



Newsletter, February 2019

Volume 61, Issue 6

GENERAL MEETING	PRESIDENT’S MESSAGE
<p data-bbox="191 779 678 905">Monday, <u>February 11, 2019</u> at The Karnak Shriners’ Temple 3350 Sources Blvd., DDO</p> <p data-bbox="332 961 537 995">Coffee – 7:00</p> <p data-bbox="207 1052 662 1085">The Meeting will start at 7:30</p> <p data-bbox="248 1167 613 1331"><i>An Evening with Barbara Lewis</i></p> <p data-bbox="224 1497 646 1530">See page 2 for more details</p>	<p data-bbox="706 730 1409 898">January weather was good to us for our potluck events this year. I hope everyone had as much fun as my group did - potlucks are a great way to meet new members and get to know other members that we may not always have the chance to spend time with.</p> <p data-bbox="706 945 1425 1184">February can be a difficult month for many of us. Let me know if you need a lift to our February meeting, it would be a shame to miss Barbara Lewis because of some snow or ice. And a little bit of music always helps with the February blues. Take a moment to check in with a friend or neighbour to see if they are doing well, we never know what someone may be dealing with behind closed doors.</p> <p data-bbox="706 1230 1377 1327">The Fundraising committee is busy with the spring bingo (with wine) fundraiser. And our Program committee has many new topics for the new year.</p> <p data-bbox="706 1373 1382 1507">The Advocacy group (growing in numbers every year) is working hard to keep us informed of CFUW initiatives, including the CFUW mentor program. And we are always looking for ways to help women in our local community.</p> <p data-bbox="706 1554 1430 1717">February is a great time to let the Nominations Committee know if you would like to join our Executive. We meet once a month for 2 hours and this is a great way to give back to your club, meet other club members and feel good at the same time.</p> <p data-bbox="706 1797 867 1827">Linda Sestock</p>

PROGRAM

It is with great pleasure that the Program Committee invites members and guests to a unique experience on Monday, February 11. We will welcome one of our new members, Barbara Lewis, for an evening of entertainment. Barbara will present a selection of her original show entitled **BLOOD ORCHID: *How Women Feel*** – a concert that blends songs and stories about how women feel... from the outrage of the #Me-Too movement, to the joys of deep sexual bonding. From the heartbreak of lost love to the mystic pleasure of ancient times, **Blood Orchid** is a heart's journey traced through the powers of music and story.

To learn more about Barbara Lewis visit: <https://www.barbaralewis.com/blog/2018/08/blood-orchid-how-women-feel/>

We look forward to wonderful evening of entertainment on February 11, 7:00pm at Karnak Hall.

MEMBERSHIP

On behalf of the Club, I'd like to extend a warm welcome to our new members: Humera Khan, D'Erina Lawton, Linda Garand, Pamela Manning, and Allison Haggarty.

The new updated directory is now available online.

MEMBERS' NIGHT MARCH 11

Our March general meeting every year is Members' Night. We hear from some of our members – new and not-so new – about their lives, work, hobbies, passions, etc. In addition to having our members speak, we also have several members who display their wares. So if you want to showcase your passion - photography, painting, jewellery making, rug hooking, knitting, or anything else, please contact me (gilda.martinello@sympatico.ca) by **Friday, March 1**.

Gilda Martinello

Note from the Co-Treasurers

January is the month when we prepare and issue the cheques for our Canadian Federation of University Women (CFUW) membership as well as for our membership in the Quebec Provincial Council of University Women. Interesting to note that of the \$120 membership fee that each of us pays, \$70 goes to the CFUW and \$2 goes to the Quebec Provincial Council. This means that MLUWC has only \$48 per member to fund our own activities.

However, as members of MLUWC, we are members of CFUW – be sure to check out their website, especially the “Membership Benefits” (hint: there are discounts!) and of Graduate Women International (GWI). Our club also pays an annual membership fee of \$50 (total) to the Montreal Council of Women and this means that each of us is entitled to attend any of their meetings.

Helen Findlay
Nicole Larocque
Co-Treasurers

ADVOCACY

We collected \$1,575 in gift cards and cash for Care Jeunesse, including \$250 raised by a new member, Rachel Chenier and her team, Chix with Stix. A big thank you to all who contributed.

