

MLUWC

MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

Newsletter, October 2023

Volume 67, Issue 2

Celebrating 65 years of Friendship, Advocacy and Education

PRESIDENT'S LETTER

**General Meeting
MONDAY, OCTOBER 2
6:30p.m.**

The Church of Saint John the Baptist.
233 Sainte-Claire Ave, Pointe-Claire,
Québec H9S 4E

**Guest Speaker
Jordan L. LeBeL**

Ph.D., C. Dir.
Professor (Food Marketing)
Co-Director, Centre for Sensory Studies
Co-Lead, Concordia Food Studies Working Group
John Molson School of Business,
Concordia University

AN EVENING OF WINE

7:00 - Social Time.
7:30 - Business meeting
8:00 - Guest speaker
**Help needed to put tables
and chairs away (thank you)**

Wow! What a great kick-off! It was great to see so many returning members, newer members and some potential new members in our new venue. Our attendance was over 80. I hope this is an indication of the attendance number for our meetings this season.

Anthony Housefather was an enthusiastic speaker and well versed in Quebec history. It is unfortunate that he was demoted for being vocal about his conviction.

Here are a few things I would like to remind/inform you of:

- Do you have a **scanner**? Cendra Paas, the one responsible for our archives, is looking for some help to scan documents. If you can give her a hand, please send her an email at mluwc.archives2@gmail.com.
- Many **interest groups** are full. You should have received an email to register for ALL interest groups. If it is full, you will be put on a waiting list. If there is enough interest in a closed group, all efforts will be made to open a new section. Be sure to fill out the registration form if you haven't done so already.
- Finally, don't forget to renew your membership if you haven't done so already.

I hope to see many of you at our October General Meeting, when Jordan Lebel, (Dr. Chocolate as some of you may remember him as) will do his magic once again and talk to us about wine pairing.

Cheers,
Nancy Acemian,

PROGRAM



Jordan LeBel **Wine Tasting & Pairing 101**

This presentation will introduce participants to the basics of wine tasting and pairing wine with foods. By the end of this presentation, participants will understand the factors that give a wine its unique and distinguishing characteristics, the standard practices to taste and appreciate wine, and the common strategies to pair food and wine.

Jordan LeBel is a professor in the department of marketing of the John Molson School of Business at Concordia University where he teaches The Marketing of Food. He has been a pioneer of online education with his award-winning online course Marketing Yourself, taken by over 20,000 students. Graduate from the *Institut de tourisme et d'hôtellerie du Québec*, he started his career in foodservice serving notably as restaurant inspector for Distinguished Restaurants of North America and becoming Executive Chef. Jordan taught foodservice management in Norway, in Switzerland and in the United States at Cornell University's famed School of Hotel Administration. He has won numerous awards for his teaching and leadership in higher education including the prestigious 3M National Teaching Award. He is particularly interested in issues of governance at the intersection of food marketing and public health. Jordan is very involved in the Quebec agri-food sector; he is a member of the standing scientific committee on obesity prevention at the National institute of public health. His expertise and wide perspective make him a sought-after commentator in the media; he has served as a regular columnist for a variety of television, radio, and print outlets.



SAVE THE DATE

The Quebec Council of CFUW Fall General Meeting

Date: **Saturday, October 14, 2023**

Location: St-Lambert

Time: 9:00a.m.-3:00p.m.

The Fall General Meeting is being hosted by AFDU Monteregie. More information regarding the agenda and location will follow. Everyone is welcome.

For info: (514) 984-768

CFUW UPDATE

THE “*SHE BELONGS IN SCHOOL*” PROJECT

Each year the Canadian Federation of University Women (CFUW) recommends an international Service Project for Club support. For 2023-2024, the project for CFUW Club support is “*She Belongs in School*.” This project will bring High School Education to vulnerable girls in Mozambique.

“*She Belongs in School*” is a 60 Million Girls Foundation Organization project. It involves a mobile learning lab which brings the school to students’ homes. The Mobile Learning Lab is solar-powered and self-contained. Each lab costs approximately \$5000.

CFUW's contribution to the “*She Belongs in School*” project will focus on young pregnant mothers and girls who have experienced child, early and forced marriage and are approximately 16-19 years of age.

