

# MLUWC

MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

**Newsletter, October 2022**

Volume 66, Issue 2

**Celebrating 65 years of Friendship, Advocacy and Education**

## **General Meeting October 3, 2022**



Dear members,

It is with regret that we are cancelling the October 3, 2022, General Meeting.

Unfortunately, our guest speaker's mother is in palliative care. Also, as it is election night it will be difficult to find a replacement speaker at the last minute.

Thank you for your understanding,

Program Committee

## **PRESIDENT'S LETTER**

Thanks to all who attended our kick-off. It was lovely to see so many people - both in person and online. Theresa Sliz, our Hospitality Chair ably served the food boxes from Marookies and the wine to those attending in person. Maître Julius Grey was an informative speaker and took the necessary time to answer all our questions about Bill 96. We had a few guests, new members, long-time members and, most importantly, connections were made with like-minded women who care about our community and women's education.

As I write this, I am travelling through France for the first time. As a history buff, gourmand, and a member of Wine Appreciation 2, I am in 7<sup>th</sup> heaven! My plane home was supposed to land at 3:15 pm on Monday October 3<sup>rd</sup>, but my flight has now been delayed until October 5<sup>th</sup>. There are far worse things that could happen than spending two extra days in France

October is a month of holidays – Thanksgiving, Yom Kippur, Sukkot, Milad un Nabi, Diwali - even Halloween! However, you may celebrate, I wish you a wonderful month!

Take care,

Jane Cowell  
President

## PROGRAM

We look forward to seeing you on Zoom for the general meeting on **Monday, November 14** with a visit to **Glen Villa Art Garden**, North Hatley with Pat Webster via Zoom.

We are looking forward to our in-person Christmas event. Please reserve **December 5** to join us for this celebration.

## MEMBERSHIP

A friendly reminder that it is time to pay your MLUWC membership fees for the 2022-2023 season.

If you have already renewed, thank you!

If you have not yet done so, you can pay your fees in one of two ways:

- by cheque, payable to MLUWC, for \$120, and mailed to:

Montreal Lakeshore University Women's Club  
P.O. Box 383  
Pointe-Claire, QC  
H9R 4P3

Or

- Go to our website, [www.mluwc.com](http://www.mluwc.com), click on *Membership*, scroll down to *Returning Members* and click on the yellow <Buy Now> button which will take you to PayPal and follow directions.  
If you don't have a PayPal account, once on the PayPal page simply select *Pay with a credit or Visa Debit card* and follow instructions.



**Note →** To be included in the MLUWC members' directory you need to be a member in good standing by September 30. A revised directory will be e-mailed to members by mid-October.

Looking forward to seeing you in person,

**Nancy Acemian**  
**V.P, Membership Chair**

## ADVOCACY COMMITTEE

Our first Advocacy committee meeting will be held on Zoom on October 6 at 7:30 p.m. New members and new project ideas are both welcome. Contact us if you would like to attend, and we will send you the Zoom link for the meeting.

**Patricia DuVal**  
**Mary Vlahos**



Dear Montreal Lakeshore University Women's Club,

**Object: CARE Jeunesse Gift Card Update**

**August 26, 2022**

Thank you for your generous donation last Christmas to our emergency gift card program! As you may know by now from past years of partnership with CARE Jeunesse, an estimated 2000 youth 'age out' of Quebec youth protection placements at age 18 annually many of whom do so with little to no adult support. Faced with housing insecurity, poverty, isolation and untreated past trauma, as many as 33% experience a period of homelessness before their 21st birthday. CARE Jeunesse was founded in 2015 by alumni of care to provide a community and a voice for fellow youth leaving placements in our province so that no one should have to experience this transition to adult life on their own.

Thanks to devoted partners like you, we were able to provide \$3085 in emergency gift cards to our members and their children last year, representing an 18% increase. For those struggling to make ends meet, this is a significant source of financial support and encouragement in a time of need. And our care does not stop there! Thanks to our gift card program, we are able to use this opportunity to connect youth to other community resources such as scholarships, job hunting services, legal assistance and more. For many, it is also an opportunity to connect with our team and get plugged into our peer support network where they can form positive, multi-generational friendships.

