

MLUWC

MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

Newsletter, May 2019

Volume 61, Issue 9

Annual General Meeting And Dinner

Monday May 13, 2019

Arrivals/Cocktails 6:15PM,

Dinner 7:00PM

Olympia Reception Hall
3855-B Boul. St-Jean, DDO

Cannabis

Dr. Anja Geitmann,
Dean of Faculty of Agriculture
McGill University

More details on pages 2 and 3

PRESIDENT'S MESSAGE

There have been many changes throughout my 3-year term, but one constant has been the importance of the members of the MLUWC. I would like to thank you for welcoming me, helping me and encouraging me along the way - the job of President could not be done without each and everyone one of you.

One of my favourite roles as president has been to represent the club in public at various events, sharing our events or scholarships on the radio and with other media to bring awareness to our Club. I am proud to say that we are no longer "**the West Island's best kept secret**".

The West Island is rich with community groups and it has been great to learn about them and how we can help each other - sometimes just letting another member know that there is an organization that can help. In much the same way, we are a richly diverse group and we could profit from sharing our expertise within the group and through mentorship in the community.

The Bingo Bonanza was fun! Nothing like a bit of gambling and candy to make me happy. Raising money for our Scholarship Program is an added bonus.

I hope to see you at the Quebec Provincial AGM, Montreal Council of Women Woman of the Year Luncheon and, of course, our 61st AGM.

Wishing you all a great summer ahead.
Linda Sestock

ANNUAL GENERAL MEETING
Monday May 13, 2019

Arrivals/Cocktails 6:15 PM
Dinner 7:00

RSVP: Monday May 6

Olympia Reception Hall: 3855-B Boul. St-Jean, Dollard-des-Ormeaux

Speaker: Dr. Anja Geitmann, Dean of Faculty of Agriculture, McGill University, will speak on the topic of Cannabis

Dinner: Soup, Salad and your choice of one of three mains:

- Grilled Chicken with mushroom sauce,
- Grilled Salmon with lemon, or
- Pasta Primavera,

Dessert (Tiramisu Cake), Coffee / Tea.

2 Bottles of wine per table, bottled water and unlimited soft drinks included.

Cost: \$50.00; Guests Welcome!

RSVP: Monday, May 6.

We encourage you to purchase your tickets using the PayPal link on the MLUWC website: www.mluwc.com/events This is a safe, secure means of payment. You do not require a PayPal account.

You may also pay by cheque. Please indicate your choice of main course on your cheque and if paying for a guest also indicate their name and choice of main course. **All cheques should be made out to MLUWC.**

Mail cheques to Kathleen McGrath at 18,582 rue Thorburn, Pierrefonds, QC. H9K 1M8. Please allow sufficient time for delivery by Monday May 6.

Kathleen McGrath
Hospitality Chair
mluwc.hospitality@gmail.com

ANNUAL GENERAL MEETING GUEST SPEAKER



Dr. Anja Geitmann,

Dean of Faculty of Agriculture, McGill University

The recent legalization of cannabis has triggered a tremendous amount of economic activity in Canada with an increasing number of companies setting up to produce raw material and derivatives in demand for both pharmacological and recreational markets. The Faculty of Agricultural and Environmental Sciences of McGill University is preparing to set up a high-level training program for those interested in working in the burgeoning industry related to medicinal cannabis. The challenges in the industry range from quality control to the genetics of the plant, its sensitivity to pathogens and its complicated chemistry. Because of the lack of reliable, science-based data on cannabis cultivation and on the effect of the plant's diverse chemical compounds on human health, the recent legislative change has opened novel avenues for research and education.

CFUW NEWS

Three financial motions have been received for consideration and voting at the 2019 AGM to be held in Winnipeg on August 16-17.

Motion 1: National Dues Increase for CFUW

The motion from the Finance Committee to the Board is for a per capita increase of \$6.00 for CFUW.

Motion 2: National Dues Increase for GWI Membership Fees and Support Expenses

The motion from the Finance Committee to the Board is for a per capita increase of \$10 for GWI membership dues and support expenses.

Please note that these two motions will be voted on separately.

Click [here](#) for the Two National Dues Increase Motions.

Winnipeg Motion

A financial motion for AGM 2019 has been received from CFUW Winnipeg. This motion deals with differentiated CFUW dues for members who wish or do not wish to pay GWI dues. The Club has prepared background information for your consideration.

