

MLUWC

MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

Newsletter, December 2018

Volume 61, Issue 4

GENERAL MEETING

Christmas Meeting and Raffle



Monday, December 10, 2018

6:30 pm

at

Beaconsfield United Church

*(Parking is available on the streets
surrounding the church)*

[For directions, please see page 3]

Our annual festive evening of song, good food, and good company awaits members and guests.

The interest groups are preparing wonderful gifts to be won – gourmet baskets, gift certificates, and other surprises!

The Philomela Singers, directed by Margo Keenan, will be regaling us with Christmas songs.

Our charity this year is the **West Island Citizen Advocacy**, whose purpose is to improve the quality of life and defend the rights of all those who are living with a handicapping condition or who are disadvantaged.



PRESIDENT'S MESSAGE

Another month has passed and once again the clocks have changed and days are shorter. But we have events like the New Members Evening, Christmas Concert and January Potlucks to look forward to.

I will be attending the Quebec Council (we are now 6 Clubs) which is being hosted by Montreal Inc. CFUW President Grace Hollett will be in attendance - I am anxious to hear more about the CFUW finances and plans for GWI.

This month's speaker on heart health was enough to make our hearts skip a beat - time to eat healthier and move more!

Thank you for replying to our new intern Kyla's survey on volunteering on behalf of the Advocacy Committee. Please keep the surveys coming. The Advocacy Committee has also been successful in convincing several municipalities to light up city hall in orange or to mention the November 25th UN Campaign to end Violence against Women on their billboards. Remember to wear your orange pins.

I am looking forward to our Christmas concert and fundraiser. The West Island Citizen Advocacy is very happy to have been named our recipient this year. And CAREJeunesse is very grateful that we are collecting gift cards for their at-risk youth aging out of foster care.

All my best for a healthy, happy holiday season and I look forward to seeing you all in February.

Linda Sestock



CHRISTMAS MEETING AND RAFFLE

6:30 PM Monday December 10

(6:00 PM for those bringing baskets to raffle or treats – please no earlier)

Location: Beaconsfield United Church

202 Woodside Road

Beaconsfield, QC H9W 2P1

Our annual festive evening of song, good food, and good company awaits members and guests. The interest groups are preparing wonderful gifts to be won – gourmet baskets, gift certificates, and other surprises! The *Philomela Singers* (director Margo Keenan) will be regaling us with seasonal music.



Margo Keenan has studied voice privately for many years and performed as a soloist and as a lead in light opera productions. She founded and sang in the “a cappella” quartet Thin Ice over a period of twelve years.

In addition to participating in numerous conducting workshops, Margo completed the advanced level of the Programme de formation pour chefs de chœur (Alliance des chorales du Québec) in 2000. Subsequently, she studied conducting privately with Peter Schubert and Michael Zaugg. She also founded and directed several elementary and high school choirs in the Montreal area.

In all of her choirs, she is known for her original programming, which blends familiar with new and unusual music in sophisticated arrangements that challenge singers and delight audiences.

In 2013, Margo was presented with the Prix Jean-Pierre Guindon in recognition of her contribution to choral singing in Quebec over more than twenty-five years.

In 2014, Margo took on the direction of the *Philomela Singers*, a community choir based in the West Island.

DIRECTIONS TO BEACONSFIELD UNITED CHURCH

202 Woodside Road
Beaconsfield, QC H9W 2P1
(Ample parking is available in parking lots surrounding the church).

The church is just south of Sherbrooke St on Woodside in Beaconsfield (access Sherbrooke via St Charles, just north of Hwy 20).



HOSPITALITY - CHRISTMAS CHARITY RAFFLE AND CAROLS

The weather is turning colder and as the Halloween decorations go, Christmas lights are beginning to appear. Help is needed for the Christmas Charity Raffle and Carols which will be held on Monday December 10 at the Beaconsfield United Church. We are looking for donations of sweets and savories and for help in setting up before the event and with the clean-up afterwards. If you didn't sign up at the November meeting, please email me at mluwc.hospitality@gmail.com with your name, telephone number and details of your offer to help.

As you begin to look through cookbooks for your favourite recipes, there are a few things to bear in mind. There is no one in the kitchen during the concert. Sweets and savouries are placed on the buffet table upon arrival for sharing and enjoyment after the concert so please keep food safety in mind (we do not have refrigerator space to store food during the concert). Also please note that we will not be heating food so please choose items that can be served at room temperature. Kindly place sweets/savouries on buffet-ready serving dishes/containers. All dishes are to be taken home at the end of the evening. It is a good idea to label your dishes in case something gets left behind.

