



Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, December 2012

Volume 55, Issue 4

Christmas Meeting and Raffle



Monday, December 10, 2012

6:30 pm

at

Cedar Park United Church

204 Lakeview, Pointe-Claire

(Parking is available adjacent to the church)

Another wonderful evening of fun, music and food awaits you, your friends and family members.

The interest groups are preparing wonderful gifts to be won – gourmet baskets, gift certificates, and other surprises!

The **Stewart Hall Singers** under the direction of Douglas Knight will entertain us with a beautiful concert and a sing along to Christmas carols.

This year the raffle proceeds will be divided between 2 deserving charities:

Light a Dream is an organization that helps intellectually delayed young adults run an innovative store making and selling candles in Dorval.

West Island Mission provides emergency food assistance, Christmas baskets and other aid to West Islanders in need.

As usual, festive refreshments will be served following the musical performance and raffle.

Hope to see you there!



President's Message

The holiday season is upon us once again. It's amazing how quickly time flies.

I hope that many of you will attend our Christmas sing-along and raffle on Monday, Dec. 10. The Stewart Hall Singers will once again enchant us with their beautiful voices. And I am sure that the various interest groups will have put together very interesting gift baskets for us. This event will be held at the Cedar Park United Church, 204 Lakeview in Pointe Claire.

This year, we will be donating the proceeds of our raffle to two local charities: the **West Island Mission** and **Light a Dream**.

The **West Island Mission**, established in February 2005, provides food assistance and other related aid to the less fortunate living in the West Island. Their mission and purpose is to seek out and make a difference in the lives of people who struggle with poverty. They hope to see peoples' suffering and despair replaced by joy and hope.

It is the mission of **Light a Dream** to enable young adults with special needs to experience and learn in a productive business environment, while providing the community with quality products and services. Through a mix of classroom experiences and hands-on training in a variety of job placements, the students are able to develop their work and social skills and expand their career choice opportunities.

Although I look forward to seeing many of you at the Christmas event, I would like to take this opportunity to wish each of you a very happy holiday season. May love and good health be with you and your families during this festive time.

Gilda Martinello
mлуwc1@mлуwc.com

Membership

We welcome the following new members - **Georgia Dow, Mary Jo Gascon and Gina Spiridigliozzi**. Let us all help them to participate in our club as fully as possible.

Attendance at the November general meeting was lower than usual so many members have not yet received their directories. **The remaining directories will be distributed at the December general meeting.** If you are unable to attend that meeting, please make arrangements to have your directory collected.

Constance Ellis
Vice-President & Membership Chair

CFUW News

December 6 is the National Day of Remembrance and Action on Violence Against Women. Established in 1991 by the Parliament of Canada, this day marks the anniversary of the murders in 1989 of 14 young women at l'École Polytechnique de Montréal. They died because they were women.

As well as commemorating the 14 young women whose lives ended in an act of gender-based violence that shocked the nation, December 6 represents an opportunity for Canadians to reflect on the phenomenon of violence against women in our society. It is also an opportunity to consider the women and girls for whom violence is a daily reality, and to remember those who have died as a result of gender-based violence. And finally, it is a day on which communities can consider concrete actions to eliminate all forms of violence against women and girls.

A number of CFUW Clubs across the country commemorate the National Day of Remembrance by holding special events, and to raise funds for the two École Polytechnique Fellowships, funded by the CFUW Charitable Trust. MLUWC makes an annual contribution to these awards.

The YWCA's Rose Campaign commemorates Canada's National Day of Remembrance and Action on Violence Against Women. Visit their website for more information on the campaign on ways for you to participate: <http://www.rosecampaign.ca/>

Gilda Martinello

Follow up to November General Meeting

November 12th's speaker **Rebecca Aldworth**, Executive Director from Humane Society Canada was very engaging and an amazing example of someone who can capture the attention of her audience. While HSI looks after ensuring the welfare of all animals in Canada, from rabbits to sharks, what comes to the forefront of the news most frequently is the puppy mill situation.

