



Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, February 2018

Volume 60, Issue 6

General Meeting Monday, February 12, 2018

at
The Karnak Shriners' Temple
3350 Sources Boulevard, DDO

Coffee - 7:00 pm
Meeting - 7:30 pm

Topic:

**Radical Rest Homes: A Senior Housing
Shake-Up**

Guest speaker:

Janet Torge

Please see page 2 for more details

*Happy
Valentine's
Day*

President's Message

Mother Nature has certainly done her best to make January 2018 a memorable one. First we froze the first week of January and then our Potluck Day was hit with a snowstorm. Fortunately, this did not deter our enjoying the Potluck events. I always enjoy meeting and getting to know my fellow Club members this way.

2018 is a big year for us and we are busy working on our 60th Gala (more information is being shared in the newsletter along with a request for volunteers to help at the event). If you or someone you know would like to be a sponsor, please let me know.

The network group is a great success; contact Marlene Whittome for future events. This is a great opportunity to introduce people to the Club.

February is a great time to let the Nominations Committee know if you would like to join our Executive. Our meetings are quick and sometimes fun!

The **Scholarship Committee** will be accepting applications for the 2017-18 Scholarship recipients (more info at mluwc.com)

We are continuing to collect for C.A.R.E. Jeunesse. Please see the ad on page 10.

Despite the cold, snow and rain there are many activities to help keep you warm and busy. Don't forget to share your group's information with the Newsletter and Website Committee. We will also share information and special events on our Facebook page.

Don't forget to communicate with Paulette Cargill if you would like to carpool to the monthly meeting.

Linda Sestock

mluwc1@mluwc.com

To donate to our Scholarship Fund at any time go
to
http://mluwc.com/scholarship_fund.html

PROGRAMME COMMITTEE

Monday, Feb. 12th – Janet Torge: “Radical Rest Homes: a Senior Housing shake-up”



Janet Torge currently wears the hats of a television documentary producer, bookkeeper, archivist and prenatal teacher. In past careers, she’s been a radio talk-show host and traffic reporter, Montreal Gazette columnist, author, construction site manager, software manual creator and co-founder of the first rape relief centre in Canada.

Radical Resthomes was conceived when her friends put her in charge of their senior housing some 30 years ago. The vision has changed considerably since then, and Janet has aged - along with everyone else - but she never lost sight of the idea and is determined to foster more and more self-directed housing projects in the future.

March is Members’ Night!

March “Members’ Night” Participants needed

If you would like some table space in order to promote, demonstrate, raise as an issue, something that you think the members should know about or could benefit from at the March meeting, please contact Marianna Newkirk to reserve either a half or a whole table at the February meeting or by phone or email. **Deadline** for the reservation of tables is March 5th.

Marianna Newkirk
Chair, Programme Committee



CFUW

UNCSW62 – Written Statement on the Empowerment of Rural Women and Girls

In the preparation leading up to the sixty-second session of the Commission on the Status of Women (UNCSW62), CFUW prepared a statement on the challenges for women and girls living in rural and remote areas in accessing services.

The statement ties in with this year's priority theme: **Challenges and opportunities in achieving gender equality and the empowerment of rural women and girls.**

[Read the statement here.](#)

CFUW will be sending a delegation to attend this high-level meeting in March.

Inquiry into Missing and Murdered Indigenous Women and Girls

In reaction to the latest defection of executive director, Debbie Reid, from the Inquiry into Missing and Murdered Indigenous Women and Girls, CFUW made several recommendations, based on those of Native Women's Association writing: **'There is an urgent need to put the families at the center of the inquiry and give them space to share their stories through a respectful, culturally sensitive and trauma-informed process'** and recommended that it:

'Work in close collaboration with the families of MMIWG, Indigenous communities and relevant stakeholders with the goal of empowering Indigenous women and families; and,

Build trust with the families and the communities through effective communication and outreach strategies, including hiring community outreach specialists and providing funding for onsite Indigenous organizations.'

