

# MLUWC

MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

## Newsletter, November 2019

Volume 62, Issue 3

### General Meeting

**Monday November 11, 2019  
at The Karnak Shriners' Temple  
3350 Sources Blvd., DDO**

**Coffee – 7:00**

**The Meeting will start at 7:30 sharp**

**Guest Speaker: Maria Korab-Laskowska**

**Topic: A Photographic Journey:  
Fragrant Spruce and the Voice of  
First Nations**

**Please see page 2 for more details**

**You will also will meet our 2019  
Scholarship recipients**

### PRESIDENT'S MESSAGE

I hope that everyone enjoyed a lovely Thanksgiving week-end. I was lucky enough to spend some time up north and enjoy the beautiful fall colours.

Congratulations to Jane Cowell-Poitras, Nancy Acemian, Rhonda Massad and Daniel Khoury and all of the Club members who assisted with, and attended our "Meet the Candidates" event. We had a full house. If you missed the event, you can still enjoy it on video (from our website or our Facebook page).

October was a busy month; The Quebec Council meeting was held in the Eastern Townships on October 26. And New Members Night will be held October 30 at Studio 77 in Pointe-Claire.

As we get ready for the winter months ahead, it is important to remember to make room for our new members, especially if we want them to stay with us. A new evening book club has been started and it includes 3 new members.

I look forward to seeing you all at our November meeting where we will enjoy an artistic presentation by Maria Korab Laskowska - and be introduced to our Scholarship Recipients.

Wishing you a ghostly Halloween and remember to follow us on social media: Facebook, Instagram, Linked-in and Twitter

Best regards,  
Linda Sestock, President

## NOVEMBER GENERAL MEETING

### **“A Photographic Journey: Fragrant Spruce and the Voice of First Nations”**

It is with great pleasure that the Program Committee invites members and guests to a unique experience on Monday, November 11. We will welcome one of our members, Maria Korab-Laskowska, who will take us on a hiking and canoeing journey through the unspoiled paradises of the Adirondacks and several Quebec parks (including La Maurice, Gaspésie, Bonaventure Island, Mingan Islands).

We will learn about efforts being taken to protect and restore these natural habitats; meet Quebec Indigenous artists and leaders; listen to beautiful poetry and music which reflect the deep connection between First Nations culture and the Nature.

The talk is in English, poetry and songs in French, English, Cree, Innu, Micmac.

### **BIOGRAPHY**

#### **Maria Korab-Laskowska**



I came to photography with a love for the natural world and a passion for travel and outdoors.

In 2009, after many years of professional career in bioinformatics, I graduated from the Commercial Photography Program at Dawson College. Since then I have photographed many subjects ranging from art and architecture to animals and sports.

Through photography, I have met many wonderful and dedicated people and I enjoy helping them by taking photographs of various causes: SPCA, environmental issues, WICA, Systema, etc.

To learn more about Maria Korab-Laskowska visit:

<https://www.korabphoto.com/>

## HOSPITALITY COMMITTEE

Our **December/Christmas meeting** will be held on Monday, December 9 at the Beaconsfield United Church.

We are looking for people to bring sweet or savory snacks to this event as well as to volunteer to sell raffle tickets for the Christmas baskets and to help set-up and clean the facilities.

Please contact Tina Tessari at [tanit@videotron.ca](mailto:tanit@videotron.ca) or Luhan Wahbeh at [lwabs0@gmail.com](mailto:lwabs0@gmail.com) to let them know what you will bring and if you will volunteer. We will also have a sign-up sheet at the November meeting for your convenience.

## SCHOLARSHIP COMMITTEE

Due to the candidates' night held during the October meeting, the introduction of the 2019-2020 scholarship recipients was postponed to the November meeting.

We look forward to meeting:

- Alexia De Simone (McGill University, Medicine): Alberta Shearer Scholarship;
- Imane Moussaid (Université de Montréal, Optométrie): Margaret Manson Scholarship;
- Gloria Sutharman, John Abbott College (McGill University, Education): Amy Williams Scholarship.

Maria De Wolfe

Chairperson, Scholarship Committee

## MLUWC SCHOLARSHIP FUND

I am very pleased to welcome Rachel Chenier to the Scholarship Fund Committee as our new Treasurer. Rachel replaces Janet Ilavsky who was our Treasurer for the past 3 years.

Thank you to all members who support the Scholarship Fund by attending MLUWC fundraising events or by donating directly to the Fund. Donations to the Fund can be made online through [canadahelps.org](http://canadahelps.org) or by cheque payable to MLUWC Scholarship Fund. A donation form is included in the newsletter.

