



Newsletter, March 2019

Volume 61, Issue 7

General Meeting

Monday, March 11, 2019

at The Karnak Shriners' Temple
3350 Sources Blvd., DDO

Coffee – 7:00

The Meeting will start at 7:30

***Members'
Night***

An interesting evening in which we meet some fascinating members – some who are new and will speak to us about their volunteer work and others who will show off their creativity!

PRESIDENT'S MESSAGE

February is a busy month. We had a very successful networking event, 27 women braved the freezing rain to come out and mingle with women who work, volunteer and want to make a change in their lives, at Studio 77. This has been a great way to introduce new women to the MLUWC and to bring awareness about our Club to the community. Raising \$200 for the Scholarship Fund is always a bonus.

Not just for lovers, February is also Black History month, and Renate Sutherland (MCW representative) and I attended the MCW luncheon and had the pleasure of hearing the Honourable Marlene Jennings speak about the veiled racism that still exists for black women today. As a club we need to be conscious of unconscious bias that continues to exist today towards all women and advocate for a better world for all of our daughters and grand-children.

New member, Barbara Lewis, was a pleasure to listen too at our monthly meeting.

Please consider being a part of the Executive Committee, either as a co-Chair or as part of an Executive Chair's committee - our Club's continued success depends on you.

See you at the March meeting - a great night to share with your friends - remember Membership is everyone's responsibility.

Linda Sestock

PROGRAM

Our General Meeting in March is always dedicated to our members. This year we have asked a few members to talk to us about their volunteer work. I'm sure it will be a most informative evening and an opportunity to meet some new members as well.

As usual, our General meeting will be held at the Karnack Temple. The meeting will start at 7:30.

Showcasing Members' Talents

If you want to showcase your passion – your work, your volunteer association, your hobbies (e.g., photography, painting, etc.), or anything else, please contact me (gilda.martinello@sympatico.ca) by **Saturday, March 1**.

ADVOCACY

The Advocacy Group welcomed a new member, Mary Vlahos, who brought with her several gift cards that she bought with money left over from the Jaunters Christmas basket collection. THANK YOU, JAUNTERS.

The results of the Survey were discussed. 34 responses were received. We were glad to see that ten members are willing to be interviewed for the newsletter, and 8 are willing to speak at a meeting. We will be in touch.

Sabra reported on her meeting with the FRIENDS OF MENTAL HEALTH, the only West Island organization with support for caregivers. 70-80% of the caregivers are women. Tanya Forward said they need help with planning a wine-tasting event. Any takers? Let us know.

The CFUW Mentoring Initiative will be followed up by Barbara Armbruster.

The **next meeting** will be **Tuesday, March 5 at 3:30 pm** at the TD Bank, St. Charles Blvd.

CONDOLENCES

We extend our deepest sympathy to Judy Flannery and her family on the passing of her husband, Bill.

NOMINATING COMMITTEE

The members of the Nominating Committee are:

Paulette Cargill	paulette50@bell.net
Jane Edwards	jane.edwards@videotron.ca
Carolina Soulié	carolina_soulie@hotmail.com
Andrea Vey	avey@sympatico.ca

The positions to be filled are:

President
Vice-President & Membership Chair
Recording Secretary (this position can be shared)
Hospitality
Interest Groups
Webmaster
Treasurer, Scholarship Fund

If you are interested in serving on the Executive Committee, please contact me directly
(gilda.martinello@sympatico.ca)

Gilda Martinello
Chair, Nominating Committee

FUNDRAISING COMMITTEE

Our Spring **Bingo Bonanza Fundraiser** will be held **Friday, April 12, 2019 from 7:00 p.m. -10:00 p.m.** at the Alexander von Humboldt German International School in Baie d'Urfé.

Tickets will be available for purchase shortly.

Victoria Pinnell
Fundraising Chair

FEBRUARY GENERAL MEETING



Our February general meeting was a very enjoyable evening. One of our new members, Barbara Lewis sang some beautiful love songs, written by women, such as Edith Piaf, Joni Mitchell, and Peggy Lee. She also sang a song that she composed, "The Life I dreamed Of".

