# MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

### Newsletter, May 2021

Volume 63, Issue 9

#### **Annual General Meeting**

Wednesday, May 12, 2021

Via Zoom

#### **Guest Speaker**

#### **TBA**

**7:00** – Join your MLUWC friends for some chit-chat

7:30 – Start of business meeting

8:00 – Guest speaker

Information on speaker and Zoom sign-in will be sent shortly

#### PRESIDENT'S LETTER

Spring is in the air! Crocuses and daffodils are pushing up through the ground, and the trees are showing the faintest hint of buds to come. We have been blessed with unseasonably warm days.

Most of us have had the first dose of the Pfizer, Moderna or AstraZenica vaccines, and have our appointment dates for the second dose. All these things are good for the morale!

Three years ago, around this time of year, we were together celebrating our 60<sup>th</sup> Anniversary! Our 63<sup>rd</sup> AGM will be held on Wednesday May 12<sup>th</sup>. While we will not be chatting with friends over pre-dinner cocktails, or enjoying a nice meal together, we can still make it festive with a glass of wine on the table and a special guest speaker on the screen! I look forward to "seeing" you there. The Gina Cody fundraiser was a huge success and she was so inspirational. I look forward to see you at the Jennifer Robson fundraiser in support of the Scholarship Fund. Tickets are only \$25 and charitable receipts will be available.

This is our last newsletter for this year, and I would like to take this opportunity to thank Gilda Martinello for all her work, putting the Newsletter together each month. In these difficult times, the Newsletter has taken on an even more important role, by keeping us all connected when we cannot get together in person.

Take care and stay safe, Jane Cowell President

#### **PROGRAM**

#### **WEDNESDAY, MAY 12**

(Remotely via Zoom)

#### **TBA**

Information re the speaker will be sent shortly

#### **WEEKLY COFFEE TIME**

Join us for the MLUWC weekly Zoom Coffee Break.

No registration required.

Come as you are with your favourite beverage!

#### We will have a different theme each week.

You can participate in the theme or not. The idea is to have a starting point for our exchanges.

When: Weekly on Wednesdays

**Time**: 10:30 a.m.



#### **FUNDRAISING COMMITTEE**

The Montreal Lakeshore University Woman's Club (MLUWC) Scholarship Fund encourages education and life-long learning by awarding scholarships and bursaries to qualified and deserving West Island women. To this end we are striving to meet our new 2021 Scholarship Fund objective of \$12,000 up from \$9,800 last year. Thanks to the generosity of our members and long-time supporters, we are delighted to report that we have surpassed this objective with a new total of \$13,342.

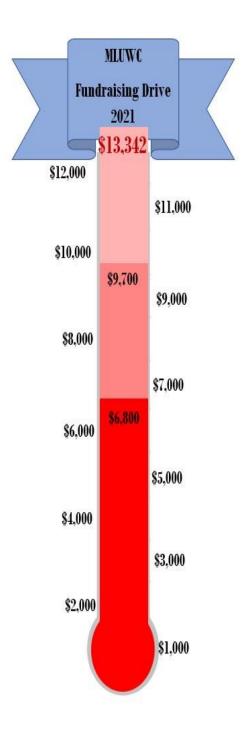
We encourage our members to continue supporting the Scholarship Fund through the **Fundraising Drive** which has been in effect since early February and will continue throughout this month. Donations may be made through **Canada Helps** or a cheque may be made payable to the **MLUWC Scholarship Fund**. Tax receipts will be issued for amounts of \$25 or more.

We are also pleased to report that we had a very successful fundraising evening in April, "A Night of Inspiration" with Dr. Gina Cody. There were 71 tickets sold and many donations received by those who were not able to attend. In lieu of the customary honorarium paid to guest speakers, a donation was made to the Gina Cody School – Equity, Diversity and Inclusion Fund. A random draw was also made for Peter Mansbridge's book, "Extraordinary Canadians", featuring a chapter on Gina Cody. The lucky recipient was Linda Ricketts, one of our club members.

We are also looking forward to next month's fundraiser. Well-known author Jennifer **Robson** who wrote "**The Gown**" in 2018 and most recently "**Our Darkest Night**" in 2021 will be speaking to our Club on **Thursday, June 10**<sup>th</sup> from **7:00** p.m. – **9:00** p.m.