Click [here](#) for the REVISED Winnipeg motion.

Our Club will be voting on these motions at the Annual General Meeting on May 13. Our delegate to the CFUW's AGM in Winnipeg will then vote according to our wishes.

No CFUW Resolutions have been proposed this year. Since it is a federal election year, National Office has sent a list of [possible election issues](#) on which CFUW already has policy. Clubs voted on their 5 most important issues.

Our Club's priorities, as voted on at the March general meeting, are:

- the environment and climate change,
- immigration,
- universal pharmacare,
- pay equity,
- housing and homelessness.

National Office will then prepare background information and questions that can be used in meetings with candidates. More to come, once this information is received.

ADVOCACY

CARE Jeunesse still needs suitcases and bags! Please save them until we can make arrangements to collect them.

They are still looking for Board members, especially with Finance and Law expertise, and in applying for grants. If you can help, let us know.

Youth aging out of care

The petition in support of youth aging out of care is now on *Change.org*. Lionel Carmant, Junior Health and Services minister, will get automatic emails from the website. Please go to this site and sign the petition: <https://www.change.org/p/lionel-carmant-help-foster-children-aging-out-of-the-system-transition-des-jeunes-plac%C3%A9s-%C3%A0-l-%C3%A2ge-de-18-ans>.

Volunteers/Mentors

West Island Citizen Advocacy (WICA) has a youth engagement program aimed at social support. Since all volunteers require a police clearance, which can be time-consuming for individuals, they have set up a system to handle police checks, and matching volunteers/mentors with the youth. Tanya is looking into this.

Bill 21: The MLUWC has prepared a statement against Bill 21: The Montreal Lakeshore University Women's Club is proud to be part of a diverse and multicultural Quebec. The MLUWC is an organization committed to the promotion of human rights and justice. The MLUWC supports the rights of people to express their religion and culture in a free and democratic society in their choice of religious symbols or dress. This right would be denied to some people by Bill 21.

To read the bill, go to this link:

<http://www2.publicationsduquebec.gouv.qc.ca/dynamicSearch/telecharge.php?type=5&file=2009C28A.PDF> .

The next meeting of the Advocacy Group will be Tuesday, May 7 at 3:30. We are looking for a larger meeting room. A notice will be sent if there is a change of location.

Patricia DuVal, Nancy Doray dnd@gmail.com.

FUNDRAISING COMMITTEE

As another year comes to a close, I would like to take this opportunity to sincerely thank our Fundraising Committee: Anne Brohan, Margaret Czalbowska, Astrid Defence, Jane Edwards, Franca Ferrara, Sally Gurekian, Carole Newberry and Mary Vlahos for their invaluable support and dedication.

Over the past few years, fundraising has taken on a whole new dimension. It requires non-profit clubs such as our own to become very creative in how we generate funds for our scholarship and bursary program amidst an ever-challenging market.

Throughout the year we hosted a sold-out fall fundraiser with Bowser and Blue, held profitable monthly raffles and a spring jewelry sale. Our Networking Group had several very well attended gatherings and the Photography Group contributed greatly with the sale of their greeting cards, both of which raised considerable scholarship funds.

This spring we hosted a “Bingo Bonanza” fundraiser which was well received by our membership and the general public. We were also very appreciative of the AvH German International School who gave us free use of their facility and the Baie d’Urfé Rescue Squad who generously provided us with all of the Bingo equipment and personnel for our evening.

The Fundraising Committee is a very exciting group to be apart of, given the diverse nature of the events that we plan and the amazing people with whom we constantly interact. The new season will be upon us shortly, so I would like to invite anyone who feels that this is an area where you may have an interest, to please contact me, so that I may include you in our final meeting planned for June.

Wishing everyone a very happy, restful and safe summer.

Victoria Pinnell (vpinnell@gmail.com)
Fundraising Chair

CONDOLENCES

A long-time member of our club, Betty Gibb passed away on March 18 on the eve of her 97th birthday, after a long battle with Alzheimer’s. We extend our deepest sympathy to Betty’s family. A memorial will be organized later.



AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated 3000 points. However, recently a very generous person, who wishes to remain anonymous, donated almost 50,000 points. A very respectable amount that our Club can use for different purposes.

We would like to extend our most sincere thanks to this member and encourage others to follow her example.

Please contact either Connie Ellis or Mary Vlahos for more information.

