MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

Newsletter, February 2023

Volume 66, Issue 6

Celebrating 65 years of Friendship, Advocacy and Education

General Meeting Monday, February 13

> 7:00p.m. On Zoom Guest speaker

JEREMY CLARK

Associate Professor,
Concordia University Institute
for Information Systems
Engineering



7:00 – Join your MLUWC friends. for some chit-chat

7:30 - Start of business meeting

8:00 – Guest speaker

Zoom invitation will sent by email

PRESIDENT'S LETTER

I hope everyone enjoyed their pot-luck activity, whether it was online or in person. I enjoyed wonderful conversations at the lunchtime Zoom potluck. These are always popular and fun events. And they are perfect opportunity to get to know members — new and old alike — that we see at general meetings or on Zoom - but don't always have the occasion to speak to.

We have been lucky to have relatively mild weather so far in January. Hopefully, February will be the same. Like many of you, I am dreaming of warmer days ahead!

The February General meeting sounds really interesting. Our guest speaker, Professor Jeremy Clarke, from Concordia University, will discuss passwords, cyber security, fake emails, and answer questions about staying safe online.

All of us can use this information. I recently received a "Hey Mom" text that I found suspicious, and I immediately texted my daughters just to double check. It was a scam. My daughters always use the British spelling Mum in their correspondence with me, which is what I originally found strange! We all need to be vigilant. I am sure our speaker will give us great tips.

The Nominating Committee will be soliciting your help in working on the committee or in volunteering to be on the next executive. There are a lot of exciting positions that need to be filled and you may be just the right person to fill at least one of these positions!

Happy Valentine's Day!

Jane Cowell President

PROGRAM

Monday, February 13 General Meeting

Remotely via Zoom

STAYING SAFE ONLINE!

Jeremy Clark Associate Professor, Concordia University

While the internet is a vibrant place for connecting to others and accessing valuable services, it is also full of bad actors who hack and steal. In this talk, we will discuss passwords, cyber security, fake emails, and answer questions about staying safe online.



Jeremy Clark is an associate professor at the Concordia Institute for Information Systems Engineering. At Concordia, he holds the NSERC/Raymond Chabot Grant Thornton/Catallaxy Industrial Research Chair in Blockchain Technologies. He obtained his PhD from the University of Waterloo, where his gold medal dissertation was on designing and deploying secure voting systems including Scantegrity—the first cryptographically verifiable system used in a public sector election. He wrote one of the earliest academic papers on Bitcoin, completed several research projects in the area, and contributed to the first textbook. Beyond research, he has worked with several municipalities on voting technology and testified to both the Canadian Senate and House finance committees on Bitcoin.



ADVOCACY COMMITTEE

The month of January was a rather quiet one for Advocacy. The Committee is continuing with the Essay Contest Project, which will go on until the end of March.

If you would like to find more about this, please join us at the next meeting on February 2,2023 @ 7:30 pm via ZOOM

Patricia Du Val & Mary Vlahos Advocacy Co-chairs

The collaborative program "Feel the Cold, Share the Warmth" with Clearpoint Elementary School was featured in the Pearson News. To read the article click on the link below.

<u>Clearpoint Clothing Drive – The Pearson News</u> (Ctrl +Click)

CFUW NEWS

CFUW National Study Group on Long Term Care

Collecting stories of Long-Term Care (LTC) across the country

The Long-Term Care Study Group would like to hear your stories and experiences with Long Term Care (LTC). By collecting stories from across the country, we hope to create a national picture of LTC in Canada.

See the link below for more information.

Submit your story here.(CTRL+click)

Next meeting: February 9th, 2023 @ 1:00PM EST/10:00AM PST

Please email Audrey Hobbs-Johnson, co-chair of the CFUW National Study Group on Long Term Care and Elder Rights at audreyhj@shaw.ca if you would like to join the study group mailing list.

CFUW AND INTERNATIONAL RELATIONS

Did you know that CFUW plays a leading role in global affairs? Are you aware of the many partnerships we forge with other Non-Governmental Organizations (NGOs) to pursue the rights of women and girls?

The Commission on the Status of Women (CSW) is the largest gathering of gender equality advocates in the world in which the annual session convenes Ministers, high level government officials and civil Society representatives (e.g., CFUW) to the UN.

