



## Montreal Lakeshore University Women's Club

Newsletter, November 2010

Volume 53, Issue 3

### *General Meeting*

Monday, November 8, 2010  
Karnak Shriners' Temple  
3350 Sources Blvd, DDO.

Coffee, 7:00 pm

Meeting, 7:30 pm

Guest Speaker:



Paul Bilodeau, CA  
Tax Partner with Ernst & Young  
LLP

Mr. Bilodeau, with many years of tax experience, will speak to us about women dealing with finance as regards changing tax laws and reforms.

Be prepared for a lively discussion following his talk.

### *President's Message*

Fall is truly here with its beautiful changing foliage interspersed with rain storms. Can winter snows be far behind? We are fortunate to live in a climate whose changes give us constant fresh perspectives.

We have been fortunate to find two more members to join the MLUWC executive to help with Club activities. **Anne (Ginger) Brossard has kindly volunteered to take care of Fundraising and Marjorie Hamilton Harding has kindly volunteered to take care of Interest Groups. I am pleased to welcome these two great additions to our "management" team.**

**It was truly inspiring to hear our scholarship winners speak .** The cover story of the *Globe and Mail*, October 16, heralded the achievements of girls. University enrolment in 2008 comprised 35% more girls than boys, and that number keeps increasing — a success story! In 1972 the enrolment of boys was 55% higher than that of girls. **With your commitment over the years, MLUWC has been helping a few of these successful girls realize their dreams with our scholarships and bursaries.**

**Thank you to all who have bought tickets for Theatre Night. We appreciate and need your help in selling more tickets!** Please contact Ginger Brossard for more to help the MLUWC Scholarship Fund!

**Chitra**  
mluwc1@gmail.com

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## **Dix Mille Villages Community Shopping Event**

**John Rennie High School**, in conjunction with **Canada World Youth**, is planning a volunteer trip to Ecuador from February 26 to March 12, 2011.

Seventeen Grade 10 and 11 students have been chosen to take part in this Global Learner program. The students will stay with a family and work as volunteers on a project related to



**community development.**

**Wednesday, November 24, from 6: 00 to 9: 00 pm,**  
**Dix Mille Villages**

in Pointe Claire village is hosting a

### **Community Shopping Event**

for the benefit of the students going to Ecuador. Shoppers will enjoy **free coffee and snacks**, while casually exploring an environment of culturally rich and fairly traded products. Not only will this event help support artisans from around the world,

but

**20% of the evening's sales will go directly to the John Rennie High School trip to Ecuador.**





**Our Very Important Theatre Night**

**Ladies, November 9 is fast approaching !! We need your help selling tickets!!**

**Our major fundraising event this year is a benefit performance by the Lakeshore Players of Robert Harling's *Steel Magnolias* at the John Rennie Theatre on November 9 at 8:00 pm.**

**Please consider asking your friends and family members to participate.**

They will not only enjoy a critically acclaimed play but have the pleasure of meeting your MLUWC acquaintances. Tickets, \$24, may be bought by cash or by cheque made payable to the MLUWC Scholarship Fund and sent to Ginger Brossard, 33 General Brock, Roxboro, Qc H8Y 1H6.

**Donations, corporate or otherwise, will be gratefully received. Donors' names will be included in the evening's program as well as in the Newsletter. The MLUWC Scholarship Fund will issue a tax receipt.**

**Please contact me for more tickets. With thanks,**

**Ginger Brossard  
[brossarda@videotron.ca](mailto:brossarda@videotron.ca)  
514-684-1497**



**And with**

**their sincere thanks**

*Hear Ye! Hear Ye!*

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## Our STRATFORD TRIP, SEPTEMBER 2010 and 2011

Thirty-nine people enjoyed our annual trip to Stratford this year. Once again It was a great success! We were very pleased with our comfortable bus, our accommodation at **The River Garden Inn**, and the variety of plays. Our faithful driver, who was with us for the ninth time, drove us to the theatres, to our group dinners, to downtown Stratford and to St. Jacobs. It was five wonderful days of relaxation and excellent theatre.