The following motion was presented by the Scholarship Committee and approved unanimously by the Scholarship Fund Committee on October 10, 2019 and by the Executive on October 15, 2019. It will be presented to the membership at the General Meeting on November 11, 2019.

### Background:

Candidates for MLUWC scholarships are evaluated based on a set of established criteria including high academic standing, financial need, community involvement, etc. However, the committee has observed that applications are received from worthy candidates that do not necessarily have the highest marks. These applicants have valid reasons for lower marks, such as health issues and work or family commitments. The committee feels strongly that MLUWC should support such deserving candidates considering the healthy state of our Scholarship Fund and the needs expressed in the scholarship applications.

### Motion:

**The committee, therefore, proposes that an additional annual bursary of \$2000.00 be established for a university applicant who may be deserving but who, for reasons stated in the application, may not be able to make the commitment to obtaining the highest marks in their field of study.**

If you have any questions regarding the motion, please do not hesitate to contact Maria de Wolfe or myself.

I'm excited to attend the November meeting where we will have the opportunity to hear from some of our 2019 Scholarship recipients. This meeting is always very inspiring and reminds us of how the Club's scholarships make a difference. Hope to see you there!

Heather Hamilton

## DONATIONS

Making a donation to the MLUWC Scholarship Fund is easy and can be done at any time. Credit card donations are accepted through [canadahelps.org](http://canadahelps.org). If you prefer, you can write a cheque payable to MLUWC Scholarship Fund, complete the form below and send it along with your cheque to P.O. Box 383, Pointe-Claire, QC H9R 4P3.

Donation Form MLUWC Scholarship Fund Charity Registration Number 85457 5289 RR0001	
Personal donation <input type="checkbox"/>	Company donation <input type="checkbox"/>
For In Memory <input type="checkbox"/> or In Honour <input type="checkbox"/> donations, please complete the following:	
In Memory/In Honour <input type="checkbox"/>	Honouree Name: _____
I enclose my donation of \$ _____	Notification Information:
Please make cheque payable to <b>MLUWC Scholarship Fund</b> . Tax receipts will be issued for donations of \$25.00 and more.	Name: _____
Donor Name: _____	Address: _____
Address: _____	City/Prov. _____ Postal Code _____
City/Prov. _____ Postal Code _____	
Email: _____	
Send to: MLUWC Scholarship Fund P.O. Box 383, Pointe-Claire, QC H9R 4P3	
Thank you for your support!	
You can also make secure online donations using your credit card through CanadaHelps.org. Visit <a href="http://mluwc.com">mluwc.com</a> and click on Donate to the Scholarship Fund.	

## MEMBERSHIP

As of October 16, 2019, our membership numbers are:

Paid	159
Life	7 (included in above paid)
New Paid	12
Unpaid	29
Not Returning	10

Unpaid members will be not included in the November directory.

Many of you probably wonder how your \$120 fees are dispersed. The bulk, \$76, is remitted to CFUW. This includes our GWI fees and the \$6 increase for CFUW voted on this summer at the AGM. The Quebec Council receives \$2 per member and the remaining \$42 stays with MLUWC.

We shall be hosting a New Members' Wine and Cheese on October 30 at Studio 77 in Pointe Claire. This is a "by invitation" event. I am looking forward to meeting our new members again when I shall have the opportunity to chat more with each one of them.

Barbara Armbruster,  
V.P. Membership

## FUNDRAISING COMMITTEE

This year's fall fundraiser "MLUWC Goes Italian" was a tremendous success! Opera singing Chef, Davide Bazzali performed and demonstrated his pasta making skills to a "full house" at the Karnak Shrine Temple. Restaurant Casa Mare catered a lovely five-course meal. A full report will be provided in next month's newsletter.

In the event that you were unable to attend the dinner performance and you would like to support the annual MLUWC- Scholarship Fundraiser, a donation would be most welcome.

As requested by the membership, the raffle ticket sale for lovely gift certificates will be available at the monthly General Meetings.

Victoria Pinnell  
Fundraising Chair ([vpinnell@gmail.com](mailto:vpinnell@gmail.com))



## **“MEET THE CANDIDATES” EVENING**

**October 7, 2019**



Left to right: R. Mossad (moderator), J. Cowell-Poitras (organizer), Gary Charles (Peoples Party of Canada), Dana Chevalier (NDP), Mariam Ishak (Conservative), L. Sestock (MLUWC President), F. Scarpaleggia (Liberal), Cameron Stiff (Green Party), D. Khoury (moderator)



## STRATFORD FESTIVAL TRIP SEPTEMBER 14 – 18, 2020

Thirty-five members and guests enjoyed this year's trip to Stratford—the twenty fifth edition.