CFUW has been accredited since 1998. We contribute to the processes and discussions; and attend meetings, commissions, and the High-Level Platform (HLP) Forum on Sustainable Development.

We are able to organize events to showcase our work and to network with other NGOs, UN officials and other member state representatives.

Each year CFUW members apply to our national office to be one of CFUW's 20 delegates. These delegates self-fund a week at the United Nations attending CSW sessions with thousands of other women around the world who have come to New York City for this reason. Other CFUW members are invited to attend virtually and have access to a multitude of parallel events put on by other global NGOs

CFUW delegates will be attending the UN in person for the first week, March 6 - 10th, and hosting an in-person parallel event. We will provide more information in the coming weeks.

The Power of Women Working Together

SCHOLARSHIP AND BURSARY COMMITTEE

Applications must be postmarked no later than February 24, 2023



Member of the Canadian Federation of University Women

If you are involved with other organization(s), church, or perhaps, know a suitable candidate please share the information about the MLUWC university scholarships.

Applicants must be registered as full-time university students to apply.

Full details available on the MLUWC website (mluwc.com)

DID YOU KNOW?

Continuing the recent initiative of the Scholarship Committee to remind MLUWC members about the history of the club and the contributions of early members, we present this month the profile of **Alberta Schearer**, after whom one of our scholarships is named.

Linda Ricketts Scholarship Committee Member

ALBERTA SHEARER. 1918-2012



Alberta was a founding member of our club, and President from 1970-1972. She was a teacher by profession and an active person, but thoughtful and measured at the same time. By her own account, this was a tumultuous period in Quebec's history, with the kidnap and murder of 2 prominent Government officials by the FLQ, and the implementation of the War Measures Act. Feminism was alive and well and The Status of Women Commission was set up. Alberta held various positions in MLUWC besides President, such as Archivist, Publicist, and VP. She was the club representative at CFUW and participated at the Montreal Council of Women representing MLUWC.

Through it all, MLUWC membership was growing, and community involvement was increasing. For example, MLUWC was asked to present nominations to the original Board of Directors of John Abbott College, a newly established CEGEP. Community Service continued with implementation of educational endeavours for tutoring students in the schools in reading, public speaking and support for special needs students.

Alberta led the Environmental Study Group, the only one within CFUW at the time. For example, lobbying took place with the municipality of Pointe Claire to protect Terra Cotta Park from development. Her group produced a recommendation to the Quebec Minister of Human Resources regarding clean water and the banning of pollutants. The group also pioneered recycling initiatives in several West Island Communities. Guest speakers often included women from the Feminist Movement, as well as First Nation representatives, whose frankness and radical views were not always appreciated by all members at the time. (1998 MLUWC 40th Anniversary Past President's report). Members' night became an important addition to one of the monthly meetings each year. Scholarships increased from one to three annually, including one for a student from John Abbott CEGEP, to continue studies at university.

MLUWC SCHOLARSHIP FUND

The thermometer to the right of this article shows that \$7,500 was received from June 1 to December 31, 2022. Thank you so very much to all of you for your generosity.

Much of the money received was collected at the Christmas event. Unfortunately, I wasn't able to be there to thank you in person.

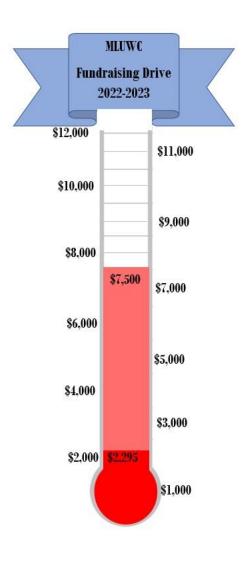
We recently received a cheque for over \$200 from Senior Discovery Tours (this amount in not reflected in the thermometer since their cheque was received in January). In case you weren't aware, Senior Discovery Tours donates 4% of any booking made by one of our members. However, you need to let Joyce Schaaf know so that she can advise Senior Discovery Tours. Since many of us are starting to think of travelling again, perhaps Senior Discovery Tours might be of interest to you.

Donating to the MLUWC Scholarship Fund can be done at any time. Credit card donations are accepted online through www.canadahelps.org/en/dn/10093.