On behalf of the co-ordinating team — Louise Dagenais, Barbara Rowan and Renate Sutherland —we thank all the participants for helping to make the trip a pleasure for everyone.

Plans are already under way for mid-September **Stratford 2011**.

On the Calendar of plays:

- **Four Shakespeare plays** – *THE MERRY WIVES OF WINDSOR; TWELFTH NIGHT; RICHARD III* and *TITUS ANDRONICUS*
- **Musicals** – *CAMELOT* and *JESUS CHRIST SUPERSTAR*
- **Also** – *THE GRAPES OF WRATH; THE HOMECOMING;* Moliere's *THE MISANTHROPE* ; *SHAKESPEARE'S WILL* and *THE LITTLE YEARS*  
More information about the plays can be found at [stratfordshakespearefestival.com](http://stratfordshakespearefestival.com)

**If you wish to join us and reserve a place for this thoroughly enjoyable excursion, call Louise Dagenais (514-694-7651), Joan Ebbett (514-489-1147) or Renate Sutherland (514-695-1970) as soon as possible.**

~ Interest Groups ~ Interest Groups ~ Interest groups ~

### *IMPORTANT MESSAGE FOR GROUP LEADERS*

At your next meetings please ask your members to decide on a prize to be raffled at the Christmas meeting of the Club. Watch this space for further instructions in the next Newsletter. The money we raise will be donated to the West Island Cancer Wellness Centre. Marjorie Hamilton Harding, Interest Groups Co-ordinator

Anyone interested in more information about the West Island Cancer Wellness Centre or in viewing the CTV news *Power of One* segment can visit [www.wicwc.org](http://www.wicwc.org).

**W**ine Appreciation II We will be having a session **on November 3 at 7:30 pm**. We seem to have a full roster at this point but are willing to take names for a waiting list. Addie Ciebien

**T**ravel **On November 1, at 7:30 pm**, our own **Dianne Robinson** will present highlights from her trip to **China**. Rumour has it that she does an excellent job! Please come and enjoy this trip, which will increase your knowledge of the Far East and perhaps stoke your desire to visit.  
**7:00 pm (refreshments), 7:30 pm (presentation):** Sunrise Senior Living Residence  
505 Elm, Beaconsfield (top of Woodland)

If you have yet to register for Travel, bring along your \$5 and you can do it that evening.  
Questions? Judy Paquin, 514-428-0541; Janet Ankcorn, 514-426-0729

**M**usic appreciation— **MSO Morning Matinee Series** We will meet on **Wednesday, November 10 at 10:00 am** at Barbara Mudd's home, 486 Westhill Ave., Beaconsfield. *Marche Ecossaise* by Debussy, *Cello Concerto No. 1* by Shostakovich and *Symphony in D Minor* by Franck will be discussed in preparation for the MSO concert to be held on **November 24 at 10:30 am**. For more details, please contact Maria Cranker at 514-694-3963.

**B**ook Discussion Group I We spent a delightful afternoon with the author of *The Heart Specialist*, Claire Holden Rothman. My thanks to all who made this book review such a success.

In November we have another interesting Canadian book, *A Fair Country* by John Ralston Saul. He will **not** be with us—and maybe just as well, as this promises to be an afternoon of interesting discussion. Do we agree or not with his controversial views on who we are and what we stand for, and why? The November meeting will take place at the home of Christa Triendl, 10 Winston Circle, **November 10, at 1:00 pm**. Please call Christa at 514-630-5731 if you are unable to attend. I would also like to remind everyone that theatre tickets for the play *Steel Magnolias* are available through the Club—cheque made payable to MLUWC Scholarship Fund—\$24. As our next meeting is the day after the play on November 9, tickets must be purchased through another group leader or directly from the Club. Hope to see you all at the play and at Christa's on November 10. Margaret Nicoll-Griffith [mumng@aol.com](mailto:mumng@aol.com)

**M**usic History We have entered the Romantic period and will be studying music from the year 1841. As this is the bicentennial of both Chopin and Schumann, we will be listening to works by both those composers. By Schumann, we will listen to his well-known Piano Concerto (he only wrote one), and the song cycle *Frauenliebe und Leben* (this was a year after his marriage to Clara). By Chopin we will listen to the Impromptus, and to round things off, there will be a string quartet by Mendelssohn. Date and time: **Thursday, November 11, at 1:00 pm**. Refreshments: Renata

At the October meeting, three ladies did not show up and didn't contact me to let me know. Please, ladies, phone if you can't make it — it will save me putting all the extra chairs in the living room. Joanne Brais, 514-695-2392.