As we were confronted again with the fact that Québec has a very poor record in the area of puppy mills, we also found out about the actions of HSI Canada which, in cooperation with the SPCA and the local police, conducts raids on some of those locations. When the animals are rescued they are taken to a special shelter in Lachute where they are prepared for adoption. Visit the results of a large rescue last year by going to: www.hsi.org and selecting Canada. Take the opportunity to sign up as a supporter and be kept informed of HSI's activities right here in our own backyard.

At the moment the online volunteer sign up form for the shelter is not active because they are not currently sheltering any dogs. They will be conducting a puppy mill raid very soon. Register yourself as a supporter and follow their actions. They need supplies as soon as the dogs enter the shelter and donations will help supply veterinary care, provide blankets, toys, water bowls and food.

I hope you will have a look at their website and see how well organized HSI is for lobbying the different levels of government and making it easy for us to get involved.

Pauline van Nieuwburg

Workshop Series

The next workshop in our **Public Forum** series will take place on Saturday, November 24th. Pauline van Nieuwburg's presentation - **'Preparing for your Real Estate transaction'** - promises to be very informative. The session will run from 1:30 p.m. to 3:30 p.m. at Re/Max Royal Jordan. 101 Amherst in Beaconsfield. Cost is \$15. Anyone of either gender is welcome; so make sure that everyone in your circle knows about this event. **Reservation at workshop@mluwc.com.**

Constance Ellis

Refreshments for December Meeting

If you can contribute something sweet or savoury for our December 10th meeting, please contact either [Suzanne Dutoy](#) or [Maria Kolodziej](#).

Fundraising

Our first fundraiser of the year, the play *The Butler Did It*, by the Lakeshore Players, went really well. We sold one hundred and eighty five tickets for a total of \$4,625.00. After paying \$600.00 for the rental of the theatre, we still made a net profit of \$4,025.00. This is thanks to you ladies who bought and sold tickets to family and friends, and made a fun outing of that night.

We have also made \$297.00 profit from the book sale and the half and half draws during our general meetings in October and November.

We thank you again for all your efforts and cooperation with us which made the evening a big success. They are gratefully appreciated.

Nicole Awad
Fundraising Chair

2013 Pot Luck Dinners – January 14, 2013

We are now very near the conclusion of sign-ups for our annual Pot Luck Dinners/Luncheon. The response has been wonderful and we thank everyone who has offered to be hostesses and assistant hostesses. Thank you also to everyone who has signed up to attend this evening of friendship and dining! We have 1 luncheon and 10 full evening dinners and have only one dinner with a couple of spots available. If you have not been able to get your name on a list, we will still try to find a spot for you up until November 25, 2012. We would like to get the lists out to the hostesses and assistant hostesses that week in order for them to have time to organize their menus before the Christmas rush. This will be our last reminder regarding the Dinners, so now we wish you a fun-filled evening on January 14, 2013 and hope Mother Nature will give us good weather for that day! If you have any questions please feel free to contact us at any time.

Bauni McFadyen and Leona Smart
Pot Luck Dinner Coordinators

Stewart Hall Singers in concert

The Stewart Hall Singers will be ushering in the Christmas season on December 1, 8:00 pm at Église Saint-Joachim with a lovely program featuring Victoria, Schubert, traditional Christmas carols and a sing-along. Come and discover your inner diva singing some of your favourite Christmas carols. Tickets, \$20, are available from Joan Dyer.

Volunteers Needed for the West Island Mission's Christmas Basket Campaign

We are looking for volunteers to help either pack the baskets on Friday, December 7th or deliver the baskets on Saturday December 8th. We will have approximately 250 baskets to pack & deliver this year. While we encourage you to volunteer for the Friday, please do not take a day off work to do so. That being said, we do still need adult volunteers, mostly from 10:00 am onwards.

Packing: Friday, December 7th for a 1-2 hour shift between 8 am and 8 pm **OR**

Deliveries: Saturday December 8th 10:30 am (should take no more than 2 hrs with explanation and 1-2 deliveries)

PLEASE NOTE: We will be working out of the **WESTVIEW BIBLE CHURCH**, located at 16,789 Pierrefonds Blvd. almost on the northwest corner of St-Charles Blvd.