Kathleen McGrath
Hospitality

NEW MEMBERS' NIGHT - WINE AND CHEESE

I would like to welcome all the new members to the club. We have 9 new members this year and we are looking forward to their participation in club events.

New Members' Night will be held on Wednesday November 21 at 7:00 pm.

We will be meeting at:

Studio 77
271 Lakeshore
Pointe-Claire

Invitations have been sent to new members. This is a great opportunity to meet members of the executive and other new members.

Andrea Vey
Vice-President Membership

NEW DIRECTORY

A new version of the directory has been released. If there are any errors/omissions in your contact information in the directory, please let me know. There will be another update in the next few weeks.

Andrea Vey
Vice-President Membership

BRA COLLECTION UPDATE

This activity has been very successful. We are grateful for the member donations which helped us to exceed our target.

As indicated in the September newsletter we will be sending some of the bras to 'Free The Girls'. The remainder will be shared among local charities. Again we thank you.

Constance Ellis
Mary Vlahos

FUNDRAISING COMMITTEE

I am delighted to report that our fall fundraiser on October 24, "Laughter for the Soul" with BOWSER and BLUE was a tremendous success! It was a "sold out" performance with a majority of the patrons from the D.D.O. area, as well as two participating seniors' residences, Le Cambridge and Reseau Selection - Pointe Claire.

We exceeded our annual scholarship objective of \$10,000.00 with earnings that cleared \$12,030.00.

Ticket sales using PayPal was well received by our members and the general public, with 60 % paying through our new On-Line Ticket Sale System and 40% paying by cheque or cash.

The program booklet earnings were higher this year with several new advertisers.

A big thank you to all who helped us meet our fundraising goal: club members with your generous donations, corporate and private sponsors, the West Island community and most certainly our Fundraising Committee.

Please note that we will continue to have the General Meeting raffle of restaurant and health facility gift certificates, as well as gift baskets donated by local businesses.

Victoria Pinnell
Chair, Fundraising Committee

MLUWC SCHOLARSHIP FUND

The Scholarship Fund Committee welcomes Louise Dagenais. Louise has accepted the position of Secretary and we are very pleased to have her on board. If you have made a recent donation to the Fund and not yet received an acknowledgement, you will receive one very soon. If you are waiting for a tax receipt, it will be mailed out in January or early February.

As always, it was a pleasure to meet our current and past scholarship recipients at the October meeting. It was so inspiring to hear these women speak about their educational goals and life journeys. It also reminds us that the Scholarship Fund is a very worthwhile cause. As a member, you can support the Fund by purchasing tickets to a fundraising event or by direct donation.

As we approach the end of the calendar year, please remember that donations to the MLUWC Scholarship Fund of \$25 and more are eligible for income tax receipts. Donations can easily be made on-line through CanadaHelps.org or you can mail a cheque to P.O. Box 383, Pointe-Claire, QC H9R 4P3.

Heather Hamilton
Chair, Scholarship Fund Committee

COMMISSIONER OF OATHS

Do you know the role of a Commissioner of Oaths?

It is an individual who is empowered to certify the oath or “solemn affirmation” of a person upon documents such as; diplomas, birth certificates and other records.

If you are in need of this service, please contact Victoria Pinnell. vpinnell@gmail.com

POT LUCK MEALS JANUARY 2019

Plans are well underway for our Pot Luck Meals on Monday, January 14, 2019.

There are some novel ideas this year! We now have commitments for 1 brunch, 1 lunch, 6 dinners, one 5 à 7, and one cocktail/dinatoire. (a dinatoire is defined as a meal comprised of bite-sized foods served with cocktails).

There are a few guest spots available for a dinner in Pointe Claire, at a 5 à 7 in Dollard, and a cocktail/dinatoire in Beaconsfield. Sounds like fun!

If interested, please let Jeannie Hazel or myself know as soon as possible, as we are presently finalizing the groups.

Linda Ricketts
Jeannie Hazel
Co-Coordinator, Pot Luck Meals



REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW) LE CONSEIL DES FEMMES DE MONTRÉAL

“A Voice for Women in Montreal” since 1893

All Montreal Council of Women’s meetings are held the first Thursday of each month at 2700 Rufus Rockhead, Montreal (near the Atwater Market).