We'll soon need to decide on our selection of plays for next year (and what a choice!), so that I can reserve tickets during the first week of December. You'll see from the attached notice that there will be a repertory of 15 performances in five theatre spaces (including the spectacular new Tom Patterson Theatre), from which we can see a maximum of six plays in three days.

We travel by bus, and are chauffeured around the theatres and restaurants. We stay at the Arden Park, a Best Western Plus hotel, which is convenient and comfortable.

If you are interested in receiving more detailed information, please send me your email address.

Kate Le Maistre ([kate.le.maistre@mcgill.ca](mailto:kate.le.maistre@mcgill.ca))

### **FESTIVAL THEATRE**

Much Ado About Nothing  
Hamlet  
Chicago  
The Miser

### **AVON THEATRE**

Schulich Children's Plays  
Wendy and Peter Pan  
Monty Python's Spamalot  
Wolf Hall

### **TOM PATTERSON THEATRE**

Richard III  
All's Well That Ends Well  
Here's What It Takes  
Frankenstein Revived

### **STUDIO THEATRE**

Three Tall Women  
The Rez Sisters  
Hamlet-911

### **LAZARIDIS HALL**

**AT THE TOM PATTERSON THEATRE CENTRE**

An Undiscovered Shakespeare



## **JANUARY POT LUCK DINNERS**

We have already about 70 people who have signed up for this event either to host, assist or attend as a guest. Categories include brunch, lunch, high tea (late afternoon), cocktails from 5 to 7 pm, dinner, as well as a gala cocktail-dîatoire (6-8 pm)

Most of the places have been filled but we still have some openings for a brunch in Dorval, a 5 to 7 pm in DDO and the gala cocktail in Beaconsfield. Incidentally you are not required to dress up at the gala cocktail but it would be fun to try out this new idea for those who wish to do so.

Since there are a limited number of hostesses, we can unfortunately only put names on a waiting list for those wanting categories like lunch and dinner unless other hostesses come forward.

We will put out our sign-up sheets once more at the November meeting. In the meantime, you can reach either Mary Vlahos (514) 683-5685 or Carole Newberry (514) 697-3380 for further information or to sign up as a hostess. We would be happy to hear from you!

Carole Newberry & Mary Vlahos  
Coordinators, Pot luck meals

## CFUW NEWS

### **Create Your Own Videos Using 'Biteable'**

All CFUW members have access to Biteable, a do-it-yourself video making platform. Through using this platform, you can create videos to help publicize membership events and more. Have a look at the step-by-step guide created by members from the University Women's Club of Montreal. If you need any help using the platform, please contact Rachel at cfuwgen@rogers.com.

### **Pink Teas**

In her message of October 4<sup>th</sup>, CFUW President Grace Hollett invited members to celebrate the Famous Five by having a Pink Tea. She wrote:

"It is fitting in History Month that we think about the many successes women have achieved since CFUW was formed. One success was gained October 18, 1929, the right to be regarded as a "person". I think that Margaret Duley and many other women would have regarded it as impossible to not be a person! [Please read the Pink Tea promotion here](#) and have a tea for you and your friends to celebrate this October 18 event, no matter when you decide to get together because it is an event worth celebrating!"

## REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW) LE CONSEIL DES FEMMES DE MONTRÉAL

“A Voice for Women in Montreal” for 125 Years

More than 40 women came to the October 3<sup>rd</sup> **ALL CANDIDATES PANEL- 2019 FEDERAL ELECTION** to hear courageous women putting themselves on the line to seek elected office. The dynamic event was organized by MCW’s VP of Government Affairs, Maria Peluso, and moderated by a remarkable woman and leadership researcher, Christina Paylan, President, John Molson Women in Business. Christina directed numerous prepared questions to the **4-party all-female candidates’ panel: Zahia El Masri**, NDP Candidate, Ahuntsic- Cartierville; **Miriam Ishak**, Conservative Party Candidate, Pierrefonds-Dollard; **Alexandra Mendes**, Liberal Party Candidate, Brossard-St. Lambert; **Alessandra Szilagyi**, Green Party Candidate, Saint-Léonard- Saint-Michel. All 4 candidates had to “think on their feet” and “rose to the occasion” as they addressed difficult questions on economic growth and sustainability, environment and green energy, immigration and Bill 21, poverty and affordable housing issues, including comments on the status of women.

