaussé.
MLUWC Potluck
Co-ordinators**

**Thank you to all hosts and
assistant hosts who
contribute to making this
annual event such a success.**

**Thank you to the
hardworking coordinators,
Carole and Suzanne, who
organized this event.**

PRESIDENT'S MESSAGE

Happy New Year! May 2024 be a year filled with Health, Peace and lots of Laughter for you and your loved ones.

It was wonderful to see so many of you at our December Christmas event. What a gathering that was!!! It seems most enjoyed it from what I'm hearing. I am glad we ended 2023 on a high note.

Thank you to all those who contributed to our sweet and savory table. We were fortunate to have such a delectable variety of goodies. It was heartwarming to see all of you singing your hearts out along with the Lakeshore Community Choir. The holiday spirit in that room gave me goosebumps.

I would also like to thank you for your incredible generosity. We once again had a collection of non-perishable foods which this year went to the **West Island Mission**. The area to the left of the entrance was full and helped make Christmas a bit brighter for needy families. We had over \$2000 of gift cards for **Care Jeunesse** and the proceed from the gift baskets, which was over \$1600, went to **Vox Aeterna** which will support a project of reconciliation entitled "Nikamu Mamuitun, (Songs That Unite Us) a First Nations and Québécois concert. And, this month we are once again collecting warm coats, boots and sleeping bags for **Resilience**. I am proud to see our membership support our community.

As usual our January monthly meeting is replaced by our **Potluck** gatherings, an opportunity to chit-chat in smaller groups with people we may not have the opportunity to sit with at our larger gatherings and to welcome our newer members to the MLUWC family.

Our February meeting will be a virtual Zoom meeting. We will have the pleasure of hearing a talk entitled **Finding Your Climate Why: Action for Transformative Change** by André-Yanne Parent.

I would like to end by thanking the members of the MLUWC Executive and the sub-committees for their hard work which make all the good that we do possible. I am honored and proud to work with you. Let's keep up the good work. **Nancy Acemian**

CARE JEUNESSE GIFT CARD DRIVE



Thank you to all our MLUWC members and friends, and the City of Beaconsfield Employees and Council members for their generous contribution to our 7th annual gift card collection for CARE Jeunesse. Together, we raised \$2235 this year

Mary Vlahos and CARE Jeunesse ED Monique Maxwell.
Linda Sestock & Eva Vyncke from the City of Beaconsfield



COLDEST NIGHT OF THE YEAR WALK

The MLUWC is joining the Canada wide CFUW Coldest Night of the Year Walk on February 24th.

The **MLUWC SNOWFLAKES** will be walking in support of Logifem and the money raised will assist with the building of 35 permanent residences for women.

If you would like to join our group or donate, please go to:

<https://cnoy.org/search?q=mluwc+snowflakes> (Ctrl+Click)

Do you want more information? Please communicate with Linda Sestock:
lsestock@royalpage.ca



MLUWC ADVOCACY COMMITTEE

Another year has come and gone, and we should all give ourselves a pat on the back for a successful year.

The essay contest for the grade 5 & 6 L.B. Pearson School Board was very popular and well-received by everyone. It was decided to continue it for 2024. Students will be asked to respond to these questions:

Jeremy Hanson is a Canadian Astronaut who will be Mission Specialist on Artemis 2 flight to circle the moon in 2024. If you had an opportunity to meet with him and he asked you the following question, how would you respond. What are the benefits of space exploration? Will increasing space research and travel positively affect our planet and environment?

Our drive of gift cards for C.A.R.E. Jeunesse reached a new height, we collected \$2235.00, out of which, \$570 came from Beaconsfield City Employees.

We wish each one of you and your families Happy Holidays and a Happy New Year.

PLEASE Note that the January meeting will be held on **January 11**. The second Thursday rather than the first (the usual day).

Patricia DuVal and Mary Vlahos (Co-chairs)



SCHOLARSHIP DONATION FORM

Donation Form

MLUWC Scholarship Fund

Charity Registration Number 85457 5289 RR0001

Personal donation

Company donation

In Memory/In Honour

For: In Memory

or In Honour

Please complete the following:

Honouree Name: _____

Notification Information:

Name: _____

Address: _____

City/Prov. _____ Postal Code _____

I enclose my donation of \$ _____

Please make cheque payable to **MLUWC Scholarship Fund**.

