

MLUWC

MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

Newsletter, January 2020

Volume 62, Issue 5



**26th Annual
Pot Luck Parties:**
From brunch to lunch to 5à7 to
dînatoire and dinners

A wonderful MLUWC tradition
Monday, January 13, 2020

Potluck Coordinators:
Mary Vlahos
Carole Newberry

Bon Appétit!

Our next General Meeting is
Monday, February 10

President's Message

Happy New Year, everyone!

Thanks to all who attended our Christmas event and for supporting our charity this year, West Island Community Shares. We gave Sophie McCann, Executive Director, a cheque for \$1542 at our Christmas Raffle and Choir event on Monday, December 9.

At that same event, \$1750 was collected in cash and gift cards and given to Jennifer Dupuis of CARE Jeunesse. Thanks to all who donated and thanks also to Patricia Du Val, Nancy Doray and Anne Brohan for organizing this.

Thanks to Janet Ankcorn for arranging for the Philomela Choir, under the direction of Margo Keenan, to come and regale us once again with beautiful Christmas music.

Thanks also to the two Hospitality Co-Chairs, Luhan Wahbeh and Tina Tessari, for their great work in hosting us on December 9. It is no mean feat to ensure that everything runs smoothly during this evening.

Thanks to all members for supporting the executive and our efforts to promote the Club and ensure that it continues to be viable and well-respected in the community.

Finally, I'd like to thank Linda Sestock for being President of our Club for 3 ½ years – through her efforts, our Club has attracted a number of younger members. We are no longer "West Island's best kept secret".

Thank you all for entrusting me with the position of President for the second half of this year. Looking forward to seeing you soon.
Gilda Martinello



Thanks to all who helped make this year's Christmas Raffle and Concert such a success! We had lots of great food and it was much appreciated by our members, guests and choir members. Thank you all for providing all the goodies!

Thanks to everyone who helped with setting up and cleaning up. It made our jobs so much easier.

Thank you!

Luhan Wahbeh and Tina Tessari, Hospitality Co-Chairs

CHRISTMAS RAFFLE AND CONCERT



Philomela Choir under the direction of Margo Keenan



Linda Sestock, Sophie McCann of West Island Community Shares, Gilda Martinello. As a result of our raffle, the West Island Community Shares received a cheque for \$1542.

FUNDRAISING COMMITTEE

As we move into the New Year, the Fundraising Committee is always looking for new time-efficient and effective ways to raise the necessary funds to support the Club's scholarship and bursary program.

I would ask all members to think of successful fundraising activities or events that perhaps were done in the past and that we could repeat. Similarly, if you have new ideas that you have seen done elsewhere that you believe would work for our club, I would appreciate your taking a moment to provide me with this valuable input.

Our Spring Fundraiser has yet to be decided. More details will follow in the next newsletter.

Victoria Pinnell
Chair, Fundraising Committee

SCHOLARSHIP FUND DONATION FORM

Donation Form

MLUWC Scholarship Fund

Charity Registration Number 85457 5289 RR0001

Personal donation ☐

Company donation ☐

For: In Memory ☐

or In Honour ☐

In Memory/In Honour ☐

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You can also make secure online donations using your credit card through CanadaHelps.org. Visit mluwc.com and click on

Thank you for your support!

Donate to the Scholarship Fund.

Making a donation to the MLUWC Scholarship Fund is easy and can be done at any time. Credit card donations are accepted through canadahelps.org. If you prefer, you can write a cheque payable to MLUWC Scholarship Fund, complete the form below and send it along with your cheque to P.O. Box 383, Pointe-Claire, QC H9R 4P3.

REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW) LE CONSEIL DES FEMMES DE MONTRÉAL

"A Voice for Women in Montreal" for 126 Years

It was a very reflective and meditative occasion when, at the ***"Special Holiday Luncheon" on December 5th, 2019***, MCW members and their guests commemorated the *National Day of Remembrance and Action on Violence Against Women* by honouring the ***30th Anniversary of the 1989 École Polytechnique de Montréal massacre***.