Please email me at your earliest convenience letting me know when you would like to volunteer. If you are volunteering for the Friday, please include the time frame you are available for **or**, if you are volunteering to deliver on Saturday, please let me know the number of vehicles you are coming with. I will confirm by email upon receipt.

Bonnie – Volunteer Coordinator
wimmoi@hotmail.com

VILLA BEAUREPAIRE

A residence, with a mission to provide safe and affordable housing for seniors with the goal of encouraging independent living for as long as possible.

NOW ACCEPTING APPLICATIONS

Villa Beaurepaire, located in the heart of Beaurepaire Village, in beautiful Beaconsfield South, is currently under construction and will be ready for occupation in July 2013. Fifty apartments for seniors, composed of 1 bdrm, 2 bdrms and studios will include an elevator, community dining room, underground parking, activities, building manager and activity coordinator. While each apartment will have a full size kitchen, 5 meals a week will be served in the community dining room and will be included in the rent.

Eligible candidates will live in the West Island, be over 60 yrs old with a slight loss of autonomy or completely autonomous and over 75 yrs old. They will have a moderate income, while some will benefit from a rent geared to their income.

For an application or more information, call 514-823-2325
www.villabeaurepaire.com

REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW)

“A VOICE FOR WOMEN IN MONTREAL”

ANNOUNCEMENT: WINNER OF THE 2012 WOMAN OF THE YEAR AWARD

The Montreal Council of Women (MCW) is delighted to announce that the **2012 Winner** of the **Woman of the Year Award** is **Shirley Rind Cohen**, former President of the Women’s Art Society of Montreal (which nominated her) and the American Women’s Club of Montreal, for her leadership in volunteerism in community services and support of the arts, and for her many accomplishments spanning a period of over 40 years. Shirley has also been an active member of the MCW and contributed to the making of its 100th Anniversary Tapestry.

Please join MCW to celebrate the 26th Anniversary of this gala event and to honour Shirley at a luncheon on **Friday, December 7, 2012** at the recently renovated **Hotel Omni Mont-Royal**, 1050 Sherbrooke Street West, Montreal, QC H3A 2R6 (corner Peel) (www.omnihotels.com), from 11:30 a.m. to 3:00 p.m.

Tickets at \$55.00 are available by registering online at www.mcw-cfm.org and our online “**invitations**” or calling Shirley Gyles at 450-672-7081.

COME CELEBRATE WITH MCW! You can also contact Renate, if you plan to attend.

NEXT MEETING – January 10, 2013

Program: *“Dealing with Alzheimer’s Disease”*

Speaker: *Meghan Williams, M.S.W., Coordinator of Support, Alzheimer Group Inc*

When: *Thursday, January 10, 2013*

Where: *2700 Rufus Rockhead (across from Atwater Market)*

If you are interested in attending the MCW General meeting on **Thursday, January 10, 2013** on *“Dealing with Alzheimer’s Disease”*, please let Renate Sutherland know OR you can access the MCW’s website: www.mcw-cfm.org under “**Invitations**” and let them know that you will be attending the January meeting. ***You must RSVP by Monday, January 7th, 2013***

Reflection: At the November meeting, Maureen Brown, member of the Pedagogical Services at the English Montreal School Board, spoke on the topic “**Education and Cyberbullying**”. She shared real life stories to explain cyberbullying and to help move the public discourse towards understanding cyberbullying as a multifaceted and complex problem that requires community efforts to support the victims, the bystanders and the perpetrators. She pointed out that the technology is the medium and NOT the message,

Since cyberbullying involves the use of information and communication technologies, messages can reach huge audiences quickly at ANYTIME and ANYWHERE, the image is out there forever and keeps re-victimizing the person. No ONE is safe. “Food for thought” indeed!