COMMUNICATIONS

Our Communications Chair, Sylvie Ghanimé, has been busy with local media. We were once again in The Suburban just before Christmas: our Fundraising Committee and the Bowser & Blue Fundraiser were showcased in Mike Cohen's column. And recently Maria de Wolfe (Chair, Scholarship Committee) and Linda Sestock were asked to speak on the radio regarding the ongoing scholarship applications.

CFUW NEWS

CFUW Pay Equity Workshop

On January 19, CFUW hosted a workshop titled “Negotiating Fair Pay: Empowering Women Entering the Workforce” at the Queen University's Female Leadership in Politics Conference. The workshop shared important statistics such as the number of women working full-time, women’s earnings on average - 26% less than men earn in Canada, and it takes women 15.5 months to earn what a man earns in 12, according to the Ontario Equal Pay Coalition.

It was wonderful to see the participants so engaged, and to listen to their experiences and stories about the gender wage gap and negotiating for a job offer. Overall, the workshop was successful in imparting key facts and statistics about the gender wage gap, in addition to information about the important work being done by CFUW.

Request for Photos for CFUW History Book

When reviewing the photographs that are held at national office to find appropriate ones for the CFUW history book, it has been noted that while there are hundreds of pictures dating from 1980, there are very few prior to that date. CFUW is asking Clubs to send us photos that date before 1980 which might be relevant to the contents of the book. It would be greatly appreciated if you could send the photos to Robin Jackson at cfuwed@rogers.com by February 28, 2019.

Congratulations to UWC of Montréal

whose “Olympes de Parole” contest has been nominated for a 2019 World Summit on the Information Society Prize.

GRADUATE WOMEN INTERNATIONAL NEWS

Bina Roy Project Highlight – The Rwanda Association of University Women (RAUW) Girls Enhanced Learning Project was part of the 2017-2018 Funding Cycle of GWI Bina Roy Partners in Development Programme (BRPID), funded with the generous support of the VGIF (www.vgif.com). The overall goal of the project was to increase girls’ access to and participation in primary and secondary education.

Advocacy - On 3 December 2018, the United Nations (UN) General Assembly adopted a resolution proclaiming 24 January as International Day of Education, in celebration of the role of education for peace and development. A peaceful society and access to education enables women and girls to empower themselves and reach their full potential.

REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW) LE CONSEIL DES FEMMES DE MONTRÉAL

All MCW meetings are held at 2700 Rufus Rockhead, Montreal (near the Atwater Market), usually the first Thursday of the month.

MCW celebrated “Black History Month” with *guest speaker, The Honorable Marlene Jennings*, who, from 1997-2011, represented the City of Montreal’s Notre-Dame-de-Grace-Lachine riding in the House of Commons. In her talk she shared not only personal information, but also her political involvement, notably in the form of her advocacy on employment equity for women, indigenous peoples and ethnic and racial minorities. The treatment of Black Women in Canada continues to be of great concern to her.

When she was elected in 1997, Marlene, of Franco-Manitoban ancestry on her mother’s side and from descendants of slaves in the US on her father’s side, was the first Black woman from Quebec to be elected to the Canadian Parliament. Ms. Jennings was the only Parliamentarian who pushed for equity employment for visible minorities in the public service and oversaw its implementation at the federal level. Sitting on the Committee for Science, Technology and Industry, Ms. Jennings insisted that statistics be kept on female entrepreneurship programs, which often do not receive the same treatment, support or recognition by financial institutions as their male counterparts.

Ms. Jennings enlightened us and in her message to us commented that, while celebrating Black History Month, there are still barriers and that subtle racial discrimination continues to thrive.

Did you know that Canada’s Vertical \$10 bill, introduced in 2018 and featuring Viola Desmond, still awaits the upgrading of many cash-handling machines?