Your Club or individual members can donate towards the cost of the Mobile Learning Labs. Any donations must be made directly to the organization “60 Million Girls” by going to <https://60millionsdefilles.org/>. This site provides instructions for donating online or sending a cheque. If sending a cheque please add, Canadian Federation of University Women (CFUW) in the note section. Personal tax receipts are issued automatically for online donations. If donating by cheque, a tax receipt will be mailed to you.

For more information about “60 Million Girls” and the “She Belongs in School” project, please visit:

<https://60millionsdefilles.org/en/our-projects/2022-mozambique/> (CTRL +click)

https://www.youtube.com/watch?v=y854_nmY-p8 (CTRL +click)

<https://www.youtube.com/watch?v=kFBI6Ew733g> (CTRL +click)

CFUW ADVOCACY.

CFUW has several national study groups working on issues you may be interested in. These include: Climate Change, Violence against women and children, and Elder Rights. For more information, or if you think you want to participate, you can check the CFUW website (cfuw.org), contact the national office (info@cfuw.org), or contact me, Patricia Duval. You can also subscribe to the CFUW weekly newsletter for ongoing cross-Canada news and information.

MLUWC ADVOCACY COMMITTEE

The first Advocacy meeting of the year was held on September 14. Several members were absent as it coincided with the Stratford trip. Topics discussed were:

- Which charitable organization to support this Christmas with non-perishable items. Perhaps we can approach certain local businesses to place a basket for collection. This will give them and MLUWC more exposure.
- We will continue to collect gift cards for C.A.R.E Jeunesse for Christmas.
- In November we may be collecting blankets for Resilience, (preferably new or gently used). We will verify with Resilience if this collection would be useful for them.
- Jennifer Smart has offered to report on a seminar she attended “pressing current issues of women” at our next meeting. Our next meeting will be on Thursday, October 2, at 7:30p.m. on Zoom. All are invited to attend. New members are welcome to join the committee. We will also be collecting \$5.00 at the October meeting for the Christmas baskets.
- **Patricia DuVal and Mary Vlahos (Co-chairs)**

CFUW 2023 SPECIAL PROJECT AWARD



Canadian Federation of University Women

Fédération canadienne des femmes diplômées des

universités is pleased to award the

2023 Special Project Award

to **Montreal Lakeshore University**

Women's Club

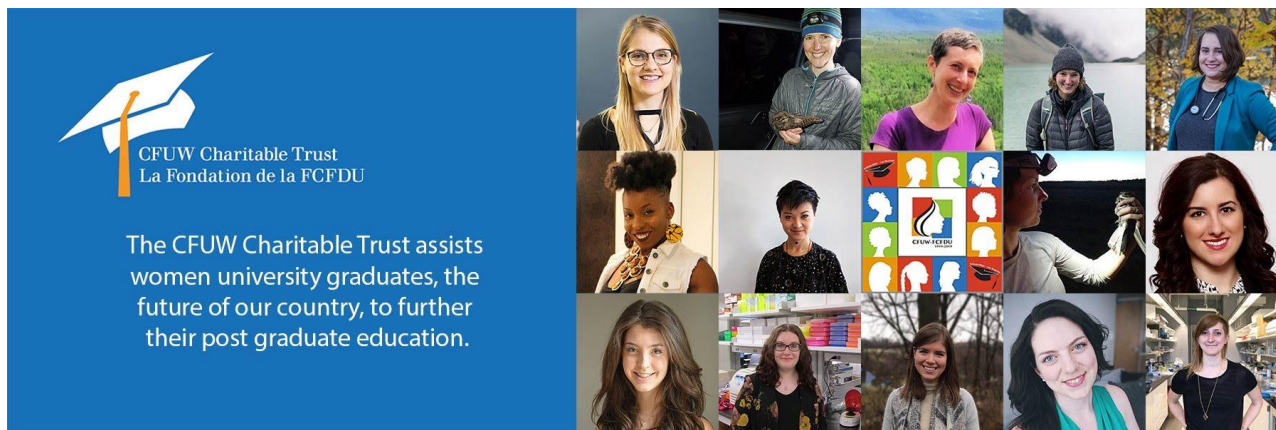
for their successful project

Essay Contest on the Climate Crisis

August 2023

Date

Joy Hurst, National President



CFUW CHARITABLE TRUST FRENCH SPEAKING VOLUNTEERS NEEDED

The CFUW Charitable Trust assists women university graduates, the future of our country, to further their post-secondary education. The Trust raises money to support annual Fellowships, Awards and Grants for Canadian women doing advanced graduate study and research in science, math, engineering, home economics, education, visual arts, music, humanities, and social sciences.