Marie-José Potvin, who works at the Canadian Space Agency and is a member of the Zonta Club of Montreal, is a survivor of the massacre. This was the first time in thirty years that she had attended a service to honour her 14 classmates. In a very courageous presentation, she reflected on what this experience has meant to her. She was assisted by her daughter Emmanuelle, who read with great compassion the names of the 14 young women. It was a very special and moving moment indeed!

Following the ceremony, the 53 members and their guests enjoyed a wonderful luncheon, which featured a variety of dishes representing our many cultures. We had interesting and informative presentations by six members of different faiths who spoke of their traditions and celebrations – Dr. Dolly Dastoor – Zoroastrianism; Dr. Chitra Chopra - Hinduism; Alice Solomon and Marilyn Berger - Judaism; Linda Serpone – Christianity; Kiran Omar – Islam.

My sincere thanks to Anne Brohan who helped me with the registration.

UPCOMING EVENT: **Black History Month" Thursday, February 6th, 2020**
with guest speaker, Dorothy Alexandre @ noon (Lunch \$10.00)
at 2700 Rufus Rockhead

SAVE THE DATE: **Sunday, April 26, 2020**

The "Woman of the Year" WOTY Awards Ceremony and Luncheon will be held at the Le Mount Stephen Hotel, 1440, Drummond Street, Montreal

Sheila Goldbloom will be the recipient of the **"Woman of the Year" Award** for her distinguished service to women and elder rights. Her dedication to the community, that spans over 50 years, had prompted the committee to determine that the 2020 WOTY will be a **Life Time Achievement Award**.

Renate Sutherland, MCW Representative

ADVOCACY

Thank you to all the members who so generously contributed suitcases and gift cards for C.A.R.E. jeunesse. We have received 40 suitcases to date and \$1,750 in gift cards!

If you have not yet contributed, and would like to, contact Nancy Doray or Patricia DuVal.



GIFT CERTIFICATE AND SUITCASE DRIVE

Mail gift certificates to: Montreal Lakeshore University Women's Club, P.O. Box 383, Pointe- Claire, QC, H9R 4P3

Donating a suitcase? Contact Anne Brohan at (514) 695-8870 or mluwc1@gmail.com

THE FEMMES AVERTIES / WOMEN AWARE

The Advocacy Committee delegated Anne Brohan and myself to represent the MLUWC at the Femmes Averties/ Women Aware event at Concordia University on Monday, November 28.

The mission of Femmes Averties/Women Aware: Abused women advocating for the Rights and Equality is to assist and empower women who have experienced conjugal violence through, self-help, and advocacy, in order to improve their quality of life and effect social change.

We were grateful to participate and have an opportunity to meet and learn about some of the front-line services for women fleeing abusive situations and/or sexual violence. The groups attending included students of both McGill and Concordia, traditional women's clubs similar to the MLUWC, and some social agencies charged with aiding women in difficult situations. We learned so much from the people involved in this important work. It was also a great opportunity to raise the profile of the MLUWC. We hope to continue our association with Femmes Averties/Women Aware in the future.

Thank you to Renate Sunderland who brought the information about this special day to the Advocacy Committee

Respectfully submitted,
Maria De Wolfe



Anne Brohan and Maria De Wolfe



Anne Brohan and Maria De Wolfe with two representatives of the Femmes Averties/ Women Aware event

Nominating Committee

Once again, it's time to begin the process of selecting the slate of officers for the year 2020 -2021. The following extract from the MLUWC Constitution and By-Laws outlines the steps to be followed.