There are no resolutions to discuss this year, so we will be looking at the mentoring initiative for Young Working Women (YWW) from CFUW.

Our next meeting is scheduled for Tuesday, February 5 at 3:30. Contact Nancy Doray or Patricia DuVal if you are interested in joining us.

Patricia DuVal
Nancy Doray

NOMINATING COMMITTEE

Once again, it's time to begin the process of selecting the slate of officers for the years 2019 - 2020 and 2020-2021.

As per Article VIII of the MLUWC Constitution and By-Laws,

1. Elections - Officers and Chairs of committees shall be elected at the Annual Meeting. Ballots shall be used if there is more than one candidate for any office.
2. The Nominating Committee shall consist of five members chaired by the Past-President: one member shall be appointed by the Executive at their January meeting and three members shall be elected from the membership at the regular meeting in February.
3. The Nominating Committee will:
 - a. Inform the membership of the available positions at the February General Meeting and provide nomination forms.
 - b. Recommend a candidate for each office. Each nominee must be a member in good standing and must signify her consent to stand for election.
 - c. Send each Club member a copy of its recommendations at least two weeks before the Annual Meeting, plus a copy of Article VIII Section 4 of the constitution, explaining the procedure for additional nominations.
 - d. Present the proposed slate of officers to the members at the Annual Meeting.
4. Additional nominations must be made in writing to the Nominating Committee at least five days before the Annual Meeting, but consent must be obtained first from the nominee and accompanied by the signatures of five members.

Members of the Nominating Committee will be announced at the February general meeting. The positions that will need to be filled for the coming years 2019-2020 will be announced.

If you are interested in serving on the Executive Committee, please contact me directly (gilda.martinello@sympatico.ca)

Gilda Martinello
Chair, Nominating Committee

CONDOLENCES

On January 1, 2019, Susan Pick Vadivel's mother, Daisy Victoria Pick, passed away at the age of 98. Club members extend their deepest sympathy to Susan and her family

On January 4, 2019, a long-time member of our club, Phyllis Bennett passed away at the age of 96. We extend our deepest sympathy to Phyllis' daughter, Jane.

DID YOU KNOW???

THAT 2019 has been declared by the United Nations General Assembly as the International Year of Indigenous Languages.

And that February 6 is the International Day of Zero Tolerance to Female Genital Mutilation;

February 11th is the International Day of Women and Girls in Science. Let us encourage them.

February 20th is the International Day of Social Justice.

MARCH 8th is International Women's Day! What will you do to celebrate?

FUNDRAISING COMMITTEE

Thank you to those members who responded to our committee's request with fundraising suggestions for next season. Please keep those ideas coming, as they are most appreciated.

To our members who have recently made a donation to the **MLUWC Scholarship Fund**, thank you for your support, it is most welcome.

As requested by the membership, the raffle ticket sale for lovely gift baskets and certificates will be available at the monthly General Meetings.

Our Spring Fundraiser will be a Bingo Bonanza to be held **Friday, April 12, 2019**. Please save the date. More details will follow closer to the event.

Victoria Pinnell
Fundraising Chair

CFUW NEWS

RESOLUTIONS IN ACTION

Each year, we publish “Intents to Submit Resolutions” for the next AGM by November 30 of the previous year in order to allow clubs to plan for their Resolutions discussions. This year, no Intents were received by the deadline of November 15. So instead of using proposed resolutions in your discussions, we are encouraging clubs to study and act on Resolutions that have been adopted as policy.

In preparation for the 2019 Federal Election, we have created a two-step process:

1. Club discussions concerning potential 2019 election issues
2. Backgrounders that clubs can use during the election campaign

1. Club discussions concerning potential 2019 Election issues

We have prepared a short list of key issues (for which there is CFUW policy) that we anticipate will appear on Party Platforms or in debates during the 2019 Federal Election. While not exhaustive, our list of relevant CFUW policies gives clubs plenty of latitude for discussion and action. The points listed below relate to the “resolved” clauses and “requests” in our policies.

What do you think are the most pressing concerns for the upcoming election?

We are inviting clubs to consider a list of key issues that we anticipate will appear on Party Platforms and debates during the 2019 Federal Election and provide feedback on what you consider to be the top 5.