Respectfully submitted,
Connie Ellis
Mary Vlahos

REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW) LE CONSEIL DES FEMMES DE MONTRÉAL

“A Voice for Women in Montreal” for 125 Years

The April 4th MCW meeting welcomed guest speaker, Maylissa Luby, Social Worker and Intervention Counsellor with “La Sortie-The Way Out” - www.lasortie.org, a charitable organization working in the health and social services sector in the Montreal area and which provides help and support for victims of sexual exploitation. In her interesting and informative presentation, Maylissa outlined La Sortie’s support services for an alternative to the sex industry. This help and support include access to resources or references personalized according to individual’s needs, individual follow-up to guide the person through the journey out of the sex industry, workshops and training sessions to promote personal growth and social integration.

Did you know that in Montreal? (from “La Sortie” Information pamphlet)

- The city has been identified as a major destination for sexual tourism
- 90% of victims are Canadian residents
- 89% of female prostitutes seek a way out of their current situation
- The average age of recruitment is 13 years old
- 78% of women that have left the sex industry claim to have mental health issues

More information about La Sortie’s important work can be found at www.lasortie.org

UPCOMING: “WOMAN OF THE YEAR LUNCHEON”, Sunday May 5, 2019 at 12:00 noon,

at the Mount Stephen Hotel, 1440 Drummond St. Montreal. Tickets are \$75.00.

Contact Shirley Gyles at 450-672-7081 or Joan Macklin at 514-516-9023 or email MCW at mcwInformation@gmail.com

Award recipient is Chantal Hébert, OC who is an author, the national affairs writer with the Toronto Star and a guest columnist for L’Actualité. She is also a weekly participant on the CBC’s The National “At Issue” political panel as well as Radio-Canada’s Les Coulisse du pouvoir on television and Gravel le matin on Montreal radio. Ms Hébert began her career in Toronto as a reporter for the regional newsroom of Radio-Canada in 1975 before moving on to Parliament Hill for Radio-Canada radio. She has served as a parliamentary bureau chief for Le Devoir and La Presse.

The MCW Annual Meeting will be held on Thursday, May 16th, starting with a Luncheon at 12:00 noon. Please advise Shirley Gyles, if you plan to attend at: 450-672-7081 or e-mail; sagyles@sympatico.ca

The Slate of MCW Board of Directors for 2019-2020 to be presented for approval at the AGM include the names of Chitra Chopra, Secretary and Renate Sutherland, Treasurer.

The Montreal Council of Women publishes an interesting monthly BULLETIN and has a website: <http://montrealcouncilwomen.org>

Renate Sutherland, MCW Representative

MONTREAL COUNCIL OF WOMEN WOMAN OF THE YEAR LUNCHEON

Sunday, May 5, 2019

Mount Stephen Hotel 1440 Drummond St., Montreal, at noon.

Award recipient is ***Chantal Hébert, OC***



Mme Hébert is an author, the national affairs writer with the Toronto Star and a guest columnist for L'Actualité. She is also a weekly participant on the CBC's The National "At Issue" political panel as well as Radio Canada's Les Coulisse du pouvoir on television and Gravel le matin on Montreal radio. Ms Hébert began her career in Toronto as a reporter for the regional newsroom of Radio-Canada in 1975 before moving on to Parliament Hill for Radio-Canada radio. She has served as a parliamentary bureau chief for Le Devoir and LaPresse.

Join us in celebrating this extraordinary woman.

Tickets: \$75.00

Information: Shirley Gyles 450-672-7081 • Joan Macklin 514-516-9023

Email: mcwinformation@gmail.com

*If you wish to carpool for this event, please buy your ticket from MCW **directly** and then let Linda Sestock know so that she can arrange the tables and car pooling. We will be leaving from the Pointe-Claire Plaza.*



WISHES TO

THANK

**RÉSEAU - SÉLECTION
WEST ISLAND**

For graciously hosting
the monthly meetings of the Executive of the
Montreal Lakeshore University Women's Club.



Please go to our website - **www.mluwc.com**

Click on the Facebook icon on the bottom right of the home page

We have over 340 likes! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC.



This will be a new feature in our monthly Newsletter. On this page, we will announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commission of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter2@gmail.com) and note that it is for the Community News page.