We had a wonderful opportunity to meet and mingle with the candidates during the lunch period.

### UPCOMING EVENT:

#### MCW NOVEMBER LUNCH & LEARN

##### SENIOR OUTREACH & MEDICATION SAFETY

Speakers: Miranda Potts, MCW Convener on Seniors

With pharmacists Jona Destine and Markinson St.-Martin

**November 7, 2019, at Rufus Rockhead (near Atwater Market)**

**Lunch (\$10) at noon. Presentation: 1:00 -2:00 p.m.**

Please register at [mcwnformation@gmail.com](mailto:mcwnformation@gmail.com)

Ms. Potts, an Outreach Worker for Seniors in NDG and a Board member, will discuss and present her work with the 55+ community. Medication safety will also be covered by our two guest experts, Pharmacists Jona Destin and Markinson St-Martin.

#### MEMBERSHIP DRIVE: Win Two Tickets to the “Woman of the Year Luncheon”.

For each new federate member who joins the MCW, you will obtain 3 chances to win two “Women of the Year” luncheon tickets. For an individual member who joins the MCW, you will have 1 chance to win the contest. All members are eligible.

**Contest begins now and closes March 31, 2020**

For additional information, please contact Joan Macklin, Vice-President, MCW Membership at 514-516-9023 or [jmmacklin@videotron.ca](mailto:jmmacklin@videotron.ca)

**Renate Sutherland, MCW Representative**

## ADVOCACY




## GIFT CARDS

Your generosity is very much appreciated. This year we are again asking you to support C.A.R.E. Jeunesse by providing gift cards to those young women who are starting their new lives because they need to leave foster care.

We will be collecting Gift Cards for C.A.R.E. Jeunesse at both the November and December meetings. These cards should be \$20 and from any store: Walmart, Metro, IGA, etc. or fast food restaurants such as MacDonalds, Wendys, Tim Horton's.

**GIFT CARD  
DRIVE  
for**



When young people in foster care turn 18, they are left on their own to face their new life challenges. CARE Jeunesse is there to support them in this transition, and for the future.

The Montreal Lakeshore University Women's Club (MLUWC) through its Advocacy Committee is organizing a GIFT CARD drive for CARE Jeunesse. It is seeking cards in **denominations of \$20** and more from any large company such as Metro, Pharmaprix, Walmart or Tim Hortons. Cash donations are welcome as well.

CARE Jeunesse will put the cards together and hand them out to young adults (from the West Island) for Christmas, according to their needs when they are on their own—after they leave foster care on their 18<sup>th</sup> birthday.

Please mail gift cards to:  
**MLUWC**  
**P.O. Box 383**  
**Pointe-Claire QC H9R 4P3**

For more information:  
Linda Sestock 514.984.7685  
MLUWC1@gmail.com

<https://youthincare.ca/425-2/>

<https://www.facebook.com/carejeunesse/>

## SUITCASE DRIVE FOR C.A.R.E JEUNESSE



The MLUWC is organizing a suitcase drive for C.A.R.E. Jeunesse – We need travel bags/suitcases in good condition! We will start collecting them at the November meeting.

When a child in foster care turns 18, he or she is left on their own to face their new life challenges, C.A.R.E Jeunesse is there to support them in this transition, and for the future.

At the age of 18 foster children leave their group or foster home and they must pack their belongings in garbage bags. The MLUWC wants these young adults to move with dignity by donating suitcases to C.A.R.E Jeunesse. This will give the teenagers a much-needed boost to start their new life.

You can help make this transition easier for them by dropping off your suitcases to the MLUWC. Suitcases of all sizes in good condition are needed.

Email us at [MLUWC1@gmail.com](mailto:MLUWC1@gmail.com) or call at (514) 984-7685 for more information.

Your generosity is much appreciated by the young women. The following was received by Care Jeunesse and shared with us:

Hi I just want to thank you. I got a bag from you guys and when I opened the bag, I found a note that I will never forget. I have no idea who wrote it. They don't me and I don't know them. What I do know is that this stranger cared enough about me to think it is wrong for me to carry my stuff and my whole life in a garbage bag and took time to write me a note. I put that note in a frame that I got at the dollar store in my new place because I'm on my own now but that note makes me realize that I am not really alone. When you are in the system you feel like the world is against you and everyone thinks bad about you but I didn't ask to be abused and I didn't ask for everything that happened to me and no one would want to be alone when they are only 18. I don't always care about myself because no one else did but you guys did and the people who donate to you did and the frame will remind me that if strangers care about me I should care about me. So thank you all and I hope you are having another Christmas party this year.



