



Montreal Lakeshore University Women's Club

Newsletter, February, 2011

Volume 53, Issue 6

General Meeting

Monday February 7, 2011

The Karnek Shriners' Temple
3359 Sources Boulevard, D.D.O
Coffee at 7:15 pm

Guest Speaker: Jane Guest

Of Janey and Company's Gentle Move

**“The Upside of Downsizing:
Getting rid of clutter and feeling
good about it.”**

Planning to downsize from a house to a
condo?

Need help preparing your residence for
the real estate market?

Overwhelmed by the task of clearing out
years of collected “treasures”?

Jane specializes in helping individuals
with de-cluttering, downsizing, space
transitioning and home staging: all geared to
help us simplify our lives!

President's Message

The January deep freeze is on with the advent of
the New Year. I hope the skiers, cross country and
other snow sports enthusiasts are enjoying the
season!

How we all enjoyed the potluck dinners! This is
a lovely idea for an alternate “general” meeting.
Kudos to Diane Nener and Kersten Birch for the
great job they did in getting everything organized.

Barbara Armbruster and the Scholarship
Committee have started distributing flyers to
advertise our scholarships for the coming year. If you
would like to help spread the word or to post flyers,
her Committee will be only too pleased.

Heather Hamilton's Nominations Committee is
starting up as well and needs three members. If you
have ideas for future directions of our club or would
like to work with other enthusiastic women, please
consider joining the executive. We would love to
have you on the team!

Our speaker this month will talk about
“decluttering”. Sounds intriguing! I just spent this
past fall doing just that and am curious how this
could be made easier.

Valentine's Day will soon be here, bringing us
the pleasure of appreciating special friends and
family. Pamper yourselves and enjoy the chocolates
and the flowers! Happy Valentines to all!

Chitra Chopra

mluwc1@gmail.com



Membership

Carol Ohlin has a new e-mail address: cohlin@videotron.ca. Please make the change to your directory.

I will have copies of the 2010–2011 directory available at the February meeting. Information envelopes will also be available for prospective members, so if you know someone who might be interested in joining our group, please bring her along to our meeting.

Gilda Martinello
514-694-3849
gilda.martinello@sympatico.ca

Nominations Committee

It's that time of year again ...

Although our Club year is barely half over, it's already time to start planning for next year. Members of the Club's executive committee generally accept their positions for a 2-year term and the terms are staggered so that each year approximately half the positions need to be filled. As Past President it is my job to form and chair this year's **Nominations Committee**.

As per our bylaws, the **Nominations Committee** will be composed of five members: the past president and one other member of the current executive committee plus three **from the general membership**. At the January executive meeting, it was decided that **Gilda Martinello** (VP & Membership Chair) would serve as the representative from the executive.

So now I am looking for three **additional members** to join us on the **Nominations Committee**. Anyone who is interested is asked to contact me before the **February 7 General Meeting** so that we can present the proposed committee for approval at the meeting. That evening we will also announce which executive positions are open for 2010–2011.

If you have any questions about the Nominations Committee or any of the executive positions, please let me know.

Heather Hamilton, Past President heatherham@videotron.ca 514-695-2585



Pot Luck Dinners



January 10, 2011 dawned a bright and clear winter morning, bringing sighs of relief from those involved in organizing our 19th ANNUAL POTLUCK DINNERS. No storm warning was good news for our 13 generous hostesses and their helpful assistants. However, there were the inevitable last-minute cancellations and numbers were down a little. In the end 98 women enjoyed good food and warm hospitality at 12 dinners and 1 luncheon, down from the 108 originally signed up.

We wish to extend a very special **THANK YOU** to all the wonderful people listed below as well as to all those who were their guests. Your participation has meant another successful year for what has become an annual tradition eagerly anticipated by MLUWC members. Next year will be our 20th such event! We wonder how many women haven't missed a year?

HOSTESSES

B.J. Bell
Ginger Brossard
Beate Cloetta
Betty Jones
Kate Le Maistre
Ina Lessard
Marney MacDonald
Pat Murray
Carole Newberry
Judy Paquin
Jane Quail
Sita Tadros
Margaret Vost

ASSISTANTS

Eleanor Shaver
Eva Weiss
Heather Robertson
Diana Nivens
Christine Hamilton
Judy Couillard
Valerie Fortin
Maria Kolodziej
Mary LeBlanc & Pamela Deans
Kerstin Birch
Sandra Munro
Tina Tessari
Renate Sutherland

We wish to extend our sympathy to Valerie Fortin who was not able to attend the dinner she had organized due to the death of her father.