*"I have been on my own off and on and there's been times where I really needed help and this [emergency gift card] program came in handy when I had very little and was stuck."*

*"[The program] can really save you in a difficult moment."*

*-CARE Jeunesse members*

I hope you see the impact you are having and that you will consider donating once again this holiday. For those who are interested, please note the following details:

### Donation details for 2022

- Our most popular gift cards are for **grocery stores** and multipurpose stores like Walmart and Dollarama
- We give \$50 to singles and \$100 to members with children, so **\$25 or \$50 cards** are the easiest for us to mail out. This being said, all gifts are a huge help, so we are grateful for any amount!
- Feel free to **keep sending notes!** We love being able to provide this personal touch, especially during the holiday season which is often a lonely time for many of our members
- When possible, please include a **receipt** so that we can provide proof of purchase if ever a card is inactivated or not working
- For those who would like to make an **additional donation** to our general mission, you can do so [on our website](#), also accessible here:



On behalf of our organization and our members, thank you once again for your ongoing support and care. We truly could not accomplish our mission without you!

With gratitude, Talina Henseleit

*"When life seems hard,  
the courageous do not lie  
down and accept defeat;  
instead, they are all the  
more determined to  
struggle for a better future."*

**-QUEEN ELIZABETH II**

## CFUW NEWS



### **Annual General Meeting - *October 22 at 11:30am EST***

#### **To all CFUW members:**

The CFUWCT AGM meetings are open to all CFUW, and we extend an invitation to all members to join us at our annual AGM.

These meeting are very brief, about half an hour, and this year it is to be on October 22 at 11:30. It is followed by a speaker – one of our past Fellowship winners – Casey Oliver. She is speaking on an issue that has long been an interest of CFUW: sexual violence. She is scheduled for 1:30.

The connection between CFUW and the Trust is an important one. In essence, the Fellowships provided by the Trust are a concrete demonstration of the importance of the education mandate for CFUW. Our past winners are splendid examples of what the young women of Canada are achieving. Whenever we hear one of them speak of their work, we are thrilled that CFUW and the CFUW Charitable Trust has been able to provide such important support.

[Click here to see the 2022 Annual Report for your information.](#) We would be delighted if you could join us for this meeting.



***Please mark your calendars! The date for the Québec Council CFUW Fall meeting will take place on Saturday, October 22, 2022, in Magog, Qc in the Eastern Townships.***

***Details to follow!***

**Veuillez inscrire à vos calendriers ! La date de la réunion d'automne du Conseil Québécois AFDU aura lieu le samedi 22 octobre 2022 de 9 h 30 à Magog dans les Cantons de l'Est.**

***Deborah Dimitruk***

***President, CFUW Sherbrooke & District***



## **MLUWC SCHOLARSHIP FUND**

### **MOTION TO BE VOTED ON AT OCTOBER GENERAL MEETING**

#### **FRENCH LANGUAGE VERSION OF THE MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB SCHOLARSHIP FUND**

The following motion is proposed by the MLUWC Scholarship Fund Committee and was approved by the MLUWC Executive.

The general membership will be asked to vote on this motion at the next General Meeting on November 14, 2022.

#### **BACKGROUND:**

For many years the Scholarship Fund received financial assistance from local MNA's discretionary funds. However, the CAQ government added the requirement that only organizations with a Quebec Enterprise Number (NEQ) are eligible to receive government funding. Additionally, in order to register for an NEQ, an organization must have a French name. The French version will not replace the English name of our organization. The proposed name uses the same format as used by other University Women's Clubs in Quebec. Once the name is approved, Scholarship Fund can complete the NEQ registration process and be able to solicit funding from provincial government sources.

#### **MOTION:**

To adopt ***Fonds de bourses d'études de l'association des femmes diplômées des universités – Ouest-de-l'Île*** as the French language version of Montreal Lakeshore University Women's Club Scholarship Fund.

**Gilda Martinello**  
**Chairperson, MLUWC Scholarship Fund**

## FUNDRAISING COMMITTEE



Our **Fundraising Committee** met last month to discuss possible fundraising events in order to meet this year's Scholarship Fund objective of \$11,800.00. Unlike previous years where two major fundraisers were held, we have decided to hold smaller events and activities throughout the year that will hopefully allow us to hopefully meet our goals.