# ANNUAL AWARDS LUNCHEON



**Date: Saturday, November 16, 2019**  
**Time: 11:30 am – 3:00 pm**

## ZONTA CLUB OF MONTREAL

Invites you to join us to celebrate our  
**ANNUAL AWARDS LUNCHEON**

### KEYNOTE SPEAKER



**Brigitte Carbonneau**  
General Manager  
Cirque du Soleil



“Dare to take the challenges”

Come enjoy a pleasant afternoon and a delicious meal to honor and celebrate women's achievements. Awards will be presented to the winners of Zonta scholarships and bursaries, and they will share their projects and plans with us. We will also recognize with a donation an organization in our community that works to aid women at risk. All proceeds will go to our educational programs.

**Location: Bistro méditerranéen Table 09**

9 Place Frontenac, Pointe Claire H9R 4Z7  
(with your pass, take buses 200 or 485)  
[www.table09.com](http://www.table09.com)

**Tickets:** \$65.00 per person; includes one free glass of wine or soft drink

**Parking:** FREE parking

**Cash Bar:** 11:30 am—12:00 pm

**RSVP:** Reservations of tickets a must by **November 12**  
Click here to register: [Online Registration](http://OnlineRegistration)

**Email:** [zcmcommunications@gmail.com](mailto:zcmcommunications@gmail.com)

**Info:** Dr. Dolly Dastoor 450-656-2036 or  
Renate Sutherland 514-695-1970

**91 Years**  
recognizing  
Montreal Women



Zonta Club of Montreal  
[www.zonta.org](http://www.zonta.org)  
[Montreal@ZontaDistrict2.org](mailto:Montreal@ZontaDistrict2.org)



## AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated 3000 points. However, recently a very generous person, who wishes to remain anonymous, donated almost 50,000 points. A very respectable amount that our Club can use for different purposes.

We would like to extend our most sincere thanks to this member and encourage others to follow her example.

Please contact either Connie Ellis or Mary Vlahos for more information.



Please go to our website - [www.mluwc.com](http://www.mluwc.com)

Click on the Facebook icon on the bottom right of the home page

We have over 340 likes! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC.



**WISHES TO**

**THANK**

**RÉSEAU - SÉLECTION  
WEST ISLAND**

For graciously hosting  
the monthly meetings of the Executive of the  
Montreal Lakeshore University Women's Club.



On this page, we announce activities that are going on in the community, e.g., breakfasts, concerts, etc. as well as other topics that may be of interest to our members but are not directly associated with our Club, e.g., commissioner of oaths. If you have any items you would like published on this page, please email the information to me ([mluwc.newsletter3@gmail.com](mailto:mluwc.newsletter3@gmail.com)) and note that it is for the Community News page.