The Charitable Trust receives funds from members, Clubs, and corporate sponsors. It administers an investment portfolio of over one million dollars for fifteen CFUW Fellowships and Awards, valued at over ninety thousand dollars yearly.

For the last four years, I have had the pleasure of sitting on the Charitable Trust Fellowship Committee. Using our personal experience and a pre-existing grid, we evaluate the hundreds of requests for scholarships that are received each year. This usually takes place between November and April and is done entirely online. As someone who grew up in an era where opportunities for women were somewhat limited, I find it so inspiring to read these applications!

Each year, the number of French applicants is increasing. Unfortunately, the committee has lost two bilingual members who, like me, could evaluate applications in both official languages. If you understand written French and would be interested in reading and evaluating exceptional Masters and PhD applications, please contact me at your earliest convenience. Many thanks for your consideration of this opportunity.

Jane Cowell

POTLUCK SUPPERS

It was so good seeing so many of our members turn up for our first Kick-Off MLUWC meeting in September 2023. The mood was very enthusiastic and joyful, and the invited speaker Anthony Housefather was very lively to say the least.

We were pleasantly surprised to see at this meeting that there were quite a few signups for our traditional Potluck events in January 2024.

Many members really look forward to this event in the cold and dark month of January after Christmas & New Year celebrations are all over with and all the colourful decorations and lights are put away.

At the meeting there were a few hostesses who offered their services but some events filled up very quickly.

However, there are still a couple of 5-7 pm events still open to guests (Kirkland & Beaconsfield)

Elizabeth S. would love to receive people for lunch in Hudson and a new member Sonia and her friend Gilda have offered to host a dinner in TMR.

Otherwise, we hope you will respond positively to our request for more hostesses in the West Island.

Lunches and dinners are particularly in demand. However, it's not limited to those events. You may choose some other event.

For example you could host an Afternoon Tea, Brunch or 6-8 PM Dinatoire, which in the past, were all very successful.

If you are a new member, we can help you and give you the names of ladies who would be happy to share with you their experiences in planning an event. Of course, each hostess will have an assistant who will be doing most of the work and the hostess only has to provide the venue and coffee & tea if it's a dinner or lunch.

There will be sign-up sheets at our next monthly meeting in October and we will be pleased to accommodate you.

Have a very Happy & Healthy Thanksgiving holiday!
MLUWC Potluck Co-ordinators

MLUWC CLUB NEWS

We wish Barbara Armbruster a continued speedy recovery

We send our condolences to H       Duquet for the loss of her brother. H       was his primary caregiver. May his memory be a comfort.

LOOKING BACK TO LOOK FORWARD

Stories from the Archives

What types of fundraising did our first members of the MLUWC do for the Scholarship Fund? In 1958, aside from assigning \$1 for the Fund from the \$6 yearly membership fee, small scale fundraising began right away. Playing card game parties were held regularly and raised considerable funds. On a smaller scale, the sale of hasti/hasty-notes were first mentioned in 1959-60 from our past president, archivist, and named scholarship Alberta Shearer. The hasti-notes were sold to benefit the Scholarship Fund.

The first note cards were a wood block print by Mr. RJ Cornish of "A Habitant House, Pointe Claire." Mr. Cornish oversaw the print shop at MacDonald College where the club's first newsletters were printed. The second card showed Stewart Hall where forty years of MLUWC's meetings were held.



Our first scholarship recipient in 1958, Miss Joan Ann Copeman, majoring in Chemistry (Faculty of Science) at the Royal Victoria College, McGill University received \$100. Ellen Anne Purdie our 1959 scholarship recipient received a \$200 grant. In 1960 \$368 was realized from a Scholarship Card Party at the John Rennie High School which allowed the club to be able to grant two scholarships for university entrance—one of \$300 and another of \$200. For many years the card parties were significant fundraisers

for the Scholarship Fund.