UPCOMING MEETINGS:

- **March 7, 2019** – guest speaker, **Anthony Housefather**, Liberal MP for Mount Royal and Chairman of the House of Commons Standing Committee on Justice and Human Rights. LUNCH will be served at 12:00 noon at the cost of \$10.00 per person, payable at the door. Please advise Shirley Gyles, if you plan to attend at: 450-672-7081 or e-mail; sagyles@sympatico.ca
- **April 4, 2019** –Speaker, **Maylissa**, will address the topic of “Human Trafficking”
- **May 5, 2019** – “**Woman of the Year Luncheon**” at the Mount Stephen Club – recipient is **Chantal Hébert, OC** who is an author, the national affairs writer with the Toronto Star and a guest columnist for *L’Actualité*. She is also a weekly participant on the CBC’s ‘The National’ political panel as well as Radio-Canada’s “Les Coulisse du pouvoir” on television and “Gravel le matin” on Montreal radio.

MCW MEMBERSHIP DRIVE- YOU CAN PARTICIPATE

Your CHANCE TO WIN 2 TICKETS TO “WOMAN OF THE YEAR LUNCHEON”

If you can identify potential members, either as a Federate and/or Individual member to join MCW, then you have an opportunity to win 2 tickets to the “2019 Woman of the Year Luncheon”. For further information, contact Joan Macklin, Membership Secretary at 514-516-9023.

The Montreal Council of Women publishes *an interesting monthly BULLETIN* and has a website:

<http://montrealcouncilwomen.org>

Renate Sutherland, MCW Representative



WISHES TO

THANK

**RÉSEAU - SÉLECTION
WEST ISLAND**

For graciously hosting
the monthly meetings of the Executive of the
Montreal Lakeshore University Women's Club.



Please go to our website - www.mluwc.com

Click on the Facebook icon on the bottom right of the home page

We have over 256 likes! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC.



This will be a new feature in our monthly Newsletter. On this page, we will announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commission of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter2@gmail.com) and note that it is for the Community News page.

LAKESHORE CHAMBER MUSIC SOCIETY CONCERT, FRIDAY MARCH 15, 2019

The **Lakeshore Chamber Music Society** will present a concert on **Friday, March 15, 2019 at 7:30 p.m.** at Union Church, 24 Maple Avenue, Ste-Anne-de-Bellevue. The concert will feature a trio, with Marc Djokic on violin, Dominique Painchaud on cello, and Julien Leblanc on piano. Tickets are available at the door- \$20 for adults and \$15 for 60+ and students. After the concert, everyone is invited to an informal reception, with an opportunity to meet the artists. The concerts are sponsored in part by the Conseil des arts de Montréal.

SOCIAL BRIDGE AFTERNOON WEDNESDAY MARCH 20, 2019

Come and enjoy an afternoon of bridge at the Forest and Stream Club.

Come for Lunch at noon: \$42 – includes lunch, tea, coffee and cookies served all afternoon.

OR

Arrive at 1:30 pm for bridge: \$13 - tea, coffee and cookies.

RSVP: Janet Ankorn (jankcorn@bell.net)

Make cheques payable to Janet Ankorn.

LE NICHOR

Dear members,

I recently started volunteering for an organization that I have found to be an excellent resource as well as very involved in the community. They are totally dependent on donations of all kinds. Seeing the injured birds being cared for and sent back into the wild is quite uplifting.

This is from their website:

“Le Nichoir provides proper care and treatment for injured or orphaned wild birds and releases them back into their natural habitat.

Le Nichoir also provides advice and information about wild birds and their environment through educational programs and annual public events.”

Here is the link to their website for more information: www.lenichoir.org/home/

I am asking for donations of the following items for the Nichoir:

- Boxes of tissues
- Paper towels
- Cleaning products such as bleach, antibacterial dish detergent or clothes detergent (HE)
- Used pillow cases, towels, blankets (not frayed or holey since this could injure the birds if they get caught in it)
- Used kitchen faucet with a sprayer at the tip.

I will be at the **March** meeting if you want to drop off any of these items for The Nichoir.

I strongly recommend you visit their website and even visit the center in the spring and summer. I know that our club's members' generosity knows no bounds so I thank you in advance for your donations.