For those members who are not able to attend some of our functions, we are conducting another **Scholarship Fundraising Drive** which began in **September and will continue until April 2023**. Many of our members were very supportive in the past, so if we could count on you once again, it would be most appreciated.

Credit card donations are accepted online through [www.canadahelps.org/en/dn/10093](http://www.canadahelps.org/en/dn/10093) or with a cheque payable to; **MLUWC Scholarship Fund** and sent to **P.O. Box 383, Pointe-Claire, QC H9R 4P3**. Tax receipts are issued for donations of \$25 or more.

We are also pleased to announce the return of **Games Day** to be held on **Friday, Nov 11, 2022**, at the Herb Linder Annex, 303 Beaconsfield Blvd. H9W 4A7. Tickets are \$25. Registration details to follow.

**Book and Jewelry Sales** will once again be conducted at the beginning of the monthly General Meetings starting in November. Members may donate or purchase books. Unsold books must be collected by the donors at the end of each meeting, as we do not have storage capabilities.

A **Fundraising Dinner** is planned for mid-April to commemorate the Club's 65<sup>th</sup> anniversary. Details and location will follow.

Members of this year's Fundraising Committee are Anne Brohan, Sally Gurekian, Carole Newberry and Mary Vlahos. Should any MLUWC member wish to join our committee, you would be most welcome. No experience is required

**Victoria Pinnell**  
**Fundraising Chair ([vpinnell@gmail.com](mailto:vpinnell@gmail.com))**



## SCHOLARSHIP DONATION FORM

You can also make your donation online at: [mluwc.com](http://mluwc.com) or at: [canadahelps.org](http://canadahelps.org).

### Donation Form

#### MLUWC Scholarship Fund

Charity Registration Number 85457 5289 RR0001

Personal donation ☐

Company donation ☐

For: In Memory ☐

or In Honour ☐

In Memory/In Honour ☐

Please complete the following:

Honouree Name: \_\_\_\_\_

I enclose my donation of \$ \_\_\_\_\_

Notification Information:

Please make cheque payable to **MLUWC Scholarship Fund**.

Name: \_\_\_\_\_

Tax receipts will be issued for donations of \$25.00 and more.

Address: \_\_\_\_\_

Donor Name: \_\_\_\_\_

City/Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Address: \_\_\_\_\_

City/Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Email: \_\_\_\_\_

Send to:

MLUWC Scholarship Fund

P.O. Box 383, Pointe-Claire,  
QC H9R 4P3

You can also make secure online donations using your credit card through [CanadaHelps.org](http://CanadaHelps.org).

Visit [mluwc.com](http://mluwc.com) and click on: Donate to the Scholarship Fund.

Thank you for your support!



Driving down the 401,  
What were three Past-Presidents of MLUWC doing on Highway 401 last month? Why, driving in Renate's car to see some plays in Stratford, ON!  
For many years, MLUWC has organized a week-long bus trip to the Stratford Festival for club members and friends until Covid 19 turned out the lights in the theatres. This year, with the easing of restrictions, we again made the offer of a trip to those on the database from previous years, but most people were justifiably cautious about sitting in a theatre. As the pandemic news from Ontario improved, **Renate Sutherland, B J Bell and Kate Le Maistre** decided to scratch the theatrical itch, take all possible precautions, and make the journey.

We chose six plays from the ten on offer, and, as usual, the production values and standard of acting made it impossible to choose the best, or, even a favourite. In the Festival Theatre, we saw

Colm Feore in a modernized version of "The Miser," with references to Mont Tremblant and Westmount, a spectacularly energetic "Chicago," choreographed and directed by Donna Feore, and "Hamlet," starring a remarkable young black woman, **Amaka Umeh**.  
Amaka also starred as The Praise Singer in "Death and the King's Horseman," a play that taught us a lot about colonial Nigeria in the 1940s and showed off Amaka's amazing singing and dancing skills. We also saw "All's Well That Ends Well," not familiar to any of us, as well as "Richard III," with Colm Feore limping in what looked like a most uncomfortable pose, and relishing the role of Shakespeare's evil king. Both these plays were performed under the tent in the first Stratford season in 1953 and were reprised this year to mark the opening of the new Tom Patterson Theatre. This venue replaces the old arena and is a Stratford star in its own right. It has the same thrust stage and steeply raked seating as the arena, but the seats are comfortable, the technology is world-class, and the whole building is an architectural beauty.