Tax receipts will be issued for donations of \$25.00 and more.

Donor Name: _____

Address: _____

City/Prov. _____ Postal Code _____

Email: _____

Send to:

MLUWC Scholarship Fund

P.O. Box 383, Pointe-Claire,
QC H9R 4P3

You can also make secure online donations using your credit card through CanadaHelps.org.

Visit mluwc.com and click on: Donate to the Scholarship Fund.

Thank you for your support!

CONDOLENCES



We extend our heartfelt condolences to **Luhan Wabeh** on the passing of her brother in Jordan.

We extend our sincere condolences to **Claire Segal** on the loss of her husband, **Frank Sergi**, who died on November 25.

<https://montrealgazette.remembering.ca/obituary/frank-sergi-1089117826> (Ctrl+Click)

Former member of MLUWC, **Barbara Barclay** passed away in July. Barbara was an active member who graciously hosted Executive meetings for a few years in her heritage home in Beaconsfield. She was recognized as a Consummate Concordian for her work at the university before and after her retirement.

[In memoriam | Fall 2023 - Concordia University](#)

INTEREST GROUPS

Interest Group coordinator: Chitra Chopra



Jennifer Ferguson is MLUWC technology Liaison and Zoom contact. If your Interest Group and / or committee would like to schedule a Zoom meeting, you should contact her by E-mail at dd.ferguson@sympatico.ca to advise of dates and times so that she can set up. Please give, at minimum, 12-24 hours notice of your intentions.

ARMCHAIR TRAVEL

Our next meeting will be on Tuesday, January 23 at 7:00p.m. on Zoom and the presentation will begin at 7:30p.m. I know we all look forward to a fun and educational evening.

At our January meeting, Jane Cowell will talk about her cruise around the British Isles last July. Big cities and small towns were on the agenda of this port-intensive, 12-day cruise. Jane will also talk about life onboard ship - the food options, entertainment and tips for packing and saving money.

Joyce Schaaf

BOOK CLUB I

We will be meeting at Christa T's home on January 10 at 1:00p.m. to discuss.
"Klara and the Sun" by Kazuo Ishiguro

Judy Kelley

BOOK CLUB II

We will meet on Zoom Thursday, January 18 at 1:00 p.m. Joan Dyer will review “George, Nicholas and Wilhelm: Three Royal Cousins” and the Road to World War I” by Miranda Carter.

Susan Pick Vadivel

BOOK CLUB III

We will be meeting on Tuesday, January 9, on Zoom, the time to be determined. Our plan is to use Zoom for the winter months and return to in-person meetings in April. We will be reviewing the book “Dictionary of Lost Words” by Pip Williams.

Happy New Year to everyone!

Linda Ricketts

BOOK CLUB IV

We will be reading the book “West With Giraffes” by Lynda Rutledge and meeting on January 17 at 1:30-3:00p.m (location TBA).
Happy Reading!

Luhan Wahbeh

BOOK CLUB V: MYSTERY BOOKS

We are meeting on Wednesday, January 10 to discuss “The Echo of Old Books” by Barbara Davis. Nancy Acemian will be reviewing the book. We are meeting on Zoom at 1:00p.m.

Gilda Martinello

COFFEE TIME



Coffee Time 2023-24 will continue on Wednesdays at 10:30am via Zoom. No reservations required. A topic of conversation is suggested for each week in the invite that is sent out on the Monday by either Joyce Schaaf or Marianna Newkirk, the new co-hosts. It is a chit-chat group where we share laughs and opinions from the comfort of our homes. Hope to see some new faces. **Visitors to Coffee time are always welcome. We meet**

by Zoom every Wednesday at 10:30 and have a different topic to discuss each time.

Joyce Schaaf and Marianna Newkirk

DINNER CLUB

We enjoyed a wonderful evening in November at La Serenata.

We look forward to a **Luncheon** outing for the month of January; details to follow regarding location.

Thursday, January 25, 2024

12:00 noon

Happy New Year!

Group leaders
Sally Gurekian
Victoria Pinnell

FRENCH CONVERSATION

French Conversation meets on Zoom on Friday January 19 at 9:30a.m.