Paulette Cargill

COMMISSIONER OF OATHS

If you are in need of a Commissioner of Oaths to certify the oath or “solemn affirmation” of a person upon documents such as: diplomas, birth certificates and other records, please contact Victoria Pinnell (vpinnell@gmail.com). This is a free service.

COMMUNITY BREAKFASTS

The Maxwell Seniors' Residence in Baie d'Urfe hosts a free Community Breakfast every Tuesday from . 7:30 am- 9:30 am. Everyone is welcome. An occasion to meet new friends!

LOOKING TO TRAVEL WITH SOMEONE?

Many of us enjoy travelling but do not have anyone with whom to travel. If you find yourself in this situation, please let me know and we can start a group where you can find a travelling companion.
Contact: Nicole Larocque (nicole_d_laroque@sympatico.ca)

INTERNATIONAL WOMEN'S DAY



Date: Saturday, March 16, 2019

Time: 11:30 am – 3:00 pm

ZONTA CLUB OF MONTREAL

cordially invites you to our

ANNUAL INTERNATIONAL WOMEN'S DAY LUNCHEON

KEYNOTE SPEAKER



Penny Rankin

*"The Scared, the Scarred and our
Sacred Duty - Human Trafficking and
Modern Slavery in Canada and Beyond"*

Location: Table 09 Bistro méditerranéen

www.table09.com

9 Place Frontenac, Pointe Claire H9R 4Z7

(with your pass, take Buses 200 and 202)

Tickets: \$60.00 — meal, glass of wine, door prizes


Parking: FREE parking

Cash Bar: 11:30 am — 12:00 pm

RSVP: Reservations of tickets a must by **Tuesday, March 12, 2019** by
online registration - click on link: [Registration Form](#)

E-mail: zcmcommunications@gmail.com

Info: For more information contact Patricia Funnell 514-694-5302 or
Mickey Wernicke 514-630-0138 or by email above

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INTEREST GROUPS

New Mystery Book Club: There is a strong possibility that a second mystery book club will be formed shortly and it would be held in the evening. As leader of the first Mystery Book Club, I will help you get started. This group will most probably meet in the evenings. Please let me know if you are interested in this group. Gilda Martinello (gilda.martinello@sympatico.ca)

ADVOCACY

The next meeting will be Tuesday, March 5 at 3:30 pm at the TD Bank, St. Charles Blvd.

Patricia Duval and Nancy Doray

BON APPÉTIT

As a reminder, our next dinner will be at Restaurant La VERITA in DDO, scheduled for Thursday, February 28 at 6:30 pm. Our thanks to Jane Cowell-Poitras and Franca Ferrara for organizing this outing.

We look forward to visiting Restaurant Table 09 in Pointe Claire on Thursday, March 28 at 6:30 pm. Our organisers are Marilyn Flaherty and Shirley Wick who will be in contact with our diners next month with the details.

If you are looking to visit different restaurants in the West Island and enjoy good company and laughter, please feel free to join our interest group. Everyone is most welcome.

Victoria Pinnell (vpinnell@gmail.com)

BOOK CLUB I

We will be reviewing Alexandre Trudeau's thoughts on his visit to China, in his book, Barbarian Lost. Very timely considering our relations with China today. We will meet on March 13 at 1:00 pm at Jane Quail's. Our reviewers are Renata Bagga, and Hildburg Schleiermacher. Hope to see everyone.

Marg Nicoll-Griffith

BOOK CLUB II

Our March meeting is one week later. We are now meeting on Thursday, March 28 at 1:00 pm at Marilyn Flaherty's home. Marilyn will be reviewing Tears of Salt: a Doctor's Story by Pietro Bartolo and Lidia Tilotta.

Hélène Quaid

DUPLICATE BRIDGE

We will meet on Thursday, March 14 and Thursday, March 28 at Centennial Hall, Beaconsfield at 8:45.

Jane Quail

JAUNTERS

Thursday, March 14, 2019 -- THE WAR FLOWERS EXHIBIT at CHATEAU RAMEZAY IN OLD MONTREAL

An Innovative, Multi-Sensorial Exhibition Exploring Human Nature in the Landscape of War through Floriography, Sculpture and Scent.