Advocacy

Five **"Intents to Propose a Resolution"** were received by the November 15th deadline. Proposers have until January 15th, 2018 to actually submit the resolution.

1. Proposed by the Perth and District Club:
Repealing the Safe Third Country Act between Canada and the U.S.
2. Proposed by CFUW-Ottawa:
Increase in affordable housing for seniors.
3. Proposed by CFUW B.C. Council:
Support for Youth Aging Out of Care
4. Proposed by CFUW Nelson & District:
Equal Access to Provincial Education Curricula for Women and Children living in closed religious communities.

We will be discussing the resolutions once they are finalized

Nancy Doray & Patricia DuVal
Vice Presidents & CFUW Liaisons

HOSPITALITY

Christine Hamilton has resigned as chair of the hospitality committee effective December 12, 2017. On behalf of the executive and membership of MLUWC we say a huge thank-you to Christine for her 21/2 years of service in this position.

Kathleen McGrath, who has co-chaired with Christine since September, has assumed the position of chair of the hospitality committee and is looking for helping hands. If you are willing to help at upcoming meetings and events please email Kathleen at kathleenmcgrath01@gmail.com with your name, email and telephone number.

Kathleen McGrath
Chair, Hospitality Committee

MLUWC SCHOLARSHIP FUND

In response to the large number of donations received from friends and family in memory of past president Corinne Thompson, the Scholarship Fund Committee would like to offer a one-time \$1,000 bursary to a John Abbott College science student.

The following motion was presented and approved by the Executive on January 15th. This motion will be presented to the membership at the February General Meeting.

Motion: That MLUWC offer a \$1,000 one-time bursary in memory of Corinne Thompson. The bursary shall be awarded to a John Abbott College student studying Science or Honours Science.

Thank you for your continued support of our Scholarship Fund.

Heather Hamilton
Chair, Scholarship Fund

60th Anniversary Gala Dinner

Our club will be celebrating its 60th anniversary at a Gala Dinner on **Wednesday, April 18th, 2018**. It will be held at the **Casa Grècque - Olympia Reception Hall, 3855 Boul. St. Jean, Dollard-des-Ormeaux, H9G 1X2**. Cocktails (cash bar) at 6:15 p.m. and Dinner at 7:00 p.m. Entertainment by comedian Lorne Elliott. Members and their guests are most welcome. Tickets will be available for purchase in February at www.mluwc.com for \$60.00.

Help Wanted: 60th Anniversary Gala

MLUWC's 60th Anniversary Gala on April 18 will be here before we know it. And we will be looking for some volunteers to help out.

If you are a new member, or haven't been active lately, this is an opportunity to be involved in a short-term initiative and get to know other members. (Or if you just want to help make the event a success!)

Can you help with getting the decorations ready?

Would you like to make a few telephone calls?

Can you help on the big night with a minimum amount of setting up, taking tickets or greeting guests?

Or could you be our volunteer coordinator for this event?

If you answer yes to any of these questions, or if you need more information before you decide, please contact Patricia DuVal.

60th Anniversary Organizing Committee

POT LUCK DINNERS



JANUARY 8, 2018

The weather outside was frightful but the potlucks were so delightful!

January 8, 2018 saw continuous snow that kept a few people home but we still had more than 70 participants enjoying 4 lunches and 6 dinners around the West Island and as far away as Hudson. And much camaraderie.

For 25 years this event has allowed us to put a name to faces we see at the monthly meetings, find commonalities, share stories and laughter.