Cendra Paas, MLUWC Archivist

STRATFORD 2023

Twenty club members and guests made a successful first post-pandemic trip to the **Stratford Festival** for a week in September, thanks to the organizing committee of B.J. Bell, Joan Dyer, Kate Le Maistre, Joyce Schaaf and Renate Sutherland.

In three days of play-going, some people cried through "**Wedding Band**," laughed through "**Spamalot**," marvelled at the dancing in "**Frankenstein Revisited**," the singing in "**Rent**," and the special effects in "**A Wrinkle in Time**." "**Richard II**" took on new meanings, "**King Lear**" showed the dramatic side of Paul Gross, and who knew there were so many *doubles entendres* in "**Much Ado About Nothing?**" "**Grand Magic**" and "**Les Belles Soeurs**" rounded out the repertoire of excellent theatre.

We socialized and shared critiques over dinners and relaxed as our thoughtful and considerate bus driver chauffeured us to and from Stratford and around the restaurants and theatres. St Jacobs is always a delightful ride in the country, and this year, we spent time at the enormous farmers' market.

The 2024 playlist looks as interesting as ever, so we're hoping that there will be interest from the Club in attending, and that some people will step up as organizers. Let me know if you would like to take over the job and I will pass on the detailed calendar of tasks that we have developed over the years. Decisions need to be made in the next few months, because the process for next year will start in November.



Kate Le Maistre

REPORT FROM SUAVA (HALINA) SLAWSKA

On September 15, 2023, 20 MLUWC members and their friends came back from wonderful 5 days Stratford Festival trip unbelievably well organized by Kate Le Maistre: tickets (at group discount) ; bus schedule (taking into consideration different times for the plays), checking every single day with the front desk if the day schedule (available for all of us) was running smoothly.

Kate was always insisting that it is a joint effort and help from the other four ladies:

Joan Dyer - payment. (everything at cost - I am in awe how all five ladies have managed to

squeeze in some additional freebies).

Renate Sutherland - bus (additional trips to downtown Stratford and Farmers Market in Saint Jacobs).

Joyce Shaaf - group meals (fantastic choice of different restaurants - senior meals and delicious desserts).

B. J. Bell - hotel (Arden Park - big renovated rooms and bathrooms with choice of breakfast at the better price).

I have been to quite a few tours organized by professional companies but have never seen such a dedication to have it right.

As a new participant I have learned that it was Renate Sutherland who, 25 years ago, organized the first trip and it was so successful that some years more than 40 club members were enjoying this wonderful experience.

Covid years took a toll on all our activities but now it's a time to be more involved and enjoy this adventure.





Montreal Lakeshore University Women's Club (MLUWC)

...

Sep 11 · 🌐

Great day at the **Plaza Pointe-Claire**
Community Day ! Nice to meet all of the west
island community groups. **#MLUWC**
#cfuwfcfdu



KICK-OFF 2023



INTEREST GROUPS

Interest Group coordinator: Vida Guido



A message from **Jennifer Ferguson**, Technology Liaison and Zoom contact
My name is Jennifer Ferguson, and I am thrilled to announce that I am joining the Executive Committee as Technology Liaison. This means, in practice, that if your Interest Group and / or committee would like to schedule a Zoom meeting, you should contact me by E-mail me at to advise of dates and times so that I can set up. Please give, at minimum, 12-24 hours notice of your intentions. I look forward to serving the Club in this capacity!

P.S from Nancy Acemian: *If you have sent me an email with your Zoom needs and you have not heard back from me yet, please forward the email to Jennifer and she will take care of your needs. Thank you.*

NEW INTEREST GROUP PROPOSAL

Let's Play Games

I'm looking at starting a new interest group for those who like to play board games or card games (other than bridge). Depending on the number of participants, we could all play the same game or have groups playing different games. I'm sure we all have favourite games or a game we have always wanted to try. Well, here is your chance! The idea is to have fun and socialize. I don't have a fixed day or time yet. We will decide as a group which day of the week, what time and where we play.



As it is a new idea I am throwing out there, I am open to suggestions. Please send me an email me.