Please consider these issues and give us your feedback on what you consider top 5 issues will be.

1. The economy
 - Pay Equity
 - Women in Non-traditional occupations and skilled trades
 - Universal Childcare
 - Parental Leave
 - Addressing Poverty
 - Housing and Homelessness
2. Universal Pharmacare
3. Environment and Climate Change
4. Elections and Electoral Reform
5. Indigenous Issues
 - Missing and Murdered Indigenous Women and Girls
 - Education

6. Immigration
7. Up for Debate on Women's Issues (#hearmetoo)

Please send your thoughts and top 5 topics by email to either Cheryl Ambrose (vpadvocacy.cfuw@gmail.com) or Yasmin Strautins (cfuwadvocacy@rogers.com)
Deadline is April 15, 2019.

2. Backgrounders for clubs to use during the election campaign:

From your thoughts and topics, CFUW National will choose the top 5-8 topics and create updated backgrounders and talking points for each issue for members to use when they meet candidates at the door, or at town-halls and All Candidates' Forums.

Cheryl Ambrose
CFUW VP Advocacy

Teresa Habs
Chair, Resolutions Committee

For any questions about the resolutions process please contact Teresa Habs, Chair of the Resolutions Committee at resolutions@fcfdu.org or the National Office cfuwadvocacy@rogers.com

A NEW INITIATIVE

We are still looking for CFUW members to join our Mentorship Program as mentors for Young Working Women!

Young Working Women (YWW) is an initiative of CFUW that focuses on young women entering the workforce. YWW is continuing the work that CFUW has been invested in for the past 100 years by creating a membership program that addresses the needs of younger women, and the challenges they face when embarking on their careers. Young women are often looking for female mentors who have the knowledge and experience that can help them navigate some of the challenging issues and barriers they face. These young women also have a lot to show other generations as well, and creating a learning experience for both parties will allow CFUW to modernize and continue the incredible work it does for women. If we create that relationship, YWW members will also be more inclined to join their local clubs and continue the work CFUW does past Young Working Women. We are hoping to have the program launch early next year.

REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW) LE CONSEIL DES FEMMES DE MONTRÉAL

“A Voice for Women in Montreal” since 1893

DID YOU KNOW?

QUEBEC HOLDS RECORD NUMBER OF ELECTED WOMEN

Quebecers elected a record number of women at the provincial election on October 1, 2018, proof of the increasing implication of women in politics everywhere in North America.

With 52 elected women representing 41.6% of the 125 seats in the Quebec National Assembly, Quebec can now boast the highest percentage of women elected in Canada, according to Esther Lapointe, General Manager of Groupe Femmes, Politique et Démocratie. To date, Ontario held the title with 39.5% of elected women last June.

MCW IS FOCUSING ON THE CITY'S HOMELESS

and is hoping, through its submitted resolution, to work alongside with the City and their Action Plan 2018-2019, that deals precisely with this issue.

CHANCE TO WIN 2 TICKETS TO “WOMAN OF THE YEAR LUNCHEON”

If you can identify potential members, either as a Federate and/or Individual member to join MCW, then you have an opportunity to win 2 tickets to the “2019 Woman of the Year Luncheon”. For further information, contact Joan Macklin, Membership Secretary at 514-516-9023.

UPCOMING: MCW PROGRAMS 2019

All MCW meetings are held at 2700 Rufus Rockhead, Montreal (near the Atwater Market), usually the first Thursday of the month.

Thursday, February 7, 2019 - Black History Month- guest speaker will be the Hon. Marlene Jennings, former Liberal MP, representing the riding of NDG-Lachine (1997-2011)

LUNCH will be served at 12:00 noon at the cost of \$10.00 per person, payable at the door. Please advise Shirley Gyles, if you plan to attend at: 450-672-7081 or e-mail: sagyles@sympatico.ca

March 7, 2019 – guest speaker, Anthony Housefather, Liberal MP for Mount Royal and Chairman of the House of Commons Standing Committee on Justice and Human Rights

April 4, 2019 – Guest speaker will address the topic of “Human Trafficking”

May 5, 2019 – “Woman of the Year Luncheon” – recipient is Chantal Hébert, OC Canadian journalist and political commentator.