Diane Nener and Kerstin Birch

A Special Thank You to
our Interest Groups and their Leaders
and to all the great ladies who sold raffle tickets at our Christmas meeting.

MHH

And, by the way, there are at least two interest groups who have not forwarded their membership lists to me yet !!! Please do it as soon as possible. MHH

Please note these late January Meetings

Issues and Resolutions We will meet on **Tuesday, January 25, at 9.30 am.** at my house. Retired social worker and McGill professor Anne Douglas, who is writing a book about the Inuit people, has been invited to meet with us.
Marjorie HH.

Music Appreciation —MSO Morning Matinee Series We will meet on Wednesday, **January 26, at 10:00 am** at Nora Christie's home, 33 Claude St., Beaconsfield. Weber's Overture to *Der Freischutz*, Mendelssohn's Violin Concerto in E Minor and Bartok's Concerto for Orchestra will be discussed in preparation for the February 9, 10:30 am MSO concert. Also, Rachmaninoff's Piano Concerto No. 2 and Sibelius' Symphony No. 5 will be presented in preparation for the March 2 concert. For more details, please contact Maria Cranker at 514-694-3963.

Book Club I Our February book choice is *The Invisible Wall* by **Harry Bernstein**. We will meet at the home of Nini Singh, 451 Montrose Ave. Beaconsfield on **February 9 at 1:00 pm**. Please call Nini at 514-697-2444 if you are unable to join us. Margaret Nicoll-Griffit mumng@bell.net

German Conversation and Kaffeeklatsch Our group will meet at Suzanne Dawson's house, 115 Sedgefield Ave., Pte. Claire, 514-674-0581, on **Tuesday, February 8 at 1.00 pm**. Kindly advise Suzanne if you are unable to attend. Christine Hamilton

CROSS-COUNTRY SKI GROUP We plan two outings on Wednesday mornings for the month of February: Cap St. Jacques Nature Park on the 2nd and Ile Bizard Nature Park on the 16th. Skiing will start at 9:30 am and continue to approximately 11:30 am. All levels of skiing are welcome. Please call or e-mail to confirm, for directions and for carpooling information. Nancy Lloyd, 514-695-7153; net.lloyd@sympatico.ca

Complementary Approaches to Wellness The group will meet on Tuesday, **February 22 at 7:30 pm** at the home of Renate Sutherland, 28 Lansdowne Gardens, Pte Claire. Our guest speaker will be Matthew Boule, an osteopath and posturologist, who will address the topic " Posturology for Pain Free Living." You can read more about our speaker at www.matboule.com. Please contact Renate Sutherland at 514-695-1970 or at graeme.renate@sympatico.ca if you are planning to attend.

Tutto Italiano The Tutto Italiano group will meet at Carole Newberry's home on **Friday, February 18 at 2:00 pm**. Carole will present pictures from her recent trip to Italy. Gilda Martinello 514-694-3849 gilda.martinello@sympatico.ca

Book Club II Suzanne Dawson will host the next meeting on Thursday, **February 17 at 1:30 pm**. Joanne Fraser will review the fascinating *A Bed of Red Flowers* by Nelofer Pazira, which is about the complexity of being an Afghan imprisoned by her own culture. Please inform Suzanne if you cannot attend. Louise Dagenais

Music History As usual in February, the next Music History session will be an opera on video. Members of the group will be contacted by e-mail or phone to choose which video it will be. The date will be February 10, 1:00 pm. Refreshments: Louise. Please let me know if you cannot make it. Joanne Brais 514-695-2392

~ February 2011 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 X-Country Skiing 9:30 am	3	4	5
6	7	8 German Conversation 1 pm	9 Book Club I 1 pm	10 Bridge 8:45 am Music History 1 pm	11	12
13	14 	15	16 X Country Skiing 9:30 am	17 Book Club II	18	19
20	21	22 CAW 7:30 pml	23	24 Bridge 8:45 am	25	26 
27	28	<p>Editor. Johannah Lloyd. mluwc.newsletter@gmail.com Proofreader. Joan Dyer. joandyer@allstream.net Deadline for March Newsletter February 18</p>				

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