Nancy Acemian

ARMCHAIR TRAVEL

On Tuesday, October 24, Pat Jones and her husband Derek will present their two-week trip around the coast of Sicily in 2019. They found it to be a microcosm of Italy with its heritage, ruins, pottery, and special dishes.

We meet on Zoom, at 7:00p.m. for chat and business and presentation begins at 7:30 pm. New members are always welcome.

Joyce Schaaf

BOOK CLUB I

Our next meeting is at 1:00 p.m. on October 11 at Judy's home . The book we are discussing is **"Drive your Plow over the Bones of the Dead"** written by Olga Tokarezuk. Addie will be our discussion leader. Enjoy this lovely Fall weather. Hope to see everyone in October.

Marg Nicoll- Griffith and Judy Kelley



BOOK CLUB II

Book Club II will meet on Thursday, October 19 at 1:00p.m. The hostess is Marilyn Flaherty and Sandra Smith will review the novel **"Fayne"** by Anne-Marie MacDonald about a young woman growing up in 19th century Britain.

Susan Pick Vadivel

BOOK CLUB III

Our next meeting is Tuesday afternoon, October 3, where our book selection to be discussed is "**Demon Copperhead**" by Barbara Kingsolver. We are presently meeting in members' homes the first Tuesday of the month, with Zoom meetings planned for the winter months. It would be a pleasure to add one or two members to our group. Book discussions are informal! If interested, please contact me.

Linda Ricketts

BOOK CLUB IV

We will be meeting on October 18 at the Pierrefonds library or at a terrasse (TBA) 1:30-3:30p.m. The book we are reading and to be discussed is "**L.A. Weather**" by Maria Amparo Escandon. New members are always welcomed. Luhan Wahbeh

Luhan Wahbeh

COFFEE TIME



Coffee Time 2023-24 will continue on Wednesdays at 10:30am via Zoom. No reservations required. A topic of conversation is suggested for each week in the invite that is sent out on the Monday by either Joyce Schaaf or Marianna Newkirk, the new co-hosts. It is a chit-chat group where we share laughs and opinions from the comfort of our homes. Hope to see some new faces. **Visitors to Coffee time are always welcome. We meet by Zoom every Wednesday at 10:30 and have a different topic to discuss each time.**

Joyce Schaaf and Marianna Newkirk

DINNER CLUB

Our Dinner Club is a dynamic group of approximately 50 club members, who enjoy dining together and sharing the gastronomy of restaurants in and around the West Island. We average between 15 to 20 diners an outing.

We meet the **fourth Thursday of the month at 6:00 p.m. for the dinners and 12:00 p.m. for the luncheons**. As your interest group leaders, we will inform you of the date, time and location of that month's restaurant and request confirmation of your presence. We will also call and reserve the restaurant, arrange preferred seating, method of payment and review the menu.

Last month 20 diners enjoyed a memorable meal at Restaurant Le Surcouf in Sainte-Anne-de-Bellevue.

This month the dinner will take place on **Thursday, October 26th, at 6:00 p.m.** and registered diners will be advised of the restaurant by e-mail.

We welcome any MLUWC member. Should you wish to join our group, please feel free to contact us.

Group leaders

Sally Gurekian

Victoria Pinnell

FRENCH CONVERSATION

French Conversation meets Friday, October 20 on Zoom at 9:30 a.m.

Janet Anderson

JAUNTERS



Jaunters visit to Greenwood home in Hudson.

Chitra Chopra

MYSTERY BOOK CLUB

We are meeting on Wednesday, October 11 at 1:00p.m. The book which we will be discussing is **"In Dark Water"** by Lynne McEwan. We will be meeting at Gilda Martinello's home and she will be leading the discussion.

The book starts off with the discovery of a female body in Solway Firth, Scotland. As the police investigate, reports of people trafficking and a spate of thefts from local shops compete for attention with a large- scale drug bust.

Gilda Martinello

OUTDOOR PICKLE BALL

Never heard of pickle ball? Never tried pickle ball? Don't worry we are all beginners and are not competitive at all. Not yet anyways. We spend to much time laughing at ourselves. Just to show how silly we can be, have a look at the picture.