Six MLUWC members attended the MCW Luncheon on November 1, 2018 and listened to Nakuset, Executive Director, of the Montreal Native Women’s Shelter and the recipient of the MCW’s “Woman of the Year 2014” award. In addition to her social justice and advocacy work at the Native Women’s Shelter, she is also on the Steering Committee of the Montreal Urban Aboriginal Community Strategy Network and the creator, producer and host of the television series Indigenous Power. In November 2017, she was a speaker for TEDx Montreal Women.

As an activist and dedicated to improving the lives of urban Aboriginals, Nakuset and her staff have worked hard to develop protocol procedures and guidelines for the police, youth protection agencies and health care workers in how best to respond to the needs of her people, especially what she does to shift the status quo for urban Aboriginal women. As she said, “it continues to be an uphill battle....” Nakuset’s next project is the development of 23 housing units in a building which needs to be rebuilt/renovated and set up for housing to accommodate a community kitchen, housekeeping arrangements and provide for supportive family and addiction workers. Finding the necessary funding for this project will be a tremendous challenge. It is hoped that MLUWC will support their financial fundraising efforts.

It was announced that the recipient of the “Woman of the Year Award” is Chantal Hébert, Journalist and panelist of CBC’s “At Issue” program. The Awards Luncheon will take place in early May.

UPCOMING EVENTS:

Thursday, December 6, 2018 at 12:00 noon - MCW’s “Holiday Christmas Luncheon”; those attending are asked to bring a non-perishable food item.

LUNCH will be served at 12:00 noon at the cost of \$10.00 per person, payable at the door. Please advise Shirley Gyles, if you plan to attend at: 450-672-7081 or e-mail; sagyles@sympatico.ca

Thursday, February 7, 2019 - Black History Month- guest speaker will be the Hon. Marlene Jennings.

The Montreal Council of Women provides an important role as a voice for women in Montreal and surrounding areas and, publishes an interesting monthly BULLETIN and maintains a website: <http://montrealcouncilwomen.org>

Renate Sutherland and Frances Lortie
MCW Representatives

Charles Dickens' **A Christmas Carol**

Saturday December 15th at 7 PM • Samedi 15 décembre à 19h00

Read by • Narrateurs

Aislin (Montreal Gazette) **Mike Finnerty** (CBC Radio) **Lori Graham** (CTV/CJAD) **Leni Parker** (Actor)

Mutsumi Takahashi (CTV Montreal) **Joel Bernstein** (West Island Theatre Association) **Vanessa Morin** (West Island Theatre Association)

Musical Guests • Musiciens invités

Kate Bevan-Baker (fiddler) • **Antoni Carlone** (jazz piano)
Susanna Eyton-Jones (soprano) • **Patrick Kearney** (classical guitar)
Quavaria Vocal Quartet • **Ben Roberts** (vocalist)

Tickets • Billets: Adults: \$25 Students: \$15 Max. per family: \$70

Tickets / Billets by e-mail: stcolumbaconcerts@gmail.com

Tickets / Billets by text message or phone: 514-364-3027

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'TIS THE SEASON

We will be collecting gift cards for CARE Jeunesse again this year at the November and December general meetings.

CARE Jeunesse will distribute the cards to help local youth aging out of foster care. Cards of any denomination for local drug stores, grocery stores, department stores, Tim Hortons, etc. are all suitable. (If you prefer, bring cash and we will purchase the cards.)

GIFT CARD DRIVE for



For more information:
Linda Sestock 514.984.7685
MLUWC1@gmail.com

When young people in foster care turn 18, they are left on their own to face their new life challenges. CARE Jeunesse is there to support them in this transition, and for the future.

The Montreal Lakeshore University Women's Club (MLUWC) through its Advocacy Committee is organizing a GIFT CARD drive for CARE Jeunesse. It is seeking cards in **denominations of \$20** and more from any large company such as Metro, Pharmaprix, Walmart or Tim Hortons. Cash donations are welcome as well.

CARE Jeunesse will put the cards together and hand them out to young adults (from the West Island) for Christmas, according to their needs when they are on their own—after they leave foster care on their 18th birthday.

Please mail gift cards to:

MLUWC
P.O. Box 383
Pointe-Claire QC H9R 4P3

NOMINATING COMMITTEE

Once again, it's time to begin the process of selecting the slate of officers for the year 2019 -2020. The following extract from the MLUWC Constitution and By-Laws outlines the steps to be followed.