If you prefer, you can write a cheque payable to MLUWC Scholarship Fund and send it to P.O. Box 383, Pointe-Claire, QC H9R 4P3. Tax receipts are issued for donations of \$25 and up.

Thank you again for your generosity.

Gilda Martinello Chair, MLUWC Scholarship Fund



FUNDRAISING COMMITTEE

The Scholarship Fundraising Drive which began in September 2022 and will continue until April 2023 has proven to be a tremendous success, along with the other mini fundraising activities to date. Please refer to the Scholarship Fund report to see our currant balance.

We continue to welcome all Credit card donations, which may be made online through **www.canadahelps.org/en/dn/10093** or with a cheque payable to; MLUWC Scholarship Fund and sent to P.O. Box 383, Pointe-Claire, QC H9R 4P3. Tax receipts are issued for donations of \$25 or more.

The Fundraising Committee will also be conducting an Easter fundraiser April 8 and 9, 2023 in partnership with Beau Blooms owned and managed by Sally Gurekian's daughter. A tabletop arrangement of spring flowers or a small potted plant will be available for \$40.00. We hope to place a maximum of 50 orders from which a certain percentage of the sales will go to the Scholarship Fund. Should we reach our objective, it will secure approximately 4 more bursaries. Again, we encourage you to support this wonderful spring fundraiser!

An order form will be forwarded to the membership mid-February. A Fundraising Dinner is also planned for Wednesday, April 19, 2023 to commemorate the Club's 65th anniversary at the Enoteca Monza Restaurant on Blvd. Saint-Jean in D.D.O. If you would like to help organize this event, your support would be most appreciated. Registration details will follow.

Members of the Fundraising Committee are Anne Brohan, Sally Gurekian, Carole Newberry and Mary Vlahos. Should any MLUWC member wish to join our committee, you would be most welcome.

Victoria Pinnell Fundraising Chair

SCHOLARSHIP DONATION FORM

Donation Form								
MLUWC Scholarship Fund								
Charity Registration Number 85457 5289 RR0001								
Personal donation Company donation In Memory/In Honour I enclose my donation of \$	For: In Memory or In Honour Please complete the following: Honouree Name:							
Please make cheque payable to MLUWC Scholarship Fund . Tax receipts will be issued for donations of \$25.00 and more.	Notification Information: Name:							
Donor Name:	Address:							
Address:	City/ProvPostal Code							
City/ProvPostal Code	Send to: MLUWC Scholarship Fund P.O. Box 383, Pointe-Claire, QC H9R 4P3							
You can also make secure online donations using your credit card through CanadaHelps.org.								
Visit <u>mluwc.com</u> and click on: Donate to the Scholarship Fund.	Thank you for your support!							

INTEREST GROUPS

Interest Group coordinator: Vida Guido

AFTERNOON BOOK CLUB (Formerly Evening Book Club II)

We will be meeting on February 15. The time of our book club meetings have changed. We will meet on the third Wednesday of the month 1:30p.m-3:30p.m. The location is the Pierrefonds library. The book we are reading is <u>"A Most English Princess."</u> by Clare McHugh. New members welcome.

Luhan Wahbeh

ARMCHAIR TRAVEL

On Tuesday, February 28 at 7:00p.m. Jane Cowell will show us pictures from her four week tour of France. She will take us from Paris on a driving tour to Normandy, down to the wine country in Bordeaux, followed by Toulouse and finally arriving in Provence (Marseille) Join us on this scenic and history packed journey. à bientôt!

Joyce Schaaf

BOOK DISCUSSION I

Our next meeting will be held at Anna's on Wednesday, February 8 at 1:00p.m.and on Zoom if weather dictates. Our book choice this month is <u>"Extraordinary Canadians"</u> by Peter Mansbridge. Our discussion leaders are Nancy and Renata. We will be in touch closer to the day.



Marg Nicoll- Griffith and Judy Kelley

BOOK DISCUSSION II

Book Club II will meet via Zoom on Thursday, February 16 at 1:00 p.m. Joanne Fraser will review the book <u>"Still Life"</u> by Sarah Winman. A book of historical fiction spanning 4 decades from the 40's to the 70's, "Still Life" has been described as a love letter to Florence.