We meet on Fridays at 9:30am at Drummond Park weather permitting (which has been a challenge this summer). An email is sent out every Thursday asking those who want to play that week to respond. If you want to be on the list of people who get the email, please send me an email with the subject line *Pickleball* or sign-up at the Kick-off meeting on September 6.



If you don't have a racket, don't worry. Many of us have 2. Just let me know in your email (or the sign-up sheet) so we can make sure we have enough rackets

Nancy Acemian

WEST ISLAND WALKS

West Island Walks will meet every Monday for a one-hour walk: 10:00 - 11:00 a.m.

This interest group is open to walkers of all abilities - some of us walk quickly, others at a slower pace. Every week we walk for an hour in a different location in the West Island. We walk rain or shine. The only time we might cancel is if surfaces are icy or muddy or we have high winds.

To sign up, sign the sheet at the kick-off on September 6th or email me.

Jane Cowell

WINE APPRECIATION II

A SUNNY DAY IN GOOD COMPANY AT THE VINEYARD!

September 13th was the “traditional pilgrimage to a vineyard” to kick-off the 2023/2024 season for our Wine Appreciation Group II members. Well received by Vignoble Souffle de Vie in Senneville, the wine tasting of four wines was accompanied by platters of wine-pairing meats, foie gras and cheeses topped off by a dessert of fresh fruits and carrot cake plus coffee/tea.



Diane Gibb



On this page, we announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commissioner of oaths. If you have any items you would like published on this page, please email the information to me (mluwc.newsletter3@gmail.com) and note that it is for the Community News page.



MONTREAL COUNCIL
OF WOMEN
CONSEIL DES FEMMES
DE MONTRÉAL



Join us Thursday October 5th at noon for a Zoom meeting to find out more about efforts to defend English education rights in Quebec.

Recent legislation enacted by the Legault government directly impacts the anglophone community's ability to manage its school system. Bill 40 seeks to abolish elected English school boards in favour of regional service centres. Bill 21 outlaws the wearing of religious symbols by certain government sector employees, including teachers, and affects the ability of English school boards to staff their classrooms as they see fit. Bill 96 caps enrollment at English language CEGEPs and imposes new French language courses on students.

Longtime education sector volunteers Rosemary Murphy and Leah Trineer, along with Andrew Cadell of the Task Force on Linguistic Policy will update MCW members on efforts to challenge these laws.

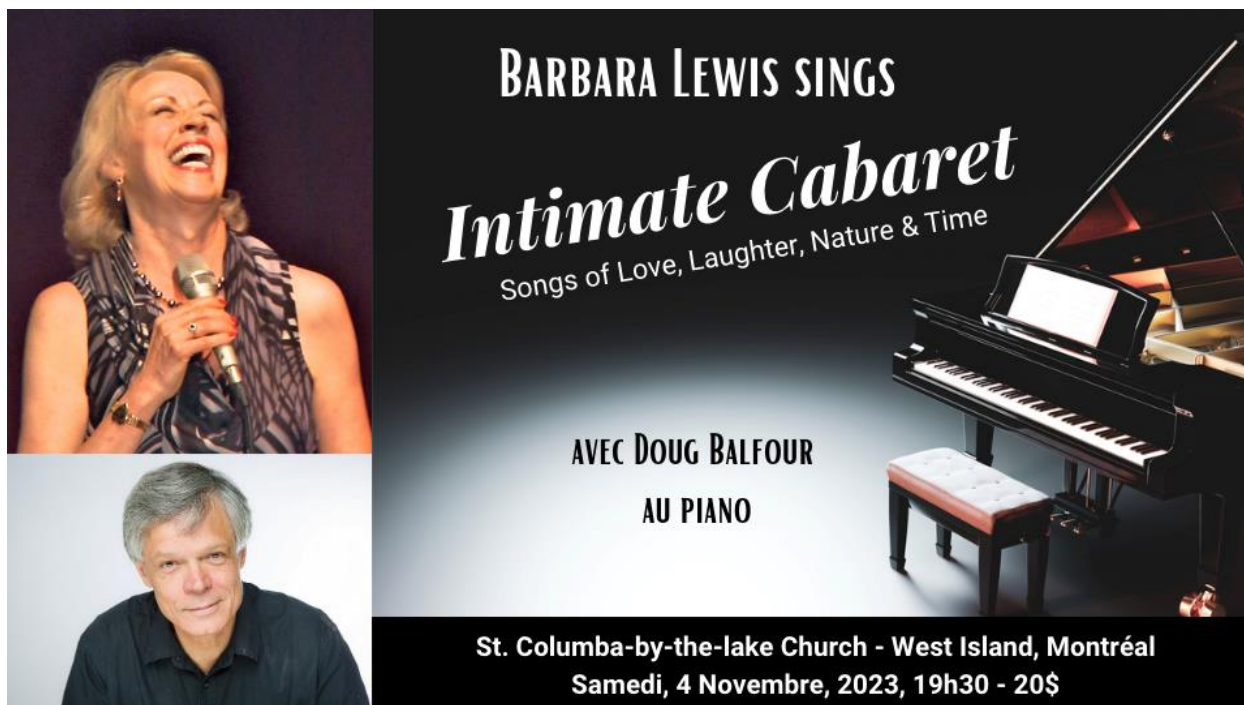
For more Info: <https://montrealcouncilofwomen.ca/en/events/our-events/october-5-2023> (Ctrl+Click)

