



## **Newsletter, May 2020**

Volume 62, Issue 8

### **ANNUAL GENERAL MEETING**

**MAY 13, 2020**

**7:00 pm**

Via Teleconference

Great news! We will be having our AGM on May 13 at 7pm!!! Not in person but via Zoom, a video conferencing software.

As well as our meeting, we will have as a guest speaker Carmen Z. Robinson, a clinical psychologist who specializes in Family Therapy. Carmen will talk to us about how to deal with the isolation and loneliness of being quarantined from others, what are "normal" things to feel, what are things to watch out for and how to deal with these feelings.

An email invitation will be sent to you shortly.

If you have questions for Carmen, we will ask you to send them when you register for the AGM.

For those who have never used Zoom before, there will be a dry run on Monday May 11 from 3:00 to 4:00 to give you a chance to join a Zoom meeting and get comfortable with the environment. Nancy Acemian will be hosting the meeting and will help you navigate the environment. Details to follow.

## Carmen Robinson



### **Career Experience:**

*Staff Psychologist, Day Hospital Allen Memorial Institute 1970-1985*

*Started Sexual Dysfunction Unit, Royal Victoria Hospital*

*Abortion Clinic. Royal Victoria Hospital*

*Family Therapy Unit, AMI*

*Private Psychotherapy Practice Individual/Couple/Family. 1985 -2020*

### **Other:**

*Volunteer Psychologist, Trauma Unit. May-September 2003*

*Rabin Medical Center*

*Working with Victims of Suicide Bombings and their Families*

*President, Cultural Mission to Israel, Quebec-Israel Committee. June 2006*

*Cultural Exchange between French Canadian Representatives from the Arts and their Israeli Counterparts*

*Mission to Ethiopia. 2013*

*Accompanied last group of Immigrants to resettle in Israel*

Nancy Acemian  
Program Chair

## PRESIDENT'S LETTER

Dear Members,

Who would have believed that our lives would be turned upside down by this pandemic? After the shock, we have adapted and now I look forward to running upstairs to get to my computer for my book club meeting or for my networking event.

The MLUWC Executive has met 3 times in April to discuss COVID 19 and the upcoming virtual AGM. Because of the restrictions put in place due to COVID 19 and because many of us may be experiencing a loss of income, we decided not to plan any spring scholarship fundraising. I decided to donate the money I would have spent on the AGM dinner to the Fund directly <https://www.mluwc.com/scholarship-fund.html>

To help those who have been affected by the restrictions and have lost their jobs or are not earning what they would normally, the Club has decided to donate \$200 to the West Island Mission - to assist West Islanders affected by COVID 19.

Also, on behalf of the club a donation of \$200 has been set aside for a future CFUW Charitable Fund scholarship to commemorate the tragedy in Nova Scotia.

We hope you take advantage of online meeting options to keep in touch with members and your interest groups. An online event for the club is in the planning stages for June.

Thank you to our phone chain volunteers and to everyone who is still working, or staying home as asked, making calls, making masks or being involved with helping others during this stressful time.

Thank you, Gilda and your committee, for putting together the last newsletter of the 2019-2020 year.

Keep safe and if you have information to share or if you need help please let us know. Together we are stronger.

Ça va bien aller / We will be okay

Linda Sestock  
President

## **MLUWC SCHOLARSHIP COMMITTEE**

I am pleased to announce the names of our university scholarship recipients for 2020-2021.

The Alberta Shearer Scholarship will be given to Narjes Hashemi, Doctoral student in Integrated Studies at McGill University.

The Margaret Manson Scholarship has been awarded to Sarah Daoust- Boucher, Bac en Education (UdeM), and continuing her education at Université Laval in speech therapy.

Both recipients are exceptional students and deserving of these scholarships. We also had many other exceptional applicants, and, as always, making these choices is very difficult.

Thank you to our interview team, Joyce Schaff, Judy Kelly, Cendra Paas, Theresa Sliz and our host Nancy Acemian for a seamless Zoom meeting.

Maria De Wolfe  
Chair

# SCHOLARSHIP FUND DONATION FORM

## Donation Form

### MLUWC Scholarship Fund

Charity Registration Number 85457 5289 RR0001

Personal donation  Company donation

In Memory/In Honour

For: In Memory  or In Honour

Please complete the following:

Honouree Name: \_\_\_\_\_

I enclose my donation of \$ \_\_\_\_\_

Notification Information:

Please make cheque payable to **MLUWC Scholarship Fund**.

Name: \_\_\_\_\_

Tax receipts will be issued for donations of \$25.00 and more.