The Montreal Council of Women publishes an interesting monthly BULLETIN and has a website:
<http://montrealcouncilwomen.org>

Renate Sutherland, MCW Representative

New Year Greetings from the Wine Appreciation II Group:



Please go to our website - www.mluwc.com

Click on the Facebook icon on the bottom right of the home page

We have over 256 likes! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC.

POT LUCK EVENTS – JANUARY 14, 2019

This year, pot luck get-togethers were on from morning to night. Here are a few pictures from some of the events:

Brunch:



Lunch:



Dinatoire (5 à 7):



Dinners:





This will be a new feature in our monthly Newsletter. On this page, we will announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commission of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter2@gmail.com) and note that it is for the Community News page.

COMMISSIONER OF OATHS

If you are in need of a Commission of Oaths to certify the oath or “solemn affirmation” of a person upon documents such as: diplomas, birth certificates and other records, please contact Victoria Pinnell (vpinnell@gmail.com). There is no charge for this service.

COMMUNITY BREAKFASTS

The Maxwell Seniors’ Residence in Baie d’Urfe hosts a free Community Breakfast every Tuesday from . 7:30 am- 9:30 am. Everyone is welcome. An occasion to meet new friends!

LOOKING TO TRAVEL WITH SOMEONE?

Many of us enjoy travelling but do not have anyone with whom to travel. If you find yourself in this situation, please let me know and we can start a group where you can find a travelling companion. Contact: Nicole Larocque (nicole_d_laroque@sympatico.ca)

USED CHRISTMAS CARDS

Several years ago, someone in the club would collect Christmas cards for a charity which reused them for gift tags, cards etc. Does anyone know of such a charity? Please email Janet Ankcorn with any information you may have (jankcorn@bell.net)

EYEGLASSES

St. Veronica's Parish in Dorval is seeking eyeglasses, sunglasses and reading glasses for an eye clinic project in the Dominican Republic. Volunteers are leaving Montreal on Feb. 20th. Should you be able to contribute to this worthy cause, please contact: A. O'Shaughnessy at: annickosh@mac.com **OR** deposit in the collection bag at the MLUWC General Meeting Monday, February 11th.

SOCIAL BRIDGE AFTERNOON WEDNESDAY MARCH 20, 2019

Come and enjoy an afternoon of bridge at the Forest and Stream Club

Come for Lunch at noon: \$42 – includes lunch, tea, coffee and cookies served all afternoon.

OR

Arrive at 1:30 pm for bridge: \$13 - tea, coffee and cookies.

RSVP: Janet Ankorn (jankcorn@bell.net)

Make cheques payable to Janet Ankorn.



Wishes to

Thank

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For graciously hosting
the monthly meetings of the Executive of the
Montreal Lakeshore University Women's Club.



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FOR EVERY MLUWC MEMBER WHO TRAVELS WITH US, WE REBATE 4 % BACK TO THE MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB. THIS MONEY CAN BE USED FOR FUND RAISING, CHARITIES....YOU DECIDE. SPREAD THE WORD AND SIGN UP FOR ANY OF OUR WONDERFUL TOURS. PLEASE ADVISE MARIA KORAB LASKOWSKA WHO WILL BE COORDINATING ALL BOOKINGS.

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INTEREST GROUPS

ADVOCACY

Our next meeting is scheduled for Tuesday, February 5 at 3:30 at the TD Bank on St. Charles Rd South. Contact Nancy Doray or Patricia DuVal if you are interested in joining us

Patricia Duval and Nancy Doray

BON APPÉTIT

Our next dinner will be at Restaurant La Verita in DDO, scheduled for Thursday, February 28 at 6:30 p.m. Our thanks to Jane Cowell-Poitras and Franca Ferrara for organizing this outing.

We require two members of the Bon Appétit group to plan the dinner for the months of March or April. Please contact me if you are willing to help out.

If you are looking to visit different restaurants in the West Island and enjoy good company and laughter, please feel free to join our interest group. Everyone is most welcome

Victoria Pinnell (vpinnell@gmail.com)

BOOK CLUB I

Our hostess for our February 13 meeting at 1:00 pm is Sacha Curtis, and we will be discussing the book "Two Steps Forward " by Graeme Simpson. Our reviewer is Jane Quail. We will all walk the sunny walk in Spain, and hope our February weather is kind for our meeting. See you all then.