[CLICK HERE TO REGISTER \(Ctrl+Click\)](#)



The poster is for a 'CASINO ROYALE' fundraiser. It features a dark background with gold and white text. At the top center is a gold crown logo with the word 'FUNDRAISER' below it. The main title 'CASINO ROYALE' is in large, bold, white letters. Below the title, the date 'OCTOBER 20, 2023 - 7pm' is in gold, followed by the location 'SARTO-DESNOYERS COMMUNITY CENTRE' and '1335 Lakeshore Drive - Dorval' in white. On the left side, there is a small logo for 'SHELTER FOUNDATION AWARD WINNER 2018'. In the center, it says 'PRIZES - SILENT AUCTION ENTERTAINMENT' in gold, followed by a large '\$65' in gold. On the right side, the phone number '514.694.2121' and the website 'RoyalLePageVillage.com' are listed in gold. The bottom of the poster features a row of logos for various partner organizations: 'ROYAL LePAGE VILLAGE', 'Refuge pour les femmes du 10^{ème} arrondissement Shelter', 'Auberge Transition', 'SHELTER FOUNDATION', and 'FONDATION UN TOUT POUR TOUS de Royal LePage'. The number '0001' is also visible on the right.

Join the fun 🎲, get your tickets via Linda Sestock lsestock@royallepage.ca or 514-984-7685. \$65 includes 1 drink, door prize ticket and play money..



BARBARA LEWIS SINGS

Intimate Cabaret
Songs of Love, Laughter, Nature & Time

AVEC DOUG BALFOUR
AU PIANO

St. Columba-by-the-lake Church - West Island, Montréal
Samedi, 4 Novembre, 2023, 19h30 - 20\$

On Friday, October 13, 2023, at 7:30 p.m. the **Lakeshore Chamber Music Society** will present our first concert of the season with:

Katarina String Quartet, featuring:

Jeanel Liang, violin

Jérôme Chiasson, violin

Celia Morin, viola

Maya Enstad, cello

Location: Union Church
24 Maple Avenue
Ste-Anne-de-Bellevue

Tickets are available at the door: \$25 for adults; \$10 for students; free for 16 & under.
You can sign up for a season membership on our website
at <https://www.lakeshorechambermusic.org>

The concerts are sponsored in part by the Conseil des arts de Montréal.



Let's Get Excited About Travel Again!

Senior Discovery Tours takes care of all your travel details, so all you have to do is enjoy our beautiful world. As Canada's largest and most trusted operator of escorted tours and cruises for over 45 years, our tours are designed to provide peace of mind for the mature traveller who enjoys a carefree experience.

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*For every MLUWC member that travels with Senior Discovery Tours,
the MLUWC will receive a 4% commission per booking!
Please contact Joyce Schaaf (joyceschaaf@gmail.com) for booking details.*

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Tours**



Please note: If you travel with Senior Tours and are a member of the club, the Scholarship Fund will get a 4% rebate on the cost of your trip. If you use Senior Tours, please contact me after you return and I will send in the appropriate paperwork. I just need to have your name, the date of travel and the name of the tour. Thank you and Happy Travels.