Janet Anderson

KNIT AND CHAT



Christmas Tea



Two beautiful lapghans were delivered to the Teresa Dellar Palliative Care Center in Kirkland.

NETWORKING

MLUWC Networking event will be held on Wednesday February 7, 2024, at Studio 77 at 7:00p.m.

Cost is \$25.00, Author, Gina Leola Woosley will discuss “Starting Over”.

Gina will share her journey — from lost in grief to published author, from a condo on the west coast to a high-rise in Montréal, from a formless life to a fabulous plan — and an introduction to her recently published book, **Fifteen Thousand Pieces: A Medical Examiner’s Journey Through Disaster**”.

<https://quernicaeditions.com/products/fifteen-thousand-pieces> (Ctrl+Click)

To reserve your spot at the Networking event please email lstock@royalpage.ca

WEST ISLAND WALKS

West Island Walks will meet every Monday for a one-hour walk: 10:00 – 11:00 a.m.

This interest group is open to walkers of all abilities – some of us walk quickly, others at a slower pace. Every week we walk for an hour in a different location in the West Island. We walk rain or shine. The only time we might cancel is if surfaces are icy or muddy or we have high winds.

For more information please contact Jane .

Jane Cowell



On this page, we announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commissioner of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter3@gmail.com) and note that it is for the Community News page.

On Friday, January 19, 2024, at 7:30 p.m. **the Lakeshore Chamber Music Society will present the following concert:**

Uliana Drugova, violin
Michel-Alexandre Broekaert, piano

Location: Union Church
24 Maple Avenue
Ste-Anne-de-Bellevue

Tickets are available at the door: \$25 for adults; \$10 for students; free for 16 & under.

The concerts are sponsored in part by the Conseil des arts de Montréal.

COMMISSIONER OF OATHS

Do you know the role of a Commissioner of Oaths?

It is an individual who is empowered to certify the oath or “solemn affirmation” of a person upon documents such as diplomas, birth certificates and other records.

If you need this service, please contact
Jennifer Ferguson (between 9am and 5pm)



Let's Get Excited About Travel Again!

Senior Discovery Tours takes care of all your travel details, so all you have to do is enjoy our beautiful world. As Canada's largest and most trusted operator of escorted tours and cruises for over 45 years, our tours are designed to provide peace of mind for the mature traveller who enjoys a carefree experience.

Our travellers love our tours because we include everything! They also rave about our Tour Managers, who go above and beyond to ensure that their trip runs smoothly and that everyone has a wonderful experience!

*For every MLUWC member that travels with Senior Discovery Tours, the MLUWC will receive a 4% commission per booking!
Please contact Joyce Schaaf (joyceschaaf@gmail.com) for booking details.*

Request a Brochure
1.800.268.3492
SeniorDiscoveryTours.ca
Reg# 701756

**Senior
Discovery
Tours**



Please note: If you travel with Senior Tours and are a member of the club, the Scholarship Fund will get a 4% rebate on the cost of your trip. If you use Senior Tours, please contact me after you return and I will send in the appropriate paperwork. I just need to have your name, the date of travel and the name of the tour. Thank you and Happy Travels.

Joyce Schaaf

Advertising space available : Please contact: mluwc.newsletter3@gmail.com



GEORGIANA CRETU
courtier immobilier agréé
(514) **636-1468**
georgi@videotron.ca

RÉSEAU IMMOBILIER
ADRESZ
Agence Immobilière

1564 Herron Rd., Dorval, Qc. H9S 1B7
Tel. 514-636-2981 Fax. 514-403-3032
www.adresz.com

L'immobilier de **a à z** Real estate from **a to z**



Linda Sestock
514 984-7685
LINDASESTOCK.COM

COURTIER IMMOBILIER | REAL ESTATE BROKER



BARBARA LEWIS

Singer & Vocal Coach

✉ barbara@barbaralewis.com

📍 Visit:
barbaralewis.com &
singing-tips-with-barbara-lewis.com

January				2024		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 Book Club III Time TBA	10 Coffee Time 10:30 a.m. Zoom Mystery Book Club Zoom 1:00p.m. Book Club I 1:00p.m.	11	12	13
14	15 West Island Walks 10:00 a.m. Potluck Events	16	17 Coffee Time 10:30 a.m. Zoom Book club IV 1:30p.m.	18 Book Club II 1:00p.m. Zoom	19 French Conversation 9:30 a.m. Zoom	20
21	22 West Island Walks 10:00 a.m.	23 Armchair Travel 7:00p.m. Zoom	24 Coffee Time 10:30 a.m. Zoom	25 Dinner Club TBA	26	27
28	29 West Island Walks 10:00 a.m.	30	31 Coffee Time 10:30 a.m. Zoom			