ARTICLE VIII - Nominations and Elections

1. Elections - Officers and Chairs of committees shall be elected at the Annual Meeting. Ballots shall be used if there is more than one candidate for any office.
2. **The Nominating Committee shall consist of five members chaired by the Past-President;** one member shall be appointed by the Executive at their January meeting and three members shall be elected from the membership at the regular meeting in February.
3. Duties of the Nominating Committee -
 - a. Inform the membership of the available positions at the February General Meeting and provide nomination forms.
 - b. Recommend a candidate for each office. Each nominee must be a member in good standing and must signify her consent to stand for election.
 - c. Send each Club member a copy of its recommendations at least two weeks before the Annual Meeting, plus a copy of Article VIII Section 4 of the constitution, explaining the procedure for additional nominations.
 - d. Present the proposed slate of officers to the members at the Annual Meeting.
4. Additional nominations must be made in writing to the Nominating Committee at least five days before the Annual Meeting, but consent must be obtained first from the nominee and accompanied by the signatures of five members.

If you are interested in serving on the Nominating Committee, please contact me by mid-January.

Linda Sestock



On this page, we announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commissioner of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter3@gmail.com) and note that it is for the Community News page.

LAKESHORE CHAMBER MUSIC SOCIETY CONCERT, FRIDAY JANUARY 31, 2020

The **Lakeshore Chamber Music Society** will present a concert on **Friday, January 31, 2020 at 7:30 p.m.** at Union Church, 24 Maple Avenue, Ste-Anne-de-Bellevue.

The concert will feature Laura Andriani and Isabella Bison on violin, Isaac Chalk on viola, Jan de Vinne on Traverso, and Elinor Frey on cello. They will perform works by Boccherini and Mozart.

Tickets are available at the door- \$20 for adults and \$15 for 60+ and students. After the concert, everyone is invited to an informal reception, with an opportunity to meet the artists. The concerts are sponsored in part by the Conseil des arts de Montréal.

COMMUNITY BREAKFASTS

The Maxwell Seniors' Residence in Baie d'Urfé hosts a free Community Breakfast every Tuesday from 7:30 am - 9:30 am. Everyone is welcome. An occasion to meet new friends!

COMMISSIONER OF OATHS

A Commissioner of Oaths certifies the oath or "solemn affirmation" of a person upon documents such as: diplomas, birth certificates and other records.

This is a free service. If you need a Commissioner of Oaths, please contact either:

Victoria Pinnell (vpinnell@gmail.com) or Jennifer Ferguson (dd.ferguson@sympatico.ca)



Please go to our website - **www.mluwc.com**

Click on the Facebook icon on the bottom right of the home page

We have over 420 likes and 450 followers! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC.

We're also on Instagram



AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated 3000 points. However, recently a very generous person, who wishes to remain anonymous, donated almost 50,000 points. A very respectable amount that our Club can use for different purposes.

We would like to extend our most sincere thanks to this member and encourage others to follow her example.

Please contact either Connie Ellis or Mary Vlahos for more information.



WISHES TO

THANK

**RÉSEAU - SÉLECTION
WEST ISLAND**

For graciously hosting
the monthly meetings of the Executive of the
Montreal Lakeshore University Women's Club.



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INTEREST GROUPS

ADVOCACY

The next Advocacy meeting will be held at 3:30 pm on January 28 at the meeting room in the basement of the Valois Public Library.

Patricia Du Val

BON APPÉTIT

Our next outing will be a mid-winter luncheon at RESTO VIEUX FOUR Manago in Kirkland, scheduled for January 23 at noon. Our thanks to Jane Cowell Poitras and Franca Ferrara for organizing this outing. Details to follow shortly.

Please feel free to join our dining club, especially new members. Everyone is most welcome and it is a marvellous way to get to know the wonderful ladies in our club!

Victoria Pinnell

BOOK CLUB I

Our next meeting is on January 8 at 1:00 pm, at Christa Triendl's home. We will discuss, *Indian Horse* by Richard Wagamese.

Judy Kelley and Marg Nicoll-Griffith

BOOK CLUB II

Please note the change of venue for our first meeting in the New Year. On Thursday, January 23, Marilyn will review *Claws of the Panda*, Jonathan Manthorpe's account of China's clandestine efforts to influence people and politics in Canada. We will meet at Marilyn's home. For directions, parking tips or regrets, please call Marilyn at 514 695-4117. You can also let me know, if you are unable to attend.

May 2020 bring you happiness and lots of great books to read.