We stayed in **the Arden Park Best Western Hotel**, as usual, and although the hotel claimed to be understaffed, service was not badly affected, and our two breakfast waitresses were their usual welcoming and cheerful selves.

Should we plan a visit to the Festival next year? Definitely! Will we do so? If there is enough interest to fill a bus, and if some theatregoers are willing to help with the planning: yes. Otherwise, we'll still be making individual arrangements again. So far, the only confirmed productions for 2023 are the musicals "Rent," based on La Bohème, and "Spamalot," beloved by Monty Python fans. As soon as the playlist is known, we will canvass the membership to see if there is any interest in travelling and in helping to organize another delightful week.

**Kate Le Maistre**

## MLUWC KICK-OFF MEETING, SEPTEMBER 7, 2022

**GUEST SPEAKER: MAÎTRE JULIUS GREY**



## INTEREST GROUPS

MLUWC has a variety of groups which meet to discuss interests or to participate in events. Covid has severely restricted the activities of some groups. Some groups have successfully transitioned to Zoom or hold meetings outside when weather permits

Some groups are limited by space (as they meet in members' homes). In some cases, there is no room to accept new members. **However, members are always encouraged to start new interest groups.** In fact, that is how most groups are started. If you want more information on starting a group, please contact **Vida Guida** the MLWC interest club leader.

Below is a sampling of some of our interest groups. A complete list with interest group leaders is available with the 2022-2023 program

### ARMCHAIR TRAVEL

We will meet via Zoom on Tuesday, October 25 at 7:00p.m. for meet and greet. The presentation will begin at 7:30p.m... Our guest will be a professional photographer **Annie Papazian** who will share her pictures from Armenia. It should be an interesting and informative evening.

Annie's dream was always to be a photographer. After university, marriage to her high school sweetheart and 3 children, she was able to follow her dream. She owns '**Lifetime Photos**' and works out of her studio on the West Island. She brings passion and enthusiasm to her craft. She traveled the world and has captured amazing memories. We are so fortunate that she will share some of these with us on our next Armchair Travel.

### BOOK DISCUSSION I

We enjoyed a wonderful in-person reunion in Sacha's lovely, covered garden deck discussing, "**Lessons in Chemistry**". Thank you, Anna, for your leadership! Our October 12th meeting, at 1p.m., will be held in Addie Ciebien's home. She will also lead the discussion on our chosen book, "**What Strange Paradise**" by Omar El Akkad.

Enjoy this lovely autumn weather - see you all in October



**Marg Nicoll- Griffith and Judy Kelley**

## BOOK DISCUSSION II

Book Club II will meet via Zoom on Thursday, October 20 at 1 p.m. Ina Lessard will review **“Lessons in Chemistry”**, The Guardian reviewer says about this debut novel: “A tale of female disempowerment in the 50s and 60s gets a culinary tweak in this sweet revenge comedy”

Susan Pick Vadivel

## BREAKFAST CLUB

The Breakfast Club will kick off the 2022 season during the month of October. If anyone who is not already a member of this group and would like to join, please email me at [franca.ferraram@gmail.com](mailto:franca.ferraram@gmail.com) “

Franca Ferrara

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## COFFEE TIME

If you want to laugh, learn something new, get to know some of the members better, then join us for the MLUWC weekly Coffee Break on Wednesdays at 10:30a.m. This year the format will be mixed: we will sometimes meet in person and sometimes be on Zoom.

No registration required. Come as you are with your favorite beverage! As in the past we will have a different theme each week. You can participate in the theme or not. The idea is to have a starting point for our exchanges.

Be sure to check the weekly email announcing the theme of the week and the location of the meeting.



We will be **starting up again on October 5<sup>th</sup>**. Look out for the invite email on October 3.

Hope to see many of you there!

**Nancy Acemian**, Coffee Time Coordinator and MC

## **DINNER CLUB**

(Previously known as Bon Appetit and Exploring World Cultures)

We meet the fourth Thursday of the month at 6:30pm for the dinners and 12:00pm for the luncheons.