Renate Sutherland and Frances Lortie
MCW Representatives

Interest Groups

Thank you to all of the ladies who volunteered to sell tickets for the raffle. Looking forward to a fun evening! Please see below for 2 exciting new Interest Group ideas.

EVENING BOOK CLUB - Our new Evening Book club got off to a lovely start last week! We enjoyed some wine and cheese and we picked our first book – Inside by Alix Ohlin. Our next meeting will be held **Tuesday January 8 at 7:00pm**. We're looking for more members so please contact Linda Sestock for more information.

SAVVY WOMEN INVESTORS CLUB – See Gina's article on the page 9 for all the details.

ART APPRECIATION - No activity is planned for December but this blurb is an encouragement to visit the Musée national des beaux-arts du Québec in Quebec City. In collaboration with the Musée national du Moyen Âge, Cluny in France, the Museum is presenting a special exhibition titled Art and Nature in the Middle Ages **until January 6, 2013**.

This first-ever collaboration between the Musée de Cluny in Paris and the MNBAQ is a unique opportunity to present some of the major and exceptional works found in the France's Musée National du Moyen Âge. This veritable journey back in time features limestone cornices, pieces in ivory and silver and gold plate, enamelwork, stained glass windows, tapestries and illuminations. Viewers will reach a better understanding of artists' vision of nature during this 500 year period of Western European artistic production, from the 5th to the 10th centuries.

BOOK CLUB I - We enjoyed a splendid afternoon with the author of **The Winter Palace, Eva Stachniak**, on November 1. My thanks to all who made the event such fun--the venue, the organization, and the many interesting questions put forth by our members and guests. The next book we will be reviewing in December is Emily Carr, written by Lewis De Soto, a book in the Extraordinary Canadians Series. We will be meeting on **December 12 at 1:00 pm**. with Johannah as our hostess. Please call Johannah if you aren't able to be with us.

A reminder to all members of the MLUWC to visit our table at the Christmas meeting and put your raffle ticket in our box for a chance to win a gift card from CLIO Book store in the Pointe Claire Plaza. Judith, from the book store, also wanted me to invite everyone to visit the store on December 1, when they will be hosting a Customer Appreciation Day with 20% of the sales being donated to Doctors Without Borders, in the Democratic Republic of Congo. CLIO has a good friend and customer who is working in a hospital in the Congo and the money will be used to help his efforts to make life better for the Congolese. Gift wrapping and tea and scones will also be available!! Bring on December! (but not too quickly!) Cheers, Marg N-G

BOOK CLUB II - Our Book Club II members will not meet in December. The next book review will take place on **January 17** at Hélène's place when Maureen will review **The Paris Wife** by Paula McLain. The novel is a deeply evocative story of ambition and betrayal. The Paris Wife captures a remarkable period of time and a love affair between two unforgettable people: Ernest Hemingway and his wife Hadley. Please inform Hélène if you will not be able to attend. Louise Dagenais

Interest Groups - continued

JAUNTERS – There will be no December Jaunt. However, keep your eyes glued to this newsletter for notice of the January outing. It is bound to be a good one. The gals are planning it now! If you wish to join the *Jaunters* there is always room for you. Contact Patricia Jones.

KAFFEEKLATSCH - Our next German Conversation meeting will be held at Suzanne Dawson's house on **Tuesday, December 4 at 10:00 am**. Please note the new time. Christine Hamilton

MUSIC HISTORY – The Music History group will meet on **Thursday, December 13 at 1:30 pm** at Joan Dyer's. Suzanne Dawson has kindly volunteered to bring the goodies. Please notify Joan if you cannot come.

TÊTÊ-À-TÊTÊ (French Conversation) - La prochaine réunion sera chez Janet Ankcorn le **18 janvier 2013** à 09h30.