Newsletter Editor: Maria De Wolfe mluwc.newsletter3@gmail.com

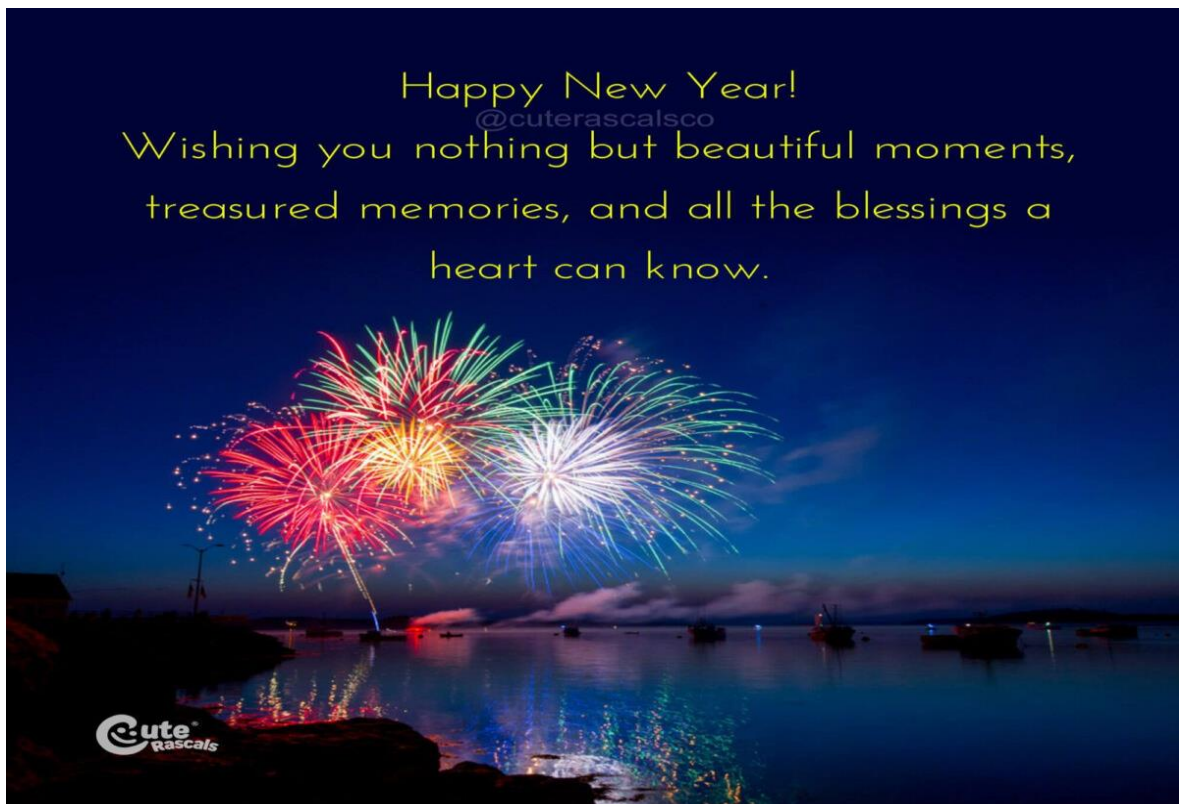
I take full responsibility for all errors, omissions or spelling mishaps and incorrect punctuation. If you would like me to correct an error in the next newsletter, please email me at:

mluwc.newsletter3@gmail.com.

If you would like to contact someone mentioned in the newsletter but you don't have their email address, please send a message to the email above and I will forward it.

Proofreaders: Janet Ankcorn and Gilda Martinello (Many thanks)

December Newsletter Deadline: January 15



GENERAL MEETING DECEMBER



Lakeshore Community Choir