<div data-bbox="224 865 727 1054" data-label="Section-Header"> <h1>HUG A SENIOR DAY CARAVAN</h1> </div> <div data-bbox="224 1066 649 1113" data-label="Text"> <p>We're celebrating the health and well being of seniors. Help us bring awareness to some of their challenges including ageism, social isolation and loneliness by joining us for "Hug A Senior Day"</p> </div> <div data-bbox="472 1207 776 1243" data-label="Text"> <p><b>November 2nd &amp; 9th</b></p> </div> <div data-bbox="232 1297 743 1407" data-label="Text"> <p><b>We are looking for volunteer "HUGGERS".</b> Parents, children and grandparents are all welcome. The schedule is as follows:</p> </div> <div data-bbox="282 1423 735 1463" data-label="Text"> <p>Saturday, Nov. 2 (Pointe-Claire, Dorval, Beaconsfield) 9:00am-12:00pm. Meeting point at Plaza Pointe Claire, 269 Boul Saint-Jean, Pointe-Claire, QC H9R 3J1. 45 volunteers. Pre-registration required.</p> </div> <div data-bbox="282 1470 678 1514" data-label="Text"> <p>Saturday, Nov. 2 (Pierrefonds, DDO) 1:00pm - 4:00pm. Meeting point at Borough Hall Pierrefonds-Roxboro, 13665 Pierrefonds Blvd, Pierrefonds, QC H9A 2Z4. 45 volunteers. Pre-registration required.</p> </div> <div data-bbox="282 1524 735 1562" data-label="Text"> <p>Saturday, Nov. 9 (Westmount, Cote St-Luc, NDG) 9:30am-12:30pm Meeting point at Cote St-Luc shopping centre, 7155 cote St-Luc Rd, Cote St-Luc, QC H4V 1J2. 45 volunteers. Pre-registration required.</p> </div> <div data-bbox="203 1587 521 1640" data-label="Text"> <p>To register as a volunteer HUGGER, please contact Matt Del Vecchio or Stefanie Cadou at <a href="mailto:mdelvecchio@lianasservices.com">mdelvecchio@lianasservices.com</a> or FB messenger</p> </div> <div data-bbox="672 1596 771 1640" data-label="Image"> </div>	<div data-bbox="815 856 1421 1495" data-label="Text"> <p>A unique event that will be held on Nov. 2 in the West Island and Nov. 9 in Montreal. It's called Hug A Senior Day Caravan. Senior transition specialists <a href="#">Matt Del Vecchio</a> and Stefanie Cadou are spearheading a unique event to bring smiles to seniors while bringing awareness to the public about ageism and senior isolation and loneliness. There's nothing like a hug to make a senior's day. On Nov. 2 and Nov. 9, a bus full of "Volunteer Huggers", consisting of parents, children and grandparents, will be visiting various seniors' residences and communities to give hugs to seniors. Our target is 5,000 hugs!! We require 130 volunteers. Over 100 volunteers have already registered. Just a few spots left. Check out the attached flyer which provides details on how to register or simply reach out to Matt or Stefanie to become a Volunteer Hugger.</p> </div> <div data-bbox="815 1533 1377 1671" data-label="Text"> <p><b>Contact info:</b> Matt Del Vecchio and Stefanie Cadou Email: <a href="mailto:mdelvecchio@lianasservices.com">mdelvecchio@lianasservices.com</a> Facebook: @matt del vecchio @stefaniecadou</p> </div>
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## BARBARA LEWIS CONCERTS

MLUCW member, Barbara Lewis will sing for the biennial MUHC fundraiser called "Red Ribbon Night" at the gorgeous Rialto Theatre on November 7, 6:00 to 10:00 pm.

To purchase tickets, (\$25) go to [theatrerialto.ca](http://theatrerialto.ca) or Ticket Pro: [https://secure.ticketpro.ca/?lang=en&server=ww1#achat\\_RIA07KS19](https://secure.ticketpro.ca/?lang=en&server=ww1#achat_RIA07KS19) or contact Julie Bellingham at [julie.bellingham@muhc.mcgill.ca](mailto:julie.bellingham@muhc.mcgill.ca) Rialto Theatre: 5723 Avenue du Parc, Montreal, Quebec H2V 4H2

Barbara also will also present her *FREE* annual [Christmas Concert](#) at Victoria Hall in Westmount on Sunday, December 15, 2:00 pm. 4333 Sherbrooke, Westmount (Montréal) QC H3Z 1E2. Seats are limited.

Info – 514-989-5226

## LAKESHORE CHAMBER MUSIC SOCIETY CONCERT, FRIDAY NOVEMBER 8, 2019

The Lakeshore Chamber Music Society will present a concert on Friday, November 8, 2019 at 7:30 p.m. at Union Church, 24 Maple Avenue, Ste-Anne-de-Bellevue. The concert will feature Janelle Fung on piano, performing works by Medtner, Descarries, Rachmaninov, and Scriabine. Tickets are available at the door: \$20 for adults and \$15 for 60+ and students. After the concert, everyone is invited to an informal reception, with an opportunity to meet the artists. The concerts are sponsored in part by the Conseil des arts de Montréal.

## CANTABILE CHORALE & ORCHESTRA

On Saturday, November 30 at 7:30 pm, the Cantabile Chorale & Orchestra will present:

- W.A.Mozart "Vesperae solennes de confessore", K.339
- A.Dvořák "Te Deum"
- P.Willsher "Christmas Music"

Artistic Direction: Peter Willsher

Location: Église Sainte-Geneviève  
16037 Boul. Gouin West  
Sainte-Geneviève (Montréal), Qc H9H 1C7

Price: \$20 (pre-sale) / \$25 (at the door)

Full details at [www.cantabilechorale.com](http://www.cantabilechorale.com). Telephone number: 514 795 8507



## COMMUNITY BREAKFASTS

The Maxwell Seniors' Residence in Baie d'Urfé hosts a free Community Breakfast every Tuesday from 7:30 am - 9:30 am. Everyone is welcome. An occasion to meet new friends!