Each outing requires two ladies to organize. They inform the participants of the date, time and location of that month's restaurant and request confirmation of their presence. They also call and reserve the restaurant, arrange preferred seating, method of payment and review menu.

We have an opportunity for two ladies to organize for October 27, 2022.

Dinner Club has no limit of members; feel free to contact us if you have not had an opportunity to sign-up.

**Group leaders: Victoria Pinnell** ([vpinnell@gmail.com](mailto:vpinnell@gmail.com))

**Sally Gurekian** ([shgmontreal@gmail.com](mailto:shgmontreal@gmail.com))

## **EVENING BOOK DISCUSSION I**

Our next book club meeting will be on Tuesday, October 4 at 7:30 p.m. at the home of Janet McKelvie. We will be discussing the book **"Big Lies in a Small Town"** by Diane Chamberlain. Our group would welcome 2 or 3 new members.

**Linda Ricketts**

## **EVENING BOOK DISCUSSION II**

We will be meeting on October 18 at 7p.m. Location is still undecided.

We will read the book **"The Lost Girls of Paris"** by Paw Jenoff

There is always room for new members.

Happy reading!

**Luhan/Diane Co-Chairs**

## **EXPLORING WORLD CULTURES**

See Dinner Club

### **FRENCH CONVERSATION**

French Conversation meets on Zoom at 9:30a.m. on Friday, October 21, or, possibly outdoor at a cafe if weather/attendance permits . The group leader will be in touch by email closer to the date)

**Janet Anderson**

### **KNIT & CHAT**

Knit & Chat group usually meet around 1:00 p.m. on the last Sat. of each month. Next one is set for Oct. 30th. When weather permitted, we have met in person either in a park or in someone's backyard. If someone would like to join the group, they will be considered "spares" & join only if we are a few for that Saturday. With the cold weather fast approaching though we may start meeting at each other's home but with a limited number.

**Tina Tessari**

### **MYSTERY BOOK CLUB**

Our next meeting will be on October 12 on Zoom at which time Joyce Schaaf will review **"The Diamond Eye"** by Kate Quinn. It is based on the true story of a female Russian sniper during World War II.

**Gilda Martinello**

### **NETWORKING COMMITTEE**

Next meeting scheduled in November. Details to follow.

**Linda Sestock**



On this page, we announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commissioner of oaths. If you have any items you would like published on this page, please email the information to me ([mluwc.newsletter3@gmail.com](mailto:mluwc.newsletter3@gmail.com)) and note that it is for the Community News page.





**Bénévoles  
recherche(s)**



**Volunteers  
needed**

- Would you like to help your community?
- Would you like to join an enthusiastic and caring group?
- Are you 18 years of age or older?

***Come and join us a few hours a week!***

***We are a volunteer driven Foundation  
supporting healthcare in the West-Island***

 **YES, I want to volunteer!**

***For further information please contact us  
via email [thriftshopsab@gmail.com](mailto:thriftshopsab@gmail.com)  
[www.thriftshopsfornova.com](http://www.thriftshopsfornova.com)***

Author's lunch at the Forest and Stream Club on October 20<sup>th</sup> Robert Wilkins will discuss his book, "**Grandad's Montreal 1901**"  
Please contact Janet Ankcorn to make a reservation, seating is limited. [jankcorn@bell.net](mailto:jankcorn@bell.net)





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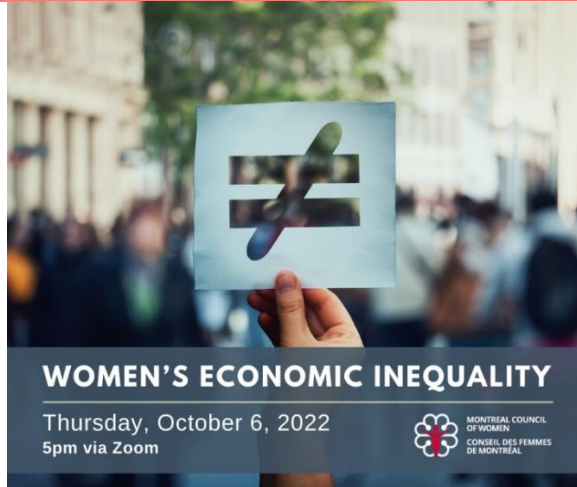
**DROP IN FOR A TOUR AND REFRESHMENTS**

Mon passe-temps  
favori, c'est laisser  
passer le temps,  
avoir du temps,  
prendre mon temps,  
perdre du temps,  
vivre à contre temps.