Susan Pick Vadivel

COFFEE TIME

Welcome to **Coffee Time** on Wednesdays at 10:30am via Zoom. No reservations required. This is a group that formed last year when we were in lockdown to keep in touch on a weekly basis. I must admit I didn't expect it to still be going on. So, we decided to make it an official Interest Group for the coming year. A topic of conversation is suggested for each week in the invite sent out on the Monday or Tuesday before. It is a chit chat group where we share laughs and opinions from the comfort of our homes. Hope to see some new faces. All are welcomed!



Nancy Acemian, Coffee Time Coordinator and MC

DINNER CLUB

We welcome the arrival of 2023 and look forward to future outings with the DINNER CLUB.

On January 26 our visit to Resto Vieux Four Manago for lunch was cancelled due to poor weather.

We look forward to Thursday, February 23, 2023 which will also be held as a 12:00 p.m. luncheon. The location has yet to be decided. Details will be forwarded to diners under separate cover.

Group leaders:

Sally Gurekian Victoria Pinnell

EVENING BOOK DISCUSSION I

We will be meeting on Tuesday, February 7 at 7:30p.m. where the book <u>"Freezing Order"</u> by Bill Browder will be discussed. This time we will be using Zoom for our meeting, as some members will be away, and this way hopefully they will be able to attend as well.

Linda Ricketts

EVENING BOOK CLUB II

See Afternoon Book Club

FRENCH CONVERSATION

French Conversation meets on Zoom on Friday February 17 at 9:30 am.

Janet Anderson

MYSTERY BOOK CLUB

Candice Quinn will be reviewing "<u>Death at Christy Burke's</u>" by Anne Emery. This mystery is sent in Dublin. We are meeting on Wednesday, February 8, on Zoom, as usual.

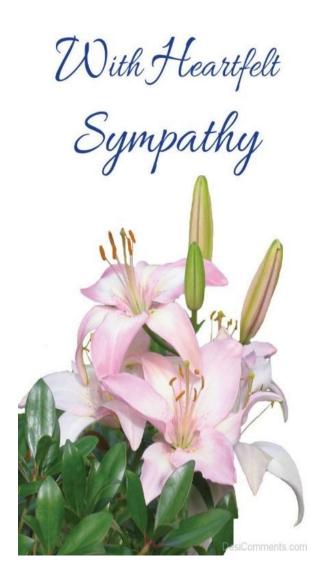
Gilda Martinello

NETWORKING GROUP

Networking will meet on Wednesday, February 22 at Studio 77. The cost is \$25. Please contact Linda Sestock for more details.

Linda Sestock and Vida Guido

MLUWC MEMBERS' NEWS



We extend our most sincere condolences to the family of **Eleanor Shaver.** Elaine was an active and long-time member of the MLUWC and contributed to the club in many ways. Information regarding donations **(including the MLUWC Scholarship Fund)** is available in the link below.

https://www.dignitymemorial.com/fr-ca/obituaries/pointe-claire-qc/mary-eleanor-shaver-11102662 (CTRL click)

MEMORIES OF POTLUCK 2023





On this page, we announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commissioner of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter3@gmail.com) and note that it is for the Community News page.



Samaa Elibyari is a member of the Montreal Council of Women and a representative of the Muslim Council of Women, Montreal Chapter.

In today's **Gazette** you can read her article on **Muslim Awareness Week** (starting Wednesday) and her thoughts on the many varied issues of being a Muslim and an immigrant. I congratulate her on her excellent article and encourage you to read it and share it with your friends and family.

There is a link at the end of the article to the events being held during Awareness week. (see the article attached)

Warm regards, Linda Serpone President MCW

To read the full article please click on the link below.

Opinion: Muslim and immigrant, a double predicament? | Montreal Gazette (Ctrl+click)



We are a volunteer driven Foundation supporting healthcare in the West-Island

YES, I want to volunteer!