Hélène Quaid

CULTURE AND RELIGION

The Culture Club had a successful first meeting at Aryana (food from Afghanistan) and we plan to meet at Le Canal (Egyptian cuisine) on Thursday, January 30 at 6:30. We are about 20 members - a good number for discussion.

Linda Sestock

DUPLICATE BRIDGE

We are meeting on Thursday, January 9 and on Thursday, January, 23. We meet both days at 8:45

Jane Quail

EVENING BOOK CLUB 1

The Evening Book Club 1 will be meeting at 7:30 pm. on Tuesday, January 28 at the home of Heather Hamilton, to discuss the book Pachinko by Min Jin Lee.

Linda Ricketts

EVENING BOOK CLUB 2

Evening Book Club 2 will be meeting at Chapter's on St. John's at 7:00 pm on Tuesday, January 21. We will discuss "The Tattooist of Auschwitz" by Heather Morris.

MUSIC APPRECIATION

Music Appreciation will have its first meeting of 2020 on Thursday, January 9, 10:00 am at Nancy Lloyd's home to prepare for the January 16 MSO concert. This concert will be directed by Kent Nagano and will be preceded by a pre-concert talk at 9:30 am.

Helene Quaid will bring refreshments. Presentations will be as follows: Barbara Sauve, Schubert's "Symphony No 1 in D Major" and his "Viola D 786;" Maria Korab Laskowska, Schubert's "Rosamunde D 797, Ballet No. 2" and "Das Lied in Grunen (Song in the Countryside) D 917." Addie Ciebien will present Joseph Lanner's "Die Schonbrunner, op 200" and Brenda Wisenthal will present Johann Strauss's "Kaiser-Waltz (Emperor Waltz)" op 437.

Maria Cranker

MUSIC HISTORY

The Music History group will launch 2020 on Thursday, January 16, 1:00 pm chez Joan as usual. Following on the Age of Elegance and Sensibility, we will continue Howard Goodall's story of music with episode 4, The Age of Tragedy, and his consideration of the 19th century craze for music that dealt with death and destiny. Sandra will provide goodies.

Joan Dyer

MYSTERY BOOK CLUB

Our January book is "A Gentleman's Murder" by Christopher Huang. We will meet on Wednesday, January 8 at 1:00 pm at Donna Bourne's home and she will review the book.

Gilda Martinello

NETWORKING

Our next event will be Wednesday, February 5th at Studio 77. Our guest speaker will be Christina Minak-Tobin. The topic is: *Handmade Plant Powered Skincare: Reconciling Personal Values and Creativity*. Price is \$20 and includes wine and cheese. Non-members are welcome.

RSVP: by purchasing your tickets through our website event page.

Linda Sestock

PHOTOGRAPHY

We will meet in the afternoon of Tuesday, January 14 at Liliana Perodeau's home. Details will be communicated to members of the group.

Maria Korab-Laskowska

TRAVEL

We meet on January 21 for a very special presentation. Jacek Olek, a participant in the K2 expedition and recipient of the Banff prize will tell us about "The ultimate quest of K2 in winter".

As usual, we meet at Vivalis at 7:00 pm for refreshments and 7:30 for the presentation.

Ann Arial & Maria Korab-Laskowska

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JANUARY 2020

Mon	Tue	Wed	Thu	Fri
		1 	2	3
6	7	8 1:00 Book Club I and Mystery Book Club	9 8:45 Duplicate Bridge 10:00 Music Appreciation	10 Newsletter Deadline
13 Pot-luck Parties	14 2:00 Photography	15	16 1:00 Music History	17
20	21 7:00 Evening Book Club 2 7:30 Travel	22	23 8:45 Duplicate Bridge 12:00 Bon Appetit 1:00 Book Club II	24
27	28 3:30 Advocacy 7:30 Evening Book Club 1	29	30 6:30 Culture & Religion	31

Newsletter Editor: Gilda Martinello mluwc.newsletter3@gmail.com

Proofreader: Janet Ankorn

Deadline for February submissions: Friday, January 10, 2020.