ART EXHIBITION

EXPO D'ART



ART EXHIBITION

Intérieur & extérieur
Indoors & Outdoors



DIRECTIONS: A-20 sortie #48
sud boul Saint-Charles, left/gauche boul Beaconsfield
right/droit second stop sign

“Art By The Water”

**Yacht Club de
BEACONSFIELD**
26 Lakeshore
Beaconsfield
H9W 4H3

Avril 26 6pm – 9pm vernissage
Avril 27-28 10am – 5pm



En aide à / In aid of
Fondation du Grand Montréal
Morgan's Hope Fund
Adolescent Colon Cancer Research




CHORALE PHILOMELA SINGERS SPRING'S RHYTHMS OF LIFE...ELECTRIC! ELECTRIC!

The Chorale Philomela Singers will be presenting their spring concert on Saturday, May 4 at Union Church, 24 Maple, Ste-Anne-de-Bellevue from 7:30 pm to 9:30 pm.

As well as on Sunday, May 5 at St Columba by the Lake Church, 11 Rodney Ave., Pointe-Claire from 3:00 pm to 5:00 pm.

Tickets: Children 12 and under: free; Students and Senior: \$12.00; Adults: \$18

BLOOD ORCHID CONCERT – IN OTTAWA, JUNE 15



ZONTA CLUB OF MONTREAL WORKSHOP

Date: Wednesday, May 8, 2019

Time: 6:30 pm – 9:30 pm

ZONTA CLUB OF MONTREAL

cordially invites you to

A NEW WORKSHOP

Entrepreneurship—How to get to the next business level



Ken Ingram
International
Business Coach



Diane Gibb
Business Strategist
Professional
Fundraising Coach

Are you an entrepreneur or are you starting up your own business and wondering how to get to the next business level? Zonta has listened to you and is sponsoring this Spring interactive workshop to help you answer this question and many more.

Ken Ingram, International Business Coach ([The Achievement Center](#)) and Diane Gibb, Business Strategist and Professional Fundraising Coach, ([Marketing à la Carte](#)) will help you find your personal GPS to guide you to your next business move.



Location: On the West Island

[1675 Trans-Canada Hwy, Dorval H9P 1J1](#)

Check the map link above. **Lots of free parking**

Tickets: \$30.00 - cheque or cash at door; *bring a friend for \$20.00*

Light refreshments and networking

Proceeds: All proceeds to benefit **local Zonta projects and scholarships**

RSVP: Please reserve online **ASAP** by May 4 latest

[Online Reservation](#) is necessary to guarantee your seats

Contact: Jeanie Trubiano 514-696-1175

Mickey Wernecke hbwernecke@aol.com.

SPONSORS



COMMISSIONER OF OATHS

If you are in need of a Commissioner of Oaths to certify the oath or “solemn affirmation” of a person upon documents such as: diplomas, birth certificates and other records, please contact Victoria Pinnell (vpinnell@gmail.com). This is a free service.

COMMUNITY BREAKFASTS

The Maxwell Seniors’ Residence in Baie d’Urfe hosts a free Community Breakfast every Tuesday from 7:30 am - 9:30 am. Everyone is welcome. An occasion to meet new friends!



MLUWC MEMBERS

TRAVEL WITH SENIOR DISCOVERY TOURS

AND MAKE \$\$\$\$ FOR YOUR ORGANIZATION

FOR EVERY MLUWC MEMBER WHO TRAVELS WITH US, WE REBATE 4 % BACK TO THE MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB. THIS MONEY CAN BE USED FOR FUND RAISING, CHARITIES....YOU DECIDE. SPREAD THE WORD AND SIGN UP FOR ANY OF OUR WONDERFUL TOURS. PLEASE ADVISE MARIA KORAB LASKOWSKA WHO WILL BE COORDINATING ALL BOOKINGS.

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INTEREST GROUPS

New Mystery Book Club: There is a strong possibility that a second mystery book club will be formed shortly and it would be held in the evening. As leader of the first Mystery Book Club, I will help you get started. This group will most probably meet in the evenings. Please let me know if you are interested in this group. Gilda Martinello (gilda.martinello@sympatico.ca)

ADVOCACY

The next meeting of the Advocacy Group will be Tuesday, May 7 at 3:30 at the TD Bank, St. Charles Blvd, Beaconsfield. We are, however, looking for a larger meeting room. An email will be sent if there is a change of location.