TRAVEL – After two most interesting presentations in October and November, the Travel Interest Group will meet again on **Monday February 4, 2013** at the Sunrise Senior Living Residence. Details will follow in the January Newsletter. Barbara Sauvé and Mary Wells

TUTTO ITALIANO – Our group printed and members bought our cookbooks successfully. Thank you! We might even look into a second printing if it is cost effective. This year instead of going out and, in the spirit of Italian food appreciation, we decided to use our receipts and meet for a potluck lunch on the **December 11** at Carole Newberry's at 12:00. Please contact Carole if unable to come. Renata Bagga

WINE APPRECIATION I - After tasting several Quebec wines at our September meeting, it was agreed that Quebec makes better cheeses than wine. None of the wines deserved special mention but two cheeses well worth tasting are the cheddar cheese from l'Ile aux Grues and Grey Owl from Notre Dame du Lac. In October we discovered that there was more to Romania than Dracula! The winners of the evening were a white, Byzantium Rosso di Valachia Dealu and a red, Domaine Vincon Feteasca Alba. Both are only available at the LCBO but well worth the cross-border trip. Our next meeting will be held on **Wednesday, January 16** at Françoise Perreault's. Until then, Happy Holidays!



ROYAL LEPAGE
ELITE
AGENCE IMMOBILIERE
Linda Sestock
Courtier immobilier
BUR: (514) 697-9181
CELL: (514) 984-7685
TÉLÉC: (514) 697-9499
lsestock@royallepage.ca
www.LindaSestock.com

16-59 Boul St Charles, Beaconsfield, QC H9W 2X3

For service with a smile!
Pour un service souriant!



GEORGIANA CRETU
courtier immobilier agréé
(514) **636-1468**
georgi@videotron.ca

RÉSEAU IMMOBILIER
ADRESZ
Agence immobilière

1564 Herron Rd., Dorval, Qc. H9S 1B7
Tel. 514-636-2981 Fax. 514-403-3032
www.adresz.com

L'immobilier de a à z Real estate from a to z

***New Interest Group
Savvy Women Investor Club (SWIC)***

with Gina Spiridigliozzi, Investment Advisor

Hello All,

I would love the opportunity to share my financial experience by starting up a new interest group called the “**Savvy Women Investors Club (SWIC)**”. The first meet and greet / discovery session will last about one to one and half hours, depending on the number of attendees. This will give us enough time to bring up the topics you would like to discuss or learn about in future meetings. I was thinking of having the first session on **Monday, December 10, 2012** at 2:00 pm or **Tuesday, December 11, 2012** at 6:00 pm.

If you are interested please let me know by Tuesday, December 4, 2012. You can contact me directly by email or by telephone. My contact information is in the new directory. An official invitation will be sent out once I receive everyone’s responses. Hope to see you there.

Gina Spiridigliozzi

***In memorium
Sonia Swain***

Sonia was born in Jamaica, educated in England and then settled in Canada. Following her marriage and the raising of her family, she obtained a degree at Concordia University and then joined her husband Brian on several overseas projects to which he was assigned. In each case, she immersed herself in the local culture and often participated in groups dedicated to improving the status of women in those countries. Upon returning to Canada, she offered her services as a volunteer and for several years was the coordinator for Meals on Wheels in Dorval.

Sonia was a member of MLUWC for many years. Although she had been ill for several years, her husband Brian kept up her membership and has made donations to the Scholarship Fund on her behalf.

December 2012

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--------------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------|-----|
| | | | | | | 1 |
| 2 | 3 | 4 Kaffeeklatsch 10:00 am | 5 | 6 National Day of Action and Remembrance on Violence Against Women | 7 | 8 |
| 9 | 10 Christmas Meeting & Raffle at Cedar Park United 6:30pm | 11 Tutto Italiano 12:00 January Newsletter Deadline | 12 Book Club I 1:00 pm | 13 Music History 1:30 pm | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 <i>Merry Christmas</i> | 26 | 27 | 28 | 29 |
| 30 | 31 <i>Happy New Year!</i> | | | | <i>Potluck Dinners - January 14</i> | |

| |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Newsletter Editor: Heather Hamilton newsletter@mluwc.com Proofreader: Janet Guay Deadline for JANUARY submissions: Tuesday December 11, 2012</p> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|