Address: \_\_\_\_\_

Donor Name: \_\_\_\_\_

City/Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Address: \_\_\_\_\_

City/Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Send to:

MLUWC Scholarship Fund

Email: \_\_\_\_\_

P.O. Box 383, Pointe-Claire,  
QC H9R 4P3

You can also make secure online donations using your credit card through CanadaHelps.org. Visit [mluwc.com](http://mluwc.com) and click on Donate to the Scholarship Fund.

Thank you for your support!

Making a donation to the MLUWC Scholarship Fund is easy and can be done at any time. Credit card donations are accepted through [canadahelps.org](http://canadahelps.org). If you prefer, you can write a cheque payable to MLUWC Scholarship Fund, complete the form below and send it along with your cheque to P.O. Box 383, Pointe-Claire, QC H9R 4P3.

## **HAPPY BIRTHDAY!**

Congratulations to Hildburg Schleiermacher who will be celebrating her 102th birthday on May 6!



## **CARE JEUNESSE PETITION**

### **Support offered to young people leaving foster care at the age of 18**

If you haven't already signed the petition to the provincial government to increase their support to young people leaving foster care at 18, please go to <https://www.assnat.qc.ca/en/exprimez-votre-opinion/petition/Petition-8321/index.html>

The deadline is June 11 and less than 300 people have signed.

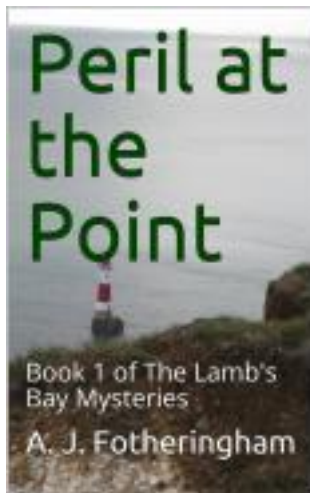
If we want to influence the government about this situation, we need to have many more signatures. Please sign and ask your family and friends to do the same.

## **CONDOLENCES**

We extend our deepest sympathy to Leah Wanda Trineer on the passing of her father in April.

## MEMBER NEWS

Anne Fotheringham, one of our members who spoke at Members' Night in March, has published her latest mystery, [Peril at the Point](#). It is available on Amazon as a Kindle e-book (see link below). Anne hopes to have the paperback version available for pre-order by early May.



<https://www.amazon.ca/Peril-Point-Book-Lambs-Mysteries-ebook/dp/B0876H62H6>

Anne thanks everyone for their interest in her book and if you want to learn more about her, check out her website at [www.ajfotheringham.com](http://www.ajfotheringham.com). She also has an author page on Facebook under AJ Fotheringham.

## INTEREST GROUPS

Despite the fact that we can no longer meet in person, a few of the interest groups have met virtually.

If you are interesting in having your interest groups "meet" this way, please let Nancy Acemian know by sending an email to [mluwprogram@gmail.com](mailto:mluwprogram@gmail.com) with the date and time of your meeting. She will let you know if that time slot is available and then send you the information on how to join the meeting which you can share with your members. She will be there at the start of the meeting (and stick around if need be) to help everyone get familiar with the environment.

It is a lot of fun to see your peers. You can knit and chat, talk about your books, discuss the wines you have been tasting or just reconnect.

### **ADVOCACY**

We had our first Zoom meeting on April 30.

Patricia Du Val

### **BOOK DISCUSSION 2**

We will be having our first virtual meeting on May 21 to discuss *The Where the Crawdads Sing* by Delia Owens. We have already selected our reads for next year.

Helene Quaid

### **EVENING BOOK CLUB 1**

We have already held two Zoom meetings to discuss our books. We met to discuss *The Farm* by Joanne Ramos. Our last meeting of the year is scheduled for May 26. We are also thinking of meeting during the summer to keep in touch.

Linda Ricketts

### **EVENING BOOK CLUB 2**

We will be meeting on May 19 to discuss *The Home for Unwanted Girls* by Joanna Goodman. This will be our second meeting using Zoom.

Amy Dhindsa



### **MYSTERY BOOK CLUB**

We had our first Zoom meeting in April to discuss *The Woman in the Window* by A.J. Finn. Our next Zoom meeting is on May 20 to discuss our last book of the year, *Rupture* by Ragnar Jonasson. We plan on meeting during the summer to talk about good books – mystery and other – that we are reading or movies or shows on TV that are worth watching.

Gilda Martinello

### **NETWORKING**

We had our first Zoom meeting on April 29, 6:30-7:00 virtual cocktail, meeting starts at 7:00. Another meeting is scheduled for the end of May.

Linda Sestock

### **TETE-A-TETE**

We will be holding our first meeting via Zoom on May 8.

Janet Anderson

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***If you are interested in advertising for the upcoming year,  
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