Please refer to the **Event** tab on the **Home** page of our website <u>www.mluwc.com</u> for more information and registration details.

Victoria Pinnell
Fundraising Chair (vpinnell@gmail.com)



## **SCHOLARSHIP FUND DONATION FORM**

Donation Form					
MLUWC Scholarship Fund					
Charity Registration Number 85457 5289 RR0001					
Personal donation Company donation  In Memory/In Honour  I enclose my donation of \$	For: In Memory or In Honour  Please complete the following:  Honouree Name:  Notification Information:				
Please make cheque payable to <b>MLUWC Scholarship Fund</b> .  Tax receipts will be issued for donations of \$25.00 and more.	Name:				
Donor Name:	Address:				
Address:	City/ProvPostal Code				
City/ProvPostal Code	Send to: MLUWC Scholarship Fund P.O. Box 383, Pointe-Claire, QC H9R 4P3				
You can also make secure online donations using your credit card through CanadaHelps.org.					
Visit <u>mluwc.com</u> and click on: Donate to the Scholarship Fund.	Thank you for your support!				

#### CONDOLENCES

Our sympathies are extended to Lorraine Retfalvi and her family on the passing of her husband, Stephen, on March 16. They had been married for 53 years.

Our condolences are sent to Renate Sutherland and her family on the passing of her husband, Graeme. A celebration of Graeme's life will be held at Cedar Park United when it is safe to gather together. Renate was President of our Club from 1986 to 1988 and she has held several positions within the Club. She is also on the board of the Montreal Council of Women.

#### **COMMISSIONER OF OATHS**

A Commissioner of Oaths certifies the oath or "solemn affirmation" of a person upon documents such as: diplomas, birth certificates and other records.

This is a free service. If you need a Commissioner of Oaths, please contact either:

Victoria Pinnell (vpinnell@gmail.com) or Jennifer Ferguson (dd.ferguson@sympatico.ca)

#### **THANK YOU**

As Editor, I normally don't write anything personal in the Newsletter. But since this is the last issue of the Newsletter that I will be editing, I want to thank all of you who sent me information to include over the past three years. The success of the Newsletter is because of your contributions.

I'd like to particularly thank Jane Edwards and Janet Anckorn for their work in proofreading the newsletter. Any errors that may have appeared in the newsletters are mine alone.

Thanks are due also to Carolyn Cunnison who mailed paper copies of the newsletter to those members who do not have access to email.

Gilda Martinello Editor, MLUWC Newsletter

#### **CFUW 2021 POLICY RESOLUTIONS**

The following four policy Resolutions are proposed for consideration at the 2021 National AGM in June:

Resolution 1: Single-use Plastics and Plastic Packaging (CFUW Nepean)

Resolution 2: "Right to Repair" for Large Household Appliances (CFUW Cape Breton)

Resolution 3: Canada's Opioid Crisis (Montréal Lakeshore)

Resolution 4: Post-Pandemic Recovery for Women in Canada (CFUW International

Relations Committee)

These Resolutions were discussed at the April Advocacy open meeting. They will be voted on at our AGM on May 12. (Note that since they have already been discussed, we will not be discussing them at the meeting, only voting.) The full text and background information is available on the CFUW website, or from any member of the Advocacy Committee. It will also be sent to you when you register for the May AGM.

Patricia DuVal Mary Vlahos CFUW Liaisons



# "A Voice for Women in Montreal" for 127 years montrealcouncilofwomen.ca Depuis/Since 1893

**UPCOMING MAY PROGRAM EVENT:** from the comfort of your home via ZOOM

The ANNUAL GENERAL MEETING of the Montreal Council of Women will take place on

Thursday, May 20<sup>th</sup>, 2021 at 12:00 noon

To be immediately followed by the "Woman of the Year Celebration 2021".

MCW will honour an MCW "Unsung Champion" *MIRANDA POTTS, Community Health Advocate and Outreach Worker for Seniors*, for being an outstanding advocate and intervention worker in the Montreal borough of Notre-Dame-de Grace (NDG-CDN)

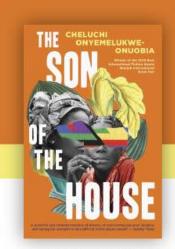
Registration required by May 13. Space is limited, so please be sure to register early.