## COMMISSIONER OF OATHS

A Commissioner of Oaths certifies the oath or “solemn affirmation” of a person upon documents such as: diplomas, birth certificates and other records.

If you need a Commissioner of Oaths, please contact either

Victoria Pinnell ([vpinnell@gmail.com](mailto:vpinnell@gmail.com))

or

Jennifer Ferguson ([dd.ferguson@sympatico.ca](mailto:dd.ferguson@sympatico.ca)).

This is a free service.



# **MLUWC MEMBERS**

## **TRAVEL WITH SENIOR DISCOVERY TOURS**

### **AND MAKE \$\$\$\$ FOR YOUR ORGANIZATION**

FOR EVERY MLUWC MEMBER WHO TRAVELS WITH US, WE REBATE 4 % BACK TO THE MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB. THIS MONEY CAN BE USED FOR FUND RAISING, CHARITIES... YOU DECIDE. SPREAD THE WORD AND SIGN UP FOR ANY OF OUR WONDERFUL TOURS. PLEASE ADVISE MARIA KORAB LASKOWSKA WHO WILL BE COORDINATING ALL BOOKINGS.

#### **THE LEADER IN TOURS**

**FOR THE 50 + TRAVELLER**

#### **CALL FOR A FREE BROCHURE**

**514-344-4500 OR 1-800-268-3492**

[www.seniordiscoverytours.ca](http://www.seniordiscoverytours.ca)

**1828 Sherbrooke St. West**

**Montreal H3H 1E4**

## INTEREST GROUPS

Another group may be starting in the new year: a cultural club in which a new culture/religion will be studied every month and an outing will be made to a restaurant or cafe that reflects the culture/religion being studied. Contact Linda Sestock ([LSestock@royallepage.ca](mailto:LSestock@royallepage.ca)) if you're interested in this new group.

New groups are always welcome.

### **ADVOCACY**

The next Advocacy Meeting will be held on Tuesday, November 5 at 3:30 pm in the basement of the Valois Library in Pointe-Claire.

Patricia Duval and Nancy Doray

### **BON APPÉTIT**

Our first outing of the season was at Restaurant Casa Mare in Pierrefonds. It was a wonderful evening of good food and company. This month we visited M. Épicé and had a delightful time, as the group was small and intimate. Thanks go out to Ann Ariel and Tina Tessari who organized this evening for us.

We will visit Restaurant La Serenata in DDO, November 28 at 6:30 pm. Details will follow shortly.

A new list of 2019-2020 restaurants has been forwarded to the Bon Appétit diners.

Please feel free to join our dining club if you have not had an opportunity to do so. Everyone is most welcome. A \$5.00 contribution towards our Christmas raffle gift basket is requested upon registering.

Victoria Pinnell ([vpinnell@gmail.com](mailto:vpinnell@gmail.com))

### **BOOK CLUB I**

Our meeting is on November 13 at 1:00 meeting at Kirsten Birch's home when we will discuss The Lost Girls of Paris, by Pam Jenoff. If you are interested in joining our club, please contact Judy or Marg. We still have room for a few new members.

Judy Kelley and Marg Nicoll-Griffith

### **BOOK CLUB II**

On Thursday, November 21 we will meet at Hélène's place. Ina will review David Grann's Killers of the Flower Moon: The Osage Murders and the Birth of the FBI. Our meeting will start at the usual 1:00 time. For directions or regrets, please contact Hélène.

Hélène Quaid

### **DUPLICATE BRIDGE**

Duplicate bridge will meet on Thursday, November 14 and Thursday, November 28. Both days we meet at 8:45 am.

Jane Quail

### **EVENING BOOK CLUB I**

We will be meeting at the home of Linda Sestock on Tuesday November 26 at 7:30 pm. to discuss our selected book The Unlikely Adventures of the Shergill Sisters by Balli Kaur Jaswal.

Linda Ricketts

### **EVENING BOOK CLUB II**

Welcome to our new evening book club! We will be meeting at 7:00 pm every third Tuesday of the month except for December.

We have selected three books to discuss for November, January and February. Our first book will be The Tattooist of Auschwitz and we will meet on November 19, at Chapters on Saint Jean in Point Claire. We presently have seven members and we invite anyone who would like to attend our group. Please feel free to contact me for more information.