For further information please contact us via email thriftshopsab@gmail.com

www.thriftshopsfornova.com

Lakeshore Chamber Music Society

On Friday, February 17, 2023, at 7:30 p.m., the Lakeshore Chamber Music Society will present a

Myriade String Quartet, featuring concert with:

Julia Mirzoev, violin Russell Iceberg, violin Cynthia Blanchon, viola Braden McConnell, cello

Programme will feature works by Haydn, Schubert, Webern, Mendelssohn

Location: Union Church 24 Maple Avenue Ste-Anne-de-Bellevue

Tickets are available at the door: \$20 for adults; \$10 for students; free for 16 & under

The concerts are sponsored in part by the Conseil des arts de Montréal.

https://www.lakeshorechambermusic.org/ (ctrl+click)

SMAM' NEXT CONCERTS

Praised for its "rich-textured, vibrant sound" and "hypnotic beauty", the Studio de musique ancienne de Montréal (SMAM) has established a reputation as Canada's finest early music vocal ensemble. Directed by Andrew McAnerney since 2015, SMAM offers a ten concert season in Montreal and regularly tours Canada and internationally.

Program



Sunday, February 12th, 2023 – 2:30 p.m. Bourgie Hall Buy Concert Tickets (\$64/\$33)

Buy Webcast Concert (\$15)

Available from Tuesday February 14th to Tuesday February 28th, 2023

As part of the complete sacred cantatas of J.S. Bach series undertaken by Bourgie Hall over eight years ago, the SMAM will perform four works focused on the faithful's unconditional confidence in divine protection.

BWV 68 / BWV 104 / BWV 136 / BWV 196 In collaboration with Bourgie Hall



Thursday, April 6th, 2023 – 7:30 p.m. Bourgie Hall

Buy Concert Tickets (\$60/\$52\\$33)Many composers have poignantly paid tribute to their predecessors, often at the time of their passing. We are bringing you a few of these moving works, both from the Renaissance and our own era, which express their composers' sorrow, admiration, and gratitude.



St. Columba Music Centre Church of St. Columba by-the-Lake 11 Rodney Avenue Pointe-Claire, Québec H9R 4L8

Sunday morning worship at 10:00 AM 2 streets west of Sources Bivd., south of Belmont, bus number 203

www.stcolumba.ca stcolumbaconcerts@gmail.com

Music Lessons at St. Columba

Music lessons are given at St. Columba by qualified instructors on the following instruments. For more information, please contact the instructor.

Voice

Marc Belleau belleaumaro@outlook.com

Piano

Michael McAuley michaelmcauley.music@gmail.com

Flute

Sylvia Niedzwiecka 514-509-8115 fasolaflute@gmail.com

Guitar

Declan Murphy declan gutarist@gmail.com

For musicians interested in performing as part of the St. Columba Concerts, please contact michael@stcolumba.ca

A portion of the concert donations will be given to:

Youth Unlimited LaCorde -Pierrefonds

which offers meals and after-school programmes to elementary school students.

ST. COLUMBA CONCERT SERIES 2022-2023

CONCERT INFORMATION: stcolumbaconcerts@gmail.com

Happy to Be Back!

Laura Nerenberg, violin

Sat., October 1 7:30 PM

Suggested donation: \$20 Free for children We are excited to launch our concert season with these two gifted musicians in a wonderfully varied program, with music for violin and plano by W.A.Mozart, Clara Schumann, Germaine Tailleferre, Josef Suk and Jessie Montgomery.

Tom Annand, plano

Sat., November 5 7:30 PM

Suggested donation: \$20. Free for children

Lost Pilgrims

Scott Cooper, banjo/mandolin/guitar Hugh Donnelly, guitar/mandolin David Linderman, guitar/mandolin/whistles Stephen Kendall, bass/guitar/ukulele

Join the Lost Pilgrims for an entertaining evening featuring an eclectic mix of folk, country, bluegrass, rock and gospel music. www.lostpilgrims.ca

Sat., December 3 7:30 PM

Suggested donation: \$20 Free for children

Christmas with Guffman 5

Julie Lafontaine, Mary Burns, Chris Maragoudakis, Darryl MacDonald, vocals John Sadowy, piano

Swing into the holiday spirit with the great voices of Guffman 5 and the very talented John Sadowy on piano. You will love their renditions of Christmas music and jazz standards. www.guffman5.com