To attend this event, please register on-line at <a href="https://montrealcouncilofwomen.ca/en/events/">https://montrealcouncilofwomen.ca/en/events/</a>
The ZOOM link will be sent before the event.

Traditionally, the WOTY celebration is MCW's one major fundraising event which we host each year. As there will be no such gala, we urge all participants and well wishers to donate as they can. Part of your donation will be given to a charity of choice of our WOTY winner Miranda Potts.

For more information, please EMAIL: mcwinformation@gmail.com

Renate Sutherland MLUWC Representative to MCW



# THE SON OF THE HOUSE

A STORY OF RELATIONSHIPS, GENDER AND CHANGING TRADITIONS



#### CONTEMPORARY AFRICAN VOICES • WEDNESDAY, MAY 5 • 12:00-1:30 PM ET

Join us for the launch of Contemporary African Voices, a webinar series shining a light on acclaimed sub-Saharan writers. The series aims to amplify African voices and to educate by introducing stories deeply rooted in Africa written by Africans. We come to know a country by reading its writers.

Travelling virtually to Lagos, Ismaila Alfa will welcome Cheluchi Onyemelukwe-Onuobia, for the release in Canada of her debut novel, *The Son of the House.* Pulsing with vitality and intense human drama, the novel is set against four decades of life in vibrant Nigeria, celebrating the resilience of women as they navigate and transform what still remains a man's world.



#### DR. CHELUCHI ONYEMELUKWE-ONUOBIA • KEYNOTE SPEAKER

Dr. Cheluchi Onyemelukwe-Onuobia is a Nigerian health lawyer, academic and writer trained in Nigeria and Canada who works in the areas of health, gender and violence against women and children. She holds a doctorate degree in law, specialising in Health Law, Ethics, and Policy from Dalhousie University, Canada. Dr. Onyemelukwe-Onuobia is passionate about improving health outcomes in Nigeria and other developing countries, using both law/policy instruments.

#### ISMAILA ALFA · HOST

Ismaila Alfa, a CBC Radio broadcaster and journalist, hosts Toronto's top-rated morning radio program, METRO MORNING. Raised in Nigeria and Winnipeg, he studied civil engineering and toured Canada and the United States as a hip hop musician for almost a decade before joining CBC Radio in Winnipeg in 2008.





#### SCOTT FRASER • PUBLISHER

Scott Fraser, the President of Dundurn Press, obtained the North American rights for The Son of the House. He will introduce the author and explain why he made the decision to publish an African voice and story.

There is no charge for this event; however, we welcome and appreciate all donations made to the Grandmothers Campaign supporting the Stephen Lewis Foundation. African grandmothers are grappling with the devastating double impact of HIV/AIDS and COVID-19.

For more information contact: maureensurprise@icloud.com

REGISTER HERE

DONATE NOW













#### WIAIH's Recreation Department is now hiring DAY CAMP ANIMATORS for the Summer

All Day Camps are located on the West Island. Campers are grouped by age, and camps are offered to schoolage children, teenagers and adults with an intellectual disability or an autism spectrum disorder.

#### Qualifications:

- Available for the entire length of the position, from June 21 to August 20 (Monday to Friday from 8:30 a.m. to 4:30 p.m.);
- Team player;
- Bilingual;
- Experience in leisure/recreation field an asset;
- Must be 18 years old or older.

#### **Responsibilities include:**

- Planning and implementing creative, fun and constructive activities;
- Being responsible for the health, safety and welfare of the participants;
- Following COVID-19 protocols as per the Public Health directives.

Training will be provided.

Interested applicants should send their CV to: recreation@wiaih.qc.ca

Only selected applicants will be contacted for an interview.

The number and type of positions available may vary based on how the pandemic situation evolves.

# **Cheerios**



#### **FREE SUNFLOWER SEEDS**

Help us continue to create a bee-friendly world by planting sunflowers!