Luhan Wahbeh

### **JAUNTERS**

On Monday November 25, we are having a private tour of the Canadian Centre for Architecture.

We will be leaving the Pointe Claire Plaza at 9 a.m.

Tour: approximately 1 1/2 hours

Cost: \$5.00

Lunch at Bellissimo Restaurant in Dorval

Registration deadline: November 18

**RSVP:** Joyce Schaaf

514-331-4006

Email – [the3schaafs@videotron.ca](mailto:the3schaafs@videotron.ca)

Please indicate:

- if you can drive
- if you need a lift
- if you are staying for lunch

Please leave your cell phone number with Joyce in case we need to contact you on the day of the tour.

Chitra Chopra

### **MUSIC APPRECIATION**

Music Appreciation members will meet at Susan Cruickshank's home at 10 am on November 21 to prepare for the November 28th Montreal Symphony morning concert. Refreshments will be provided by Maria Korab-Laskowska. Janet Guay will present Samy Moussa's "Concerto for violin and orchestra," which will be a Premiere performance. Helene Quaid will present Bruckner's "Symphony No. 4 in E flat major WAB104 'Romantic.'" Directing this concert will be Kent Nagano. Lunch following the concert will be at Baton Rouge. For more details contact Maria Cranker.

Maria Cranker

### **MUSIC HISTORY**

Music History will continue its exploration of Howard Goodall's Story of Music with episode 2, the Age of Invention on Thursday, November 14, 1:00 pm. Bogna and Susan will provide goodies.

Joan Dyer

### **MYSTERY BOOK CLUB**

We are meeting on Wednesday, November 13 at 1:00 at Marianna Newkirk's home. Suzanne Chaussé will be reviewing Entry Island by Peter May.

Gilda Martinello

### **NETWORKING**

Our second networking event will take place on Wednesday, November 6 from 7:00 pm – 9:00 pm.

Guest speaker is Orly Ashair and the topic is Social Media do's and don'ts.

Place: Studio 77, 271 Ch Bord-du-lac, Pointe-Claire, QC H9S 4L1

Price: \$20/person

Please RSVP to Linda Sestock ([LSestock@royallepage.ca](mailto:LSestock@royallepage.ca))

Linda Sestock and Karine Garcia

### **PHOTOGRAPHY**

Our next photography meeting is on November 12 (second Tuesday of the month) at 1:30 at Maria Korab-Laskowska's home. We will go over our assignments and talk about phone photography.

Maria Korab-Laskowska

### **TETE-A-TETE**

Le prochain rendez-vous de groupe Tête-à-tête sera 9:30 am vendredi le 15 novembre chez Janet Guay. Nous sommes un petit groupe agréable et aimons parler français. Pensez à nous joindre. Vous serez les bienvenues.

Janet Anderson



**TRAVEL**

Our next travel meeting is on November 19 (third Tuesday of the month) at 7:00 pm at the Vivalis. For more info or to join the group, contact Ann Arial ([arial.annmarta@gmail.com](mailto:arial.annmarta@gmail.com)) or Maria Korab-Laskowska ([mariakorab@gmail.com](mailto:mariakorab@gmail.com))

Maria Korab-Laskowska and Ann Arial

**WINE APPRECIATION I**

We shall be meeting on November 20 at 7.30 at the home of Francoise Perrault. It is the meeting not to be missed...a mystery grape to discover! Please advise if unable to come.

Renata Bagga

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Cell: 514-231-2897  
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## November 2019

Mon	Tue	Wed	Thu	Fri
				1
4	5 3:30 Advocacy	6 7:00 Networking	7	8
11 7:00: General Meeting	12 1:30 Photography	13 1:00 Book Club 1 and Mystery Book Club	14 8:45 Duplicate Bridge 1:00 Music History	15 9:30 French Conversation <b>Deadline for Newsletter submissions</b>
18	19 7:00 Travel and Evening Book Club 2	20 7:30 Wine Appreciation 1	21 10:00 Music Appreciation 1:00 Book Club 2	22
25 9:00 Jaunters	26 7:30 Evening Book Club 1	27 7:00 Evening Mystery Book Club	28 8:45 Duplicate Bridge 6:30 Bon Appetit	29

**Newsletter Editor: Gilda Martinello** [mluwc.newsletter3@gmail.com](mailto:mluwc.newsletter3@gmail.com)

**Proofreaders: Jane Edwards and Heather Trump**

**Deadline for December submissions: Friday, November 15, 2019**