Our hostesses and their assistants stepped up, cleared driveways and gave warm welcomes. Our thanks go to you all for your work and hospitality:

Hostesses

Sabra Ledent
Kate Le Maistre
Margaret Vost
Sally Gurekian
Judy Paquin
Pamela Deans
Mary Jo Gascon
Elizabeth Semmelhaack
Judy Couillard
Jeannie Hazel

Assistant Hostesses

Joyce Schaaf
B. J. Bell
Judy Flannery
Mary Vlahos
Helen Findlay
Jane Quail
Nancy Lloyd
Kerstin Birch
Christine Hamilton
Jane Cowell

Linda Ricketts and Jeannie Hazel

Potluck meal co-ordinators

If you took photos please send them to Janet Ankcorn (jankcorn@bell.net)

CONDOLENCES

The members of MLUWC extend their sincere condolences to **Diana Nevins** on the loss of her beloved husband, Bob, on January 12, 2018.

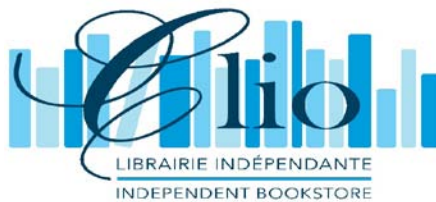
Special Anniversary Project

As part of our 60th Anniversary celebrations, Mary Vlahos and the members of the Anniversary Committee have approached some local merchants to offer discounts to our MLUWC members. The following merchants have confirmed what discounts they are prepared to offer:

Maurizio's on St.Charles Blvd. 10% off any regular priced meal.

Richer Jewellers Dorval is offering MLUWC members a 15% discount on any in-store merchandise at regular price.

Librairie Clio is offering a 15% discount.



Lindt Chocolate Pointe Claire will offer a **25% discount**. See card below.



Boutique Gourmande Sorella will offer a 10% discount. See card below



TRAVEL WITH SENIOR DISCOVERY TOURS AND MAKE \$\$\$\$ FOR YOUR ORGANIZATION. FOR EVERY MLUWC MEMBER WHO TRAVELS WITH US, WE REBATE 4 % BACK TO THE MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB. THIS MONEY CAN BE USED FOR FUND RAISING, CHARITIES....YOU DECIDE. SPREAD THE WORD AND SIGN UP FOR ANY OF OUR WONDERFUL TOURS. PLEASE ADVISE MARIA KORAB LASKOWSKA, WHO WILL BE COORDINATING ALL BOOKINGS.

THE LEADER IN TOURS
FOR THE 50 + TRAVELLER

CALL FOR A FREE BROCHURE
514-344-4500 OR 1-800-268-3492
1828 Sherbrooke St. West
Montreal H3H 1E4



FUNDRAISING

Thank you to those members who responded to our committee's request with fundraising suggestions for next season. Please keep those ideas coming, as they are most appreciated.

The 60th Anniversary Gala Dinner scheduled for Wednesday, April 18th, 2018 will replace our Spring Fundraiser normally held at this time of the year.

Victoria Pinnell
Chair, Fundraising Committee

REPORT FROM THE MONTREAL COUNCIL OF WOMEN

"A Voice for Women in Montreal" since 1893

This year the ***MCW programs' THEME*** will touch on various aspects dealing with Health in the community, including Mental Health.

UPCOMING:

- ✚ **MCW Meeting: Thursday, February 1, 2018**
Address: 2700 Rufus Rockhead (near Atwater Market)
Guest speaker: Lynn Harris, Family Peer Support Worker at the Jewish General Hospital's Psychiatric departments.
Mrs. Harris will speak about her work and how AMI-Quebec reaches out from within the hospital to support Caregivers.

A light lunch will be served at 12:00 noon, followed by the speaker at 1:00 p.m.

Price: \$10.00 per person payable at the door.

Please advise Shirley Gyles, if you plan to attend at: 450-672-7081 or e-mail: sagyles@sympatico.ca

- ✚ The ***"Woman of the Year Award 2018"*** event with special guest, Margaret Trudeau, will be held ***on Saturday, April 21st, 2018*** at the newly renovated ***Le Mount Stephen***, 1440 rue Drummond. Twenty-five MLUWC members have already registered to attend.