ARTICLE VIII - Nominations and Elections

1. Elections - Officers and Chairs of committees shall be elected at the Annual Meeting. Ballots shall be used if there is more than one candidate for any office.
2. The Nominating Committee shall consist of five members chaired by the Past-President; one member shall be appointed by the Executive at their January meeting and three members shall be elected from the membership at the regular meeting in February.
3. Duties of the Nominating Committee -
 - a. Inform the membership of the available positions at the February General Meeting and provide nomination forms.
 - b. Recommend a candidate for each office. Each nominee must be a member in good standing and must signify her consent to stand for election.
 - c. Send each Club member a copy of its recommendations at least two weeks before the Annual Meeting, plus a copy of Article VIII Section 4 of the constitution, explaining the procedure for additional nominations.
 - d. Present the proposed slate of officers to the members at the Annual Meeting.
4. Additional nominations must be made in writing to the Nominating Committee at least five days before the Annual Meeting, but consent must be obtained first from the nominee and accompanied by the signatures of five members.

If you are interested in serving on the Nominating Committee, please contact me by mid-January.

Gilda Martinello

COMMUNITY BREAKFASTS

The Maxwell Seniors' Residence in Baie d'Urfe hosts a free Community Breakfast every Tuesday from . 7:30 am- 9:30 am. Everyone is welcome. An occasion to meet new friends!

Victoria Pinnell

STRATFORD FESTIVAL – SEPTEMBER 2019

Next year's trip will take place between Monday, September 16 and Friday, September 20.

As usual, we shall stay at the Arden Park Hotel. We have a choice of up to six out of the full twelve play repertoire. We travel to, from, and around Stratford in our comfortable 56-seater bus.

This is an easy way to travel and to enjoy very high calibre theatre at group rates, with the option of group meals and a trip to St Jacobs.

And the plays? The usual good mixture of Shakespeare, musicals, comedies and modern, namely:

Othello
The Merry Wives of Windsor
Henry VIII
Billy Elliot, the Musical
Little Shop of Horrors
The Crucible
The Front Page
Private Lives
Mother's Daughter
Nathan the Wise
Birds of a Kind
The Neverending Story

I have sent a ticket-order form to everyone who had expressed an interest in joining us. If you didn't receive an email, want to take part, want more information, or want to include someone else, please contact me as soon as possible. To get good seats for a group, I need to call the box office in the first week of December.

Kate Le Maistre
(kate.le.maistre@mcgill.ca)

LOOKING TO TRAVEL WITH SOMEONE?

Many of us enjoy travelling but do not have anyone to travel with. If you find yourself in this situation, please let me know and we can start a group where you can find a travelling companion.

Nicole Larocque (nicole_d_larocque@sympatico.ca)



THE LADIES' LUNCH AT THE FOREST AND STREAM CLUB

The annual Ladies' Lunch will be held on Tuesday December 4 at 11.30 am.

Please bring an item of non-perishable food or an unwrapped toy for Share the Warmth.
We will have a speaker from the ESPA salon in Pointe Claire Village:

Women's hour of interest with Nayri: Bringing your inner beauty out?
Tips and tricks; Holiday makeover; Taking care of your skin and reversing the aging process, etc.
There will be a 5-minute makeup application workshop and a 5-minute skincare regimen.

Cost of lunch \$42 (includes tax and service)

RSVP: Janet Ankcorn by email

Make cheques payable to Janet Ankcorn.



Please go to our website - www.mluwc.com

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We have over 256 likes! Remember to like our page and share it with your friends!

THANK YOU

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Montreal Lakeshore University Women's Club.





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INTEREST GROUPS

Interest Group Leaders

It is that time of year when we start to look forward to Christmas holidays events. At MLUWC, it is the time for all Interest Groups to prepare their Christmas baskets. This tradition of a Christmas raffle provides lots of fun for members who anticipate winning a gift basket and at the same time, it allows us to support a local charity with the proceeds of the raffle.

Please note that Interest Group Leaders are asked to set up their gift baskets at 6:00 p.m. The event is open to everyone at 6:30 (no earlier, please).

Suzanne Chaussé
Interest Group Chair

ADVOCACY

Our next meeting is Tuesday, December 4 at 3:30. Information re place will be emailed to members directly.

Patricia Duval and Nancy Doray

BON APPÉTIT

November's outing will be to Restaurant Elounda in Ville St. Laurent, November 22 at 6:30 pm. Our thanks to Gilda Martinello and Ann Arial for organizing this dinner.

There will be no Bon Appétit dinner planned for the month of December.