Film maker and curator Viveka Melki took her inspiration from a First World War story when Canadian soldier George Cantlie picked flowers from the fields and gardens of war-torn Europe, pressing and drying them within a book and every day sending one home with a short, affectionate note to one of his children in Montreal.

CAR POOLING - Meet at 9.15 for a prompt departure from the Pointe-Claire Plaza parking lot. Driving instructions will be handed out at that time.

TOUR - 10.30. A one hour guided tour of the Permanent Exhibit followed by a Self-Guided Tour of the WAR FLOWERS EXHIBIT.

COST - \$8.00

LUNCH - TBA

REGISTRATION DEADLINE - MARCH 7

RSVP - ORIAN LEGGETT by e-mail at <orianl@bell.net> or 514-457-3731

PLEASE INDICATE: Are you willing to drive?
 Do you need a lift?
 Will you stay for lunch?

Diane Nener and Orian Leggett

MUSIC APPRECIATION

The Music Appreciation Group will meet at 10:00 am, Thursday, March 14 at Carolina Soulie's home. We will have the pleasure of hearing Claire Segal Sergi, violinist and MLUWC member, share some of her career experiences as a long-time member of the Montreal Symphony Orchestra and as a chamber musician.

Maria Cranker

MUSIC HISTORY

The March meeting is scheduled for Thursday, March 14, 1:00 pm, with Gisèle Lambert and Patricia Du Val providing refreshments. As always please let Joan know if you cannot attend

Joan Dyer

MYSTERY BOOK CLUB

At our March 13 meeting, Janet Ankcorn will be reviewing Lynden MacIntyre's The Only Café. Due to the cancellation of our February meeting, we will also discuss No Known Grave by Maureen Jennings. The meeting will take place at Janet's and, as usual, we meet at 1:00 pm.

Gilda Martinello

NETWORKING

Twenty-seven women braved the icy roads to attend our February networking meeting and \$220 was raised for the Scholarship Fund.

Save the date – Wednesday, March 13 at Studio 77 with Jody Gowans-Jennings,
<http://theculturedfoodie.com>.

Linda Sestock

PHOTOGRAPHY

We will meet on the afternoon of Tuesday, March 12. Details as to location and topic will be forwarded to the group at a later date.

Maria Korab-Laskowska and Ann Arial

TETE-A-TETE

Le prochain rendez-vous de groupe Tête-à-tête sera vendredi le 15 mars chez Janet Guay. Nous sommes un petit groupe agréable et aimons parler français. Pensez à nous joindre. Vous serez les bienvenues.

Janet Anderson

TRAVEL

Our meeting will be held at Vivalis at 7:00 pm on Tuesday, March 19. Carolina Soulié and Gilda Martinello will be giving a presentation on their trip to Amsterdam and Baltic Cruise, "The Baltic Sea and the Splendours of Eastern Europe".

Maria Korab-Laskowska and Ann Arial

WINE APPRECIATION I

Bad weather, low temperatures ... Nothing can keep our group from gathering around the table together, looking for new wine discoveries, laughter and fun!

We are meeting on Wednesday, March 20 at Jeannie Hazel's at 7:30.

Please, let us know if unable to come.

Renata Bagga


Advertising space available.

Please contact: mluwc.newsletter2@gmail.com



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MARCH 2019

Mon	Tue	Wed	Thu	Fri
				1
4	5 3:30 Advocacy	6	7	8 Newsletter Deadline
11 7:00 General Meeting	12 Photography	13 1:00 Book Club I and Mystery Book Club 7:00 Networking	14 8:45 Duplicate Bridge 9:15 Jaunters 10:00 Music Appreciation 1:00 Music History	15 9:30 French Conversation
18	19 7:00 Travel	20 7:30 Wine Appreciation I	21	22
25	26	27	28 8:45 Duplicate Bridge 1:00 Book Club II 6:30 Bon Appetit	29

Newsletter Editor: Gilda Martinello mluwc.newsletter2@gmail.com

Proofreaders: Jane Edwards and Heather Trump

Deadline for March submissions: Friday, March 8, 2019