The Montreal Council of Women provides an important role as a voice for women in Montreal and surrounding areas. And publishes ***an interesting monthly BULLETIN*** and a website: <http://montrealcouncilwomen.org>

Renate Sutherland and Frances Lortie
MCW Representatives



Please go to our website - www.mluwc.com

Click on the Facebook icon

on the bottom right of the home page

We have over 205 likes! Remember to like our page and share it with your friends!

Thank you to
RÉSEAU - SÉLECTION
WEST ISLAND

**For graciously hosting the monthly
meetings of the Executive of the
Montreal Lakeshore University
Women's Club.**



GIFT CARD DRIVE for



Linda Sestock 514.984.7685 or
Anne Brohan 514.695.8870

When a child in foster care turns 18, he or she is left on their own to face their new life challenges. CARE Jeunesse is there to support them in this transition, and for the future.

The MLUWC (Montreal Lakeshore University Women's Club) through the Issues to Actions Committee is organizing a GIFT CARD drive for CARE Jeunesse.

Denominations of \$20.00 and more please from any large company & not neighbourhood specific (Metro, Pharmaprix, Walmart, Tim Hortons...)

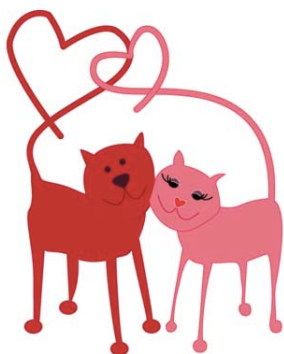
CARE Jeunesse will put the cards together and hand them out to young adults (from the West Island) for Christmas, according to their needs when they will be on their own - after they leave foster care on their 18th birthday.

Please mail gift cards to:

MLUWC

P.O. Box 383

Pointe-Claire QC H9R 4P3



Interest Groups

BON APPÉTIT -

Thank you to **Jane Edwards** who organized our delightful January luncheon at **Les Pâtes Ricardos** in DDO. It was well attended by our diners.

February's dinner will take us to **The Keg** in Pointe Claire on **Thursday, February 22nd at 6:30 p.m.** **Jane Schissler and Veronica Valentine** will plan this evening. Details will follow shortly.

A belated thank you is extended to **Janet Ilavsky and Jill Rollins** who organized an excellent first-time visit to **La Verita** in DDO for November's dinner.

If you are looking to sample the cuisine of different restaurants in the West Island and enjoy good company and laughter, please feel free to join our interest group. Everyone is most welcome.

Victoria Pinnell

BOOK CLUB I -

Our next meeting will take place on February 14 ♥ at 1 pm, at Sacha's. The book to be reviewed is "The Bad Ass Librarians of Timbuktu" by Joshua Hammer. Our reviewer is Nini. Please call Sacha if you are unable to be with us.

Marg Nicoll-Griffith

BOOK CLUB II -

The February meeting of Book Club Two will be held on February 15 at the home of Gilda . Louise will be the reviewer and we will discuss "The Girl with Seven Names" written by Hyeonseo Lee.

Sandra Smith

DUPLICATE BRIDGE -

Will meet at 8:45 A.M. at Centennial Hall, Beaconsfield, on Thursday, February 8 and February 22 .

Jane Quail

FRENCH CONVERSATION -

Le prochain rendezvous du groupe Tête-à-tête sera vendredi le 16 février à 9:30 chez Susan Cruikshank. Nous sommes un petit groupe agréable et aimons parler français. Pensez à nous joindre. Vous serez les bienvenues.

Janet Anderson

ISSUES TO ACTION GROUP -

The Issues to Action Group reports that additional gift cards were received, bringing the total to \$885.00. Thank you to all of our very generous members. We have changed the dates of our meeting to the first Wednesday of the month. Our next meeting will be on Feb. 7th at 3:30 p.m.