A new list of 2018-2019 restaurants has been forwarded to Bon Appétit diners. If you have not signed up with a partner to plan one of our dinners, you are encouraged to do so.

Please feel free to join our dining club, especially new members. Everyone is most welcome and it is a marvellous way to make new friends!

A \$5.00 contribution towards our Christmas raffle gift basket is requested upon registering.

Victoria Pinnell (vpinnell@gmail.com)

BOOK CLUB I

Our December meeting will be held Wednesday, December 12, 1:00 pm, with Joan Pearson as our hostess. The book to be reviewed is "Cooking for Picasso" written by Camille Aubray. Our reviewer is Kerstin Birch. Hope to see you all. Please call Joan if you are unable to join us.

Marg Nicoll-Griffith

BOOK CLUB II

We are meeting a week earlier in December – Thursday, December 13 at Joan Dyer's home at 1:00 pm. Gilda Martinello will review "Legacy: How French Canadians Shaped North America" edited by André Pratte and Jonathan Kay. If you are unable to attend, or wish to receive directions, please contact Joan.

Hélène Quaid

DUPLICATE BRIDGE

The last duplicate bridge game in 2018 will be Thursday, December 13 at 8.45 am at Centennial Hall in Beaconsfield.

Jane Quail

JAUNTERS

We are visiting the **MONTREAL MUSEUM OF FINE ARTS** for a tour of the **Calder exhibit**.

When: Friday December 7, 10:30 am (arrival 10:10am).

Cost: \$25.50 (if you are a VIP member, you will only pay \$2.50, with ID).

Lunch: L'Academie, 2100 Crescent St. at 12:15. This is a BYOB restaurant.

Carpooling from PC Plaza at 9am.

RSVP Pat Jones by November 20.

514-695-2753, or patriciajones@sympatico.ca.

MUSIC APPRECIATION

Music Appreciation Members will not meet during December. Our next meeting will be Thursday, January 10, 10:00 am at Marjorie Hamilton-Harding's home.

We will prepare at that time for the Thursday, January 17th morning MSO concert. Sevinc Agbaba will present Mahler's "Symphony No. 4 in G Major" and Dianne Robinson will present Ravel's "Ma Mere l'Oye (Mother Goose) Suite." Addie will bring refreshments.

May everyone enjoy a festive holiday filled with good music and good company!

Maria Cranker

MUSIC HISTORY

Because of Christmas the group will meet a week earlier than usual, on Thursday, December 6, 1:00 pm chez Joan Dyer. Please advise if you cannot come.

Joan Dyer

MYSTERY BOOK CLUB

Our December book is "The Widows of Malabar Hills" by Sujata Massey. We will meet on Wednesday, December 12 at 1:00 pm. Susan Pick Vadivel will host the book.

Gilda Martinello

NETWORKING

We had our first meeting at Studio 77 in the Pointe-Claire Village on October 17. It was a great success with 23 people joining in.

Our guest speaker was Laurie McCullagh who is a business owner herself and has been successfully networking for years. She shared with us some of her success stories and what has worked well for her. We had many new attendees which was great to see.

We also raised \$155 for the scholarship fund!

We haven't set a date for our next meeting at this point but it will be in the new year. I'm open to suggestions for topics and dates.

Marlene Whittome

PHOTOGRAPHY

We will be meeting on December 11 at Dianne Robinson's home at 2:00 (to be confirmed).

Maria Korab-Laskowska

TRAVEL

On December 18, we will have presentations on "Walking and hiking in Europe" Ann Arial and Maria Korab-Laskowska. As usual we meet at 7:00 pm at the Vivalis

Maria Korab-Laskowska and Ann Arial

WINE APPRECIATION I

Let's get into the holiday mood and spirit and come to our meeting on December 19 at 7:00 pm at my home. Please let me know if you are unable to come.

Renata Bagga



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DECEMBER 2018

Mon	Tue	Wed	Thu	Fri
3	4 3:30 Advocacy	5	6 1:00 Music History	7 10:00 Jaunters Newsletter Deadline
10  6:30 Christmas raffle and Choir	11 2:00 Photography	12 1:00 Book Club I and Mystery Book Club	13 8:45 Duplicate Bridge 1:00 Book Club II	14
17	18 7:00 Travel	19 7:00 Wine Appreciation I	20	21
24	25 	26	27	28

Newsletter Editor: Gilda Martinello mluwc.newsletter2@gmail.com

Proofreaders: Heather Trump & Tina Tessari

Deadline for January submissions: Friday, December 7, 2018.