Françoise Sagan



MONTREAL COUNCIL  
OF WOMEN  
CONSEIL DES FEMMES  
DE MONTRÉAL



## WOMEN'S ECONOMIC INEQUALITY

Thursday, October 6, 2022  
5pm via Zoom



### **Women's Economic Inequality**

***Thursday, October 6th @5pm***

Free MCW Webinar / Zoom

**REGISTER TODAY (CTRL+click)**

While Canada can celebrate October's "Women's History Month," women's economic inequality mars the little economic parity achieved. There continues to be a lack of employment equality, impediments with job segregation, a lack of promotion and pay equity for work of equal value, and no recognition of unpaid work with childcare. The economic effects of racism, violence against women, and poverty have also contributed to a lack of economic gender equality. We also bear witness to the impact of Covid-19 on the economic fallout for women. Even before the pandemic, tangible progress for gender and economic parity has been uneven, with significant gender gaps remaining across the globe. The financial data is self-evident. The magnitude of economic inequity and the vulnerabilities of women is striking. The MCW is honoured to have leading Canadian researchers and activists expose the current challenges in achieving economic parity for women with our virtual panel on **October 6, 2022, at 5 p.m.** Please ensure you register your zoom participation.

**For more information visit the MCW website: [montrealcouncilofwomen.ca](http://montrealcouncilofwomen.ca)**

**Heather Hamilton, MCW representative**



## Let's Get Excited About Travel Again!

Senior Discovery Tours takes care of all your travel details, so all you have to do is enjoy our beautiful world. As Canada's largest and most trusted operator of escorted tours and cruises for over 45 years, our tours are designed to provide peace of mind for the mature traveller who enjoys a carefree experience.

Our travellers love our tours because we include everything! They also rave about our Tour Managers, who go above and beyond to ensure that their trip runs smoothly and that everyone has a wonderful experience!

*For every MLUWC member that travels with Senior Discovery Tours,  
the MLUWC will receive a 4% commission per booking!  
Please contact Joyce Schaaf (joyceschaaf@gmail.com) for booking details.*

**Request a Brochure**  
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## COMMISSIONER OF OATHS

Do you know the role of a Commissioner of Oaths?

It is an individual who is empowered to certify the oath or “solemn affirmation” of a person upon documents such as diplomas, birth certificates and other records.

If you need this service, please contact **Victoria Pinnell** (vpinnell@gmail.com), or **call Jennifer Ferguson** (514-697-7663 between 9am and 5pm)



Please go to [www.facebook.com/MLUWC](https://www.facebook.com/MLUWC)

We have over 500 likes and over 600 followers! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC



## We're also on Instagram



### AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated **57,846 points**.

Please contact either Connie Ellis or Mary Vlahos for more information.



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# October

## 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Evening Book Club I 7:30 pm	5 Coffee time 10:30am Zoom	6 Advocacy 7:30pm Zoom MCW Webinar 5:00pm	7	8
9	10	11 Evening Book Club II Zoom 7:00pm	12 Coffee time 10:30am Zoom  Book Club I 1p.m  Mystery Book 1:00pm Zoom	13	14	15
16	17 Executive Meeting 7:00pm	18 Evening Book Club II	19 Coffee time 10:30am Zoom	20 Bool Club II 1:p.m.	21 French Conversation 9:30a.m	22 CFUW-Fcfdu 9:30.am
23	24	25 Armchair Travel 7:30pm Zoom	26 Coffee time 10:30am Zoom	27 Dinner Club 6:30p.m.	28	29 Knit and Chat 1:00pm
30	31					

If you would like to contact someone mentioned in the newsletter but you don't have their email address, please send a message to the email above and I will forward it.

**Proofreaders: Janet Ankorn and Gilda Martinello (Many thanks)**

**October Newsletter: October 17**