Nancy Doray & Patricia DuVal

JAUNTERS –

Guided Tour of Maison Trestler

85, chemin de la Commune, Vaudreuil-Dorion J7V 2C3

Upon arrival, a guide will welcome guests to this magnificent 200-year-old house, revealing some secrets about the builder, Jean-Joseph Trestler, and his descendants. The tour is further enhanced by illustrations from the celebrated artist Frederick Back, artifacts and other features that will make your visit an enriching experience.

Date: Tuesday, February 13, 2018

Tour from: 11:00 to 12:00

Cost: \$4.00 per person (provided we are a minimum of 15, otherwise \$5.00 per person)

Lunch: 12:00 at Maison Trestler – hot buffet lunch for \$24.00 (tax included) – provided we are a minimum of 15

Carpool: meet at the Pointe Claire Plaza for 10:15

To reserve for the tour, carpool and lunch, contact: BJ Bell at bjbell2010@gmail.com by Jan. 29, 2018

BJ Bell, Valerie Fortin, and Isabella Hewitt

NETWORKING GROUP -

What a great evening we had Wednesday! Thanks so much to Ann-Marie for sharing with us some of the tips she has used over the years to help people worry a little less.

All of us could take home some good advice and hopefully put it into practice.

Most of you got the handout and if not, the image of the worrying circle is attached here.



It was great to see so many familiar faces and equally wonderful to meet new people. The main goal of the Networking group is to connect women to other women. Sometimes there's a business connection and sometimes it's social and sometimes it's both. I hope you enjoyed the evening as much as I did.

One of the other goals of the networking events is to raise a little money for the University Women's Club (MLUWC) scholarship fund. Wednesday night we raised \$90, so thank you ladies. Thanks also to David (owner of Studio 77) for making it affordable and for making us feel so welcome.

Hope you have a great weekend. Enjoy the snow!!

Marlene Whittome

PHOTOGRAPHY GROUP -

This month we invite you to see our photo exhibition in the Beaconsfield library.
See details in the poster on page 14.

Maria Korab-Laskowska

TRAVEL GROUP -

The Travel Group will meet on February 26 (the 4th Monday of the month)
I will send an email to the group with the title and the presenter when these are confirmed.

The meeting, as always, is held at Le Vivalis, 30 Stillview, 8th floor, Pointe-Claire with refreshments at 7:00 pm and presentations starting at 7.30.

Maria Korab-Laskowska

WINE APPRECIATION, GROUP 1 -

We will meet on Thursday, February 21 at 7 PM at Janet's. Please let Janet know if you are able to attend.

Renata Bagga

OLD & NEW: ARCHITECTURE

Montreal Lakeshore University Women's Club

<http://www.mluwc.com/>

Photography Group



Photography Exhibition/Exposition photographique

February 6 - March 3, 2018

6 février au 3 mars 2018

Vernissage/Vernissage

Thursday, February 8 from 7:00 p.m. to 8.30 p.m.

Jeudi 8 février à partir de 19h00 jusqu'à 20h30

Beaconsfield Library/Bibliothèque de Beaconsfield

303 Beaconsfield Boulevard, H9W 4A7, Beaconsfield, QC

*Advertising space available.
Please contact: mluwc.newsletter@gmail.com*



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February 2018

Mon	Tue	Wed	Thu	Fri
			1 MCW Meeting 12 noon	2
5	6	7 Issues to Action 3:30 PM	8 Duplicate Bridge 8:45 AM Photo Vernissage 7 PM	9
12 MLUWC Meeting 7:15 PM	13 Jaunters 11 AM	 14 Book Club I 1 PM	15 Book Club II	16 French Conversation 9:30 AM Newsletter Deadline
19	20	21 Wine Appreciation I 7 PM	22 Duplicate Bridge 8:45 AM Bon Appétit 6:30 PM	23
26 Travel 7 PM	27	28		

Newsletter Editor: Barbara Armbruster

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Proofreader: Janet Guay and Gilda Martinello

Deadline for MARCH submissions: Friday February 16, 2018