**B**ook Discussion Group II will meet on Thursday, **November 18 at 1:30 pm** at Joan Dyer's home for Nicole Awad's review of the very interesting book by Joanna Trollope: *Britannia's Daughters*. Please inform Joan if you will not attend. Louise Dagenais

**C**onversation en français Le prochain rendez-vous du groupe Conversation en français aura lieu chez Janet Ankorn, **le 19 novembre, à 09:30h**. RSVP: 514-426-7029. L'adresse : 3 Kirkwood Ave, Beaconsfield . Dianne Robinson, coordinatrice, 514-426-3963

**I**ssues and Resolutions The November meeting will take place on **Tuesday, November 23 at 9.30 am.** at Connie Ellis's house. Information: Marjorie Hamilton Harding, 514-695-0125

**C**omplementary Approaches to Wellness The group will meet on **Tuesday, November 23 at 7:30 pm** at the home of Renate Sutherland, 28 Lansdowne Gardens, Pointe Claire. Our guest speaker will be dietitian Kim Arrey, whose topic will be "**Preventative nutrition for women: Heart disease, diabetes, osteoporosis, eye problems and cancer.**" Please contact Renate Sutherland at 514-695-1970 or [graeme.renate@sympatico.ca](mailto:graeme.renate@sympatico.ca), if you are planning to attend.

**J**ogging Your Mind The group presently has over 20 prospective members. The course schedule and location will shortly be worked out. All those who have signed up will be contacted.

How can we increase brain fitness? By JOGGING our mind of course... This interest group will benefit from an 8-session course in training our brain function in order to improve our mental function. Can we reduce the age of our brain? Can we acquire new brain cells by stimulating it? As we are living longer we are more aware of brain health. The course also emphasizes healthy lifestyle habits as a method of keeping the mind sharp. Pauline van Nieuwburg

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**And don't forget January's wonderful Potluck Dinners**

**MONDAY, JANUARY 10, 2010**

To date 74 people have signed up for the January Potluck Dinners. You will have another opportunity at the November 8 General Meeting to add your name to the list of those planning to attend these popular social events.

**We still need volunteers to be hostesses in Dorval, Pointe Claire South, Beaconsfield North and South and DDO. Assistants are needed in Roxboro, DDO, Pointe Claire South, Beaconsfield North and South.**

Hostesses are asked to offer a welcoming table and provide tea and coffee. Assistants coordinate the meal by consulting with the guests and help the hostess before, during and after the meal as needed.

If you could help out or have any questions please give us a call. Otherwise, don't forget to sign up on November 8. Kerstin Birch, 514-457-6473; Diane Nener, 514-457-6540

~ November 2010 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  Travel 7:00 pm	2	3	4	5	6
7  Daylight Saving Ends	8  General Meeting 7:00 pm	9 <sup>*</sup> <sub>**</sub>  <u>Theatre Night</u> 8:00 pm	10  Book Club I 1:00 pm	11  Bridge 8:30 am Music History 1 pm	12	13
14	15	16	17	18  Book Club II 1:30 pm	19  Conversati on en français 9:30 am	20
21	22	23  Issues & Resolutions 9:30 am CAW 7:30 pm	24  ♥ <i>Dix Mille Villages</i> 6-9 pm ♥	25  Duplicate Bridge 8:30 am	26	27
28	29	30				

**Editor:** Johannah Lloyd. [mluwc.newsletter@gmail.com](mailto:mluwc.newsletter@gmail.com)  
**Proofreader:** Joan Dyer. [joandyer@allstream.net](mailto:joandyer@allstream.net)  
**Deadline for December Newsletter: November 12**

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