Joyce Schaaf

COMMISSIONER OF OATHS

Do you know the role of a Commissioner of Oaths?

It is an individual who is empowered to certify the oath or “solemn affirmation” of a person upon documents such as diplomas, birth certificates and other records.

If you need this service, please contact
Jennifer Ferguson (between 9am and 5pm)



Please go to **www.facebook.com/MLUWC**

We have over 500 likes and over 600 followers!
Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC

We're also on **Instagram**



AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated **57,846 points**.

Please contact either **Connie Ellis** or **Mary Vlahos** for more information.

Advertising space available

Please contact: mluwc.newsletter3@gmail.com



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October				2023		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 General Meeting 6:30-900 p.m.	3 Book Club III 1:00p.m.	4 Coffee Time 10:30 a.m. Zoom	5 Advocacy 7:30 p.m. Zoom	6 Pickle Ball 9:30 a.m. Drummond Park	7
	9 Happy Thanksgiving	10	11 Coffee Time 10:30 a.m. Zoom Mystery Book Club 1:00 p.m. Book Club I 1:00p.m.	12	13 Pickle Ball 9:30 a.m. Drummond Park	14
15	16 West Island Walks 10:00 a.m. Executive Meeting 7:00 p.m. Zoom	17	18 Coffee Time 10:30 a.m. Zoom Book Club IV 1:30p.m.	19 Book Club II 1:00 p.m. Zoom	20 Pickle Ball 9:30 a.m. Drummond Park French Conversation 9:30 a.m. Zoom	21
22	23 West Island Walks 10:00 a.m.	24 Armchair Travel 7:00 p.m. Zoom	25 Coffee Time 10:30 a.m. Zoom New Members Night (TBA)	26 Dinner Club 6:00p.m.	27 Pickle Ball 9:30 a.m. Drummond Park Provincial Council Quebec	28
29	30 West Island Walks 10:00 a.m.	31 Happy Halloween				

Newsletter Editor: Maria De Wolfe mluwc.newsletter3@gmail.com

I take full responsibility for all errors, omissions or spelling mishaps and incorrect punctuation. If you would like me to correct an error in the next newsletter, please email me at:

mluwc.newsletter3@gmail.com.

If you would like to contact someone mentioned in the newsletter but you don't have their email address, please send a message to the email above and I will forward it.

Proofreaders: Janet Ankorn and Gilda Martinello (Many thanks)

October Newsletter Deadline: October 22



Remembering Mahsa Amini: Her Impact on Women's Rights in Iran and the World

Mahsa Amini was not a political activist. She was a 22-year-old Kurdish Iranian woman who was arrested by the Guidance Patrol for allegedly violating Iran's mandatory hijab law by wearing her hijab "improperly" while visiting Tehran from her hometown. Her death in police custody on September 16, 2022, sparked protests and civil unrest in Iran and around the world and the birth of the **Women Life Freedom** movement.

On the anniversary of her death, we are reminded of the ongoing struggles for women's rights in Iran and elsewhere. Since her death, the women's rights movement in Iran has continued to evolve and resist despite the government's brutal clampdown on protests. Women's rights activists have continued to speak out and demand change, inspiring others to join the movement.

Iranian women's rights groups seek support from **international women's organizations** in:

Advocating for the expansion of rights for women and all Iranians, including the right to freedom of expression, association, and assembly.

Calling for the repeal of discriminatory laws, such as the mandatory hijab law, and for the release of women's rights activists who have been arrested and imprisoned for peacefully protesting.

Urging international organizations to pressure the Iranian government to respect the rights of women and minorities and to hold those responsible for human rights abuses accountable.

Requesting the establishment of an independent commission to investigate the government's repression of women's rights activists.

Asking international organizations to provide support and resources to women's rights activists on the ground in Iran.

International women's organizations have played a central role in supporting the protests, condemning the government crackdown and advocating for the expansion of rights for women and all Iranians. The Montreal Council of Women continue to support the women of Iran in their struggle and stand in solidarity with them. We also remember with sorrow the lives that have been sacrificed.

Mahsa Amini is more than a symbol, she is a woman, a daughter, a friend - a life that was taken too soon.

Woman. Life. Freedom.

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