Patricia Duval and Nancy Doray

BON APPÉTIT

Thank you to Shirley Wick and Marilyn Flaherty for organizing last month's dinner at Restaurant Table 09. We would also like to extend our thanks to the restaurant for providing a gift certificate for a future fundraiser.

Our April dinner was a special outing at Le Saucier Dining Room of the Pearson School of Culinary Arts in LaSalle. We had excellent participation from our diners. Our thanks to Anne Brohan and Jane Edwards for suggesting this special venue and organizing the dinner for us.

On May 23rd we will visit **Bistro 1843 in Ile Bizard**, a long-time favourite with our ladies! It required a reservation to be made many months in advance, but it will be well worth the wait. Our organisers are Sylvie Ghanimé and Ginger Brossard who will be in contact with our diners next month with the details.

Victoria Pinnell (vpinnell@gmail.com)

BOOK CLUB I

We will meet on May 8 at 1:00 pm. Our hostess is Nini Singh and we will discuss the book Small Great Things by Jodi Picoult. Our reviewer is Irene Steffen.

Our last meeting will be a pot luck luncheon, at Irene Steffen's home, on June 12 at noon.

Marg Nicoll-Griffith

BOOK CLUB II

On Thursday, May 16, we will meet at Carole's home at 1:00 when Eva will be reviewing The Prague Sonata by Bradford Morrow. We will also be choosing our books for the 2019/20 season.

Hélène Quaid

JAUNTERS -- Wednesday, May 1, 2019

The last Jaunt of the year is on May 1 to the Bibliothèque et Archives nationales du Québec (BAnQ), 475 De Maisonneuve East, Montreal H2L 5C4. The tour will focus on the architecture and design of the building which opened in May 2005.

Car pooling: Meet at 9:15 for a prompt departure from the Pointe-Claire Plaza parking lot. There is metered street parking or underground parking near the BAnQ at a cost (metered: \$2/30 minutes, payment by cash or credit/debit card)

Tour: 10:30 - noon; no cost for the tour

Lunch: La Serenata, 55 Brunswick, DDO at 1:00 p.m. <http://ristorantelaserenata.com/>

Registration deadline: Monday, April 22; limit of 20 registrants for this jaunt

RSVP – Victoria Pinnell by e-mail at vpinnell@gmail.com or 514-803-8063 (cell)

PLEASE INDICATE:

- Are you willing to drive?
- Do you need a lift?
- Will you stay for lunch?
- Your cell number in case we need to contact you on the day of the tour

Gilda Martinello & Victoria Pinnell

MUSIC HISTORY

The Music History group will explore Mendelssohn's contribution to the birth of British music at its May meeting, Thursday, May 9 at 1:00, chez Joan, as always. Nicole Awad and Maureen Rowe will provide refreshments. Please advise if you cannot come.

Joan Dyer

MYSTERY BOOK CLUB

Our final meeting for this year is Wednesday, May 8. We will be heading to Joanne Fraser's home for lunch (12:00) and Marianna will be reviewing our book: The Word is Murder by Anthony Horowitz.

Gilda Martinello

PHOTOGRAPHY

In May, the Photography group will be going to Dianne Robinson's cottage and during summer we will meet occasionally for photo outings.\

Maria Korab-Laskowska and Ann Arial

TETE-A-TETE

Le prochain rendez-vous de groupe Tête-à-tête sera vendredi le 17 mai.

Comme toujours nous allons passer la matinée à faire une sortie en français. Destination à déterminer.

Janet Anderson

WINE APPRECIATION I

Our final meeting will take place at Jeanne Marie's home on May 15. Time will be sent by email.

Hope we all can attend and celebrate ending our season and the beginning of summer in friendship and fun.

Renata Bagga

Advertising space available.

Please contact: mluwc.newsletter2@gmail.com



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MAY 2019

Mon	Tue	Wed	Thu	Fri
		1 9:15 Jaunters	2	3
6	7 3:30 Advocacy	8 1:00 Book Club I and Mystery Book Club	9 1:00 Music History	10
13 6:15 AGM	14	15 Wine Appreciation I	16 1:00 Book Club II	17 French Conversation
20	21	22	23 6:30 Bon Appetit	24
27	28	29	30	31

Newsletter Editor: Gilda Martinello mluwc.newsletter2@gmail.com

Proofreaders: Jane Edwards and Heather Trump

Deadline for September submissions: Friday, August 9, 2019