Sat., January 28 7:30 PM

Suggested donation: \$20 Free for children

Intimate Impressions

Adam Cicchillitti, classical guitar Steve Cowan, classical guitar

If you enjoy guitar music then be sure to catch this acclaimed guitar duo at St. Columba. Intimate Impressions pushes the boundaries with a unique portrait of 20° century music written in Paris by Debussy, Ravel, Tailleferre and Mompou, with great contrasting music by celebrated Canadian composers. https://www.facebook.com/CicchillittiCowanGuitar

Sat., February 25 7:30 PM

Suggested donation: \$20 Free for children

Shadow and Light

Kimberley Lynch, soprano Polina Gubnitskala, piano

Featuring two very talented, young musicians, this concert will explore the theme of Shadow and Light with beautiful songs by Boulanger, Strauss, Poulenc and touching plano music by Liszt, Ravel and Chopin.

www.kimberleylynch.com www.polinagubnitskaia.com

Sat., March 25 7:30 PM

Suggested donation: \$20 Free for children

Marcel A Trio & Handmade Journey

Lau, vocals/piano Marcel Anicic, guitar/vocals Martin Garbulinski, bass

This unique experience blends selections from the American Songbook with personalized arrangements of rock classics and with a splash of world music from Cuba. Brazil and the Balkans. Please note: If you should travel with Senior Tours and are a member of the club, the Scholarship Fund will get a 4% rebate on the cost of your trip.

Should you use Senior Tours, please contact me after you return and I will send in the appropriate paperwork.

I just need to have your name, the date of travel and the name of the tour. Thank you and Happy Travels.



Let's Get Excited About Travel Again!

Senior Discovery Tours takes care of all your travel details, so all you have to do is enjoy our beautiful world. As Canada's largest and most trusted operator of escorted tours and cruises for over 45 years, our tours are designed to provide peace of mind for the mature traveller who enjoys a carefree experience.

Our travellers love our tours because we include everything! They also rave about our Tour Managers, who go above and beyond to ensure that their trip runs smoothly and that everyone has a wonderful experience!

For every MLUWC member that travels with Senior Discovery Tours, the MLUWC will receive a 4% commission per booking!

Please contact Joyce Schaaf (joyceschaaf@gmail.com) for booking details.

Request a Brochure

1.800.268.3492

SeniorDiscoveryTours.ca

Bag# 701756





COMMISSIONER OF OATHS

Do you know the role of a Commissioner of Oaths?

It is an individual who is empowered to certify the oath or "solemn affirmation" of a person upon documents such as diplomas, birth certificates and other records.

If you need this service, please contact **Victoria Pinnell** or **call Jennifer Ferguson** (between 9am and 5pm)



Please go to www.facebook.com/MLUWC

We have over 500 likes and over 600 followers! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC



We're also on Instagram



AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated 57,846 points.

Please contact either Connie Ellis or Mary Vlahos for more information.

Advertising space available

Please contact: mluwc.newsletter3@gmail.com







February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Coffee Time 10:30 a.m. Zoom	2 Advocacy 7:30p.m. Zoom	3	45
5	6	7 Evening Book Club I 7:30p.m.	8 Coffee Time 10:30 a.m. Zoom Book Club I 1:00p.m Mystery Book Club 1:00p.m.Zoom	9	10	11
12	General Meeting 7:00 p.m. Zoom	14	15 Coffee Time 10:30 a.m. Zoom Afternoon Book Club 1:30	16 Book Club II 1:00p.m.Zoom	French Conversation 9:30 a.m. Zoom	18
19	Executive Meeting 7:00 p.m. .Zoom	21	Coffee Time 10:30 a.m. Zoom Networking Studio 77 7:00p.m.	23 Dinner Club Noon .	24	25
26	27	28 Armchair Travel 7;00pm Zoom				

Newsletter Editor: Maria De Wolfe mluwc.newsletter3@gmail.com

I take full responsibility for all errors, omissions or spelling mishaps and incorrect punctuation. If you would like me to correct an error in the next newsletter, please email me at:

mluwc.newsletter3@gmail.com.

If you would like to contact someone mentioned in the newsletter but you don't have their email address, please send a message to the email above and I will forward it.

Proofreaders: Janet Ankcorn and Gilda Martinello (Many thanks)

March Newsletter Deadline: February 17

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