If you are interested in becoming more bee-friendly, go to the Cheerios website: <a href="https://www.cheerios.ca/bringbackthebees/">https://www.cheerios.ca/bringbackthebees/</a>

No Purchase Necessary. Limit: up to four (4) Seed Packets per person/household. Offer valid until August 31, 2021, or while quantities last. Offer is available for Canadian shipping addresses only.



#### Please go to www.facebook.com/MLUWC

We have over 500 likes and over 600 followers! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC



# We're also on Instagram



#### AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated 3000 points.

Please contact either Connie Ellis or Mary Vlahos for more information.

#### **INTEREST GROUPS**

#### **ADVOCACY**

On Thursday, May 6 at 7:30 pm, we will be holding the last meeting for this year. Anyone who is interested in advocacy is welcome to attend. We will be happy to see you and hear any suggestions you have for next year's mandate.

It was a pleasure working with all of you. Hopefully, next year we can meet in person. Have a great summer and stay safe.

Mary Vlahos and Patricia Du Val

#### **BOOK CLUB I**

We will be meeting via zoom on Wednesday, May 12 at 1:00 pm to discuss the book, Quintland Sisters by Shelley Wood, a fictional historical novel about our famous Dionne Quintuplets. An interesting look inside an exploited situation and windfall of cash during the depression. The remaining Quints turned 87 this April. Hope to see you all in May.

Marg Nicoll-Griffith and Judy Kelley

#### **BOOK CLUB II**

We will have our last meeting of the season on Thursday, May 20 at 1:00 pm. It will be held virtually on Zoom. Susan Pick will review <u>The Push</u> by Ashley Audrain, a tense psychological drama about the making and breaking of a family, and about a woman whose experience of motherhood is nothing that she hoped for, and everything she feared. Please let me know if you are unable to attend.

Hélène Quaid

#### **EVENING BOOK CLUB 1**

Next meeting for Evening Book Club 1 will be on Tuesday, May 4 at 7:30 pm on Zoom. We will be reviewing the book <u>The Other Einstein</u> by Marie Benedict. In the next few weeks, members will be submitting their suggestions for the 2021-2022 book list choices.

Linda Ricketts

#### **EVENING BOOK CLUB 2**

The group will be meeting on Tuesday, May 18 at 7:30 pm to discuss <u>American Dirt</u> by Jeanine Cummins.

#### MYSTERY BOOK CLUB

Janet Ankcorn will be reviewing our last book of the year: <u>The Decent Inn of Death</u> by Rennie Airth. We will meet on Wednesday, May 12 at 1:00 pm.

We will continue to meet during the summer months and these are the books we will be reading: <u>The President is Missing</u> by James Patterson and Bill Clinton (June); <u>The Rose Code</u> by Kate Quinn (July); and <u>The Kitchen Front</u> by Jennifer Ryan (August).

Gilda Martinello

#### **PHOTOGRAPHY**

The Photography group has completed its Zoom meetings for the year. Starting in May, we will go on outings. Information with details about these outings will be sent to members directly.

Maria Korab-Laskowska

#### **TETE-A-TETE**

French Conversation is meeting on Zoom on Friday, May 21 at 9:30 am.

Janet Anderson

#### TRAVEL

The last Zoom meeting for the season was held in April, so there will be no meeting in May.

Maria Korab-Laskowska and Ann Arial

## Advertising space available.

# Please contact: mluwc.newsletter3@gmail.com







For anyone who has had even a fleeting interest in singing, Please visit my YouTube channel, Singing after 40! (or 50 or 60!).

https://www.youtube.com/channel/UCYwNUSoa4KPNyupvpkYRzcQ



May 2021

Mon	Tue	Wed	Thu	Fri
3	<b>4</b> 7:30 Evening Book Club 1	<b>5</b> 10:30 Coffee Break	<b>6</b> 7:30 Advocacy	7
10	11	12 10:30 Coffee Break 1:00 Book Club 1 and Mystery Book Club 7:00 Annual General Meeting	13	14
17	7:30 Evening Book Club 2	19 10:30 Coffee Break	20 1:00 Book Club 2	9:30 French Conversation
31	25	26 10:30 Coffee Break	27	28

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**Proofreaders: Janet Ankcorn and Jane Edwards**