Marg Nicoll-Griffith

BOOK CLUB II

We will meet on February 21 at 1:00 at Louise Dagenais' home. Joanne Fraser will review "The Orphan's Tale" by Pam Jenoff. For directions to Louise's house, or if you are unable to attend, please get in touch with Louise.

Hélène Quaid

DUPLICATE BRIDGE:

The following are the dates on which Duplicate Bridge group will meet: Thursday February 14 at 8.45 am and Thursday February 28 at 8.45 am.

Jane Quail

JAUNTERS:

On Tuesday, February 19, we will visit the Montreal Aviation Museum at Macdonald College, Ste-Anne-de Bellevue.

1- 1 1/2 hr guided tour of the premises featuring many artifacts and airplanes from earliest times.

Lunch at Le Vieux Four Manago, 3636 St-Charles Blvd, Kirkland, in les Galeries Kirkland. Menu & prices variable from soups, pizzas, pasta, etc.

Meeting place and time: 10:00 am at the Pointe Claire Plaza.

Tour : 10:30 AM to 11:30 approximately.

Lunch to follow at 12:15 PM in Kirkland.

Cost : \$7 plus a tip at your discretion in a box for that purpose.

RSVP: before **Monday, February 11** with Valerie Fortin (valerie.fortin@mcgill.ca) to advise of your participation and whether you will drive or need a lift and if you will stay for lunch.

Note: Access to the Museum is via Hwy 20 to exit 39, Blvd des Anciens Combatants or from Hwy 40.

Carole Newberry and Valerie Fortin

MUSIC HISTORY

February's meeting of the Music History group will take place on Valentine's Day, Thursday, February 14, at 1:00 pm, at Joan Dyer's as usual. Joanne Fraser and Suzanne Taylor will provide goodies. Please let Joan know if you cannot be present.

Joan Dyer

MYSTERY BOOK CLUB

We are meeting on Wednesday, February 13 at Suzanne Chaussé's home and she will review "No Known Grave" by Maureen Jennings. As usual, we meet at 1:00 pm.

Gilda Martinello

NETWORKING

Our next event will be on Wednesday, February 6 at 7:00 pm at Studio 77, 271 Lakeshore Dr., Pointe-Claire. RSVP to Linda Sestock.

Linda Sestock

PHOTOGRAPHY

We will meet on Tuesday, February 12 at 2:00 pm at Krystyna Adamczyk Pleszewska's home where we will continue January's exercise on portraits.

Maria Korab-Laskowska and Ann Arial

TETE-A-TETE

Le prochain rendezvous du groupe Tête-à-tête sera vendredi le 15 février à 9:30 chez Patricia DuVal. Nous sommes un petit groupe agréable et aimons parler français. Pensez à vous joindre au groupe. Vous serez les bienvenues.

Janet Anderson

TRAVEL

We meet every 3rd Tuesday at 7:00 pm at Vivalis. On February 19, Ian MacDonald will present: "North Atlantic Saga - Isle of Lewis, Shetland, the Faroes and Iceland".

Maria Korab-Laskowska and Ann Arial

WINE APPRECIATION I

We are meeting on February 20 at Jeannie Hazel's house at 7.30. Please let me know if you are unable to come.

Renata Bagga

Advertising space available.

Please contact: mluwc.newsletter2@gmail.com



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FEBRUARY 2019

Mon	Tue	Wed	Thu	Fri
				1
4	5 3:30 Advocacy	6	7 1:00 Book Club II	8 Newsletter Deadline
11 7:00 General Meeting	12 2:00 Photography	13 1:00 Book Club I and Mystery Book Club	14  8:45 Duplicate Bridge 1:00 Music History	15 9:30 French Conversation
18	19 10:00 Jaunters 7:00 Travel	20 7:30 Wine Appreciation I	21 1:00 Book Club II	22
25	26	27	28 8:45 Duplicate Bridge 6:30 Bon Appetit	

Newsletter Editor: Gilda Martinello mluwc.newsletter2@gmail.com

Proofreaders: Heather Trump and Tina Tessari

Deadline for March submissions: Wednesday, February 6, 2019