

MLUWC

MONTREAL LAKESHORE UNIVERSITY WOMEN'S CLUB

Newsletter, October 2020

Volume 63, Issue 2

General Meeting

Monday, October 5, 2020

via Zoom

Guest Speaker

Paul Clarke

Executive Director of Action Réfugiés
Montréal.

He will speak on Bill 21, its effect on
immigration and the integration of
migrants.

7:00 – join your MLUWC friends for
some chit-chat

7:30 – start of business meeting

8:00 – Guest speaker

**Information on Zoom sign-in will be
sent shortly**

PRESIDENT'S LETTER

Welcome to the 2020-2021 season! Covid continues to affect our daily lives but it is not stopping us from meeting, either through Zoom or in person, while weather permits.

I'd like to take this opportunity to thank you for your ability to adapt to changes the Club has had to make. And we are all very grateful to Nancy Acemian for leading the way with her computer knowledge as she keeps us going as Zoom coordinator extraordinaire.

Our Fall Kick-Off was very well attended and we were entertained by Doug Bellevue - some of us may even have been inspired to purchase his book.

Traditionally, the kick-off is when we sign up for interest groups and this year was no exception! Even the groups that had space available have filled up nicely. I think we can all use some diversions and social interaction as we look toward hunkering down again this winter...

Linda Sestock

PROGRAM

Next month's general meeting will be on **Monday October 5** via Zoom. Our guest speaker will be **Paul Clarke** Executive Director of Action Réfugiés Montréal will speak on Bill 21, its effect on immigration and the integration of migrants. Paul was originally scheduled to be our guest on April 6 of this year and has agreed to be our guest next month. The invitation to the October 5 meeting will be going out next week. Watch out for it!

The **2020-2021 Complete Program Handout** will be digital this year and will be emailed to members in good standing starting the week of September 21. A copy will also be available in the member's section of the website (just like the members directory).

MEMBERSHIP

Just a friendly reminder to pay your **2020-2021** dues if you haven't done so yet, and if you already have, thank you. If you want to be included in the **Member's Directory**, be sure to have your payment to us by **September 30**. The member's directory will be available in the member's section of the MLUWC web-site in early October and will have a new format. An email will be sent out to inform you when it is available.

Friendly Reminder: the \$120 fees can be paid in two ways:

1. at the following link by credit card (even if you don't have a PayPal account):
https://www.paypal.com/webapps/hermes?token=2G687286BM460713C&useraction=commit&mfid=1600276928559_92a6ce04ad8c0
2. or by cheque made out to MLUWC and mailed to
MLUWC
P.O. Box 383
Pointe- Claire, QC
H9R 4P3

Nancy Acemian
Membership Chair

MONTREAL'S GOLDEN SQUARE MILE – A NEIGHBORHOOD

On Wednesday, September 16, Doug Bellevue was the guest speaker at our Kick-off. Here is a summary of his remarks.

The author presented the residents and the homes of this historical neighborhood and touched on their contribution to the development of Canada.

At the turn of the century, this neighborhood was home to 70% of Canada's personal and corporate wealth with most of this sitting with as few as thirty-five families.

These merchant princes of Montreal's gilded age built most of the significant corporations in Canada that, to this day, remain a driving force in Canada's economy. Their combined revenues are in the billions and their assets in the trillions. Companies such as the Royal Bank, Canadian Pacific, Sun Life, Molson Breweries, Hydro Quebec and Bank of Montreal were controlled from this square mile area.

These residents were the nation's first Lords and Ladies and their names, Redpath, Sir William Van Horne, Lord Strathcona, Lord Mount Stephen, Sir George Drummond grace the streets and institutions of Montreal.

For more information, go to: www.montrealgoldensquaremile.com

COMMISSIONER OF OATHS

A Commissioner of Oaths certifies the oath or "solemn affirmation" of a person upon documents such as: diplomas, birth certificates and other records.

This is a free service. If you need a Commissioner of Oaths, please contact either:

Victoria Pinnell (vpinnell@gmail.com) or Jennifer Ferguson (dd.ferguson@sympatico.ca)

CONDOLENCES

We extend our deepest sympathy to Diane Gibb and her family on the passing of her father, John Thomas, on September 11.

CFUW NEWS

Getting bored? Looking for something new to do? Check out these CFUW National activities:

- **CFUW National Book Club!**

CFUW National is putting together a virtual book club for all of its members across Canada. For six months, we will discuss a book from one of the following categories: Black Voices, Environment, Female Empowerment, Historical Fiction, Indigenous Writers and Mystery. Every month, we will have a Zoom meeting where we can discuss the books we have read and answer prominent questions about the novels. Once the books have been decided, we will provide the name of the book for each month, along with registration for the meeting.

View the full list of book options [here](#).

If you are interested in joining, vote for your top book in each category on Survey Monkey [here](#).

- **"GUN CONTROL IN CANADA" WEBINAR WITH DR. WENDY CUKIER**

OCTOBER 6, 2:30PM ET

CFUW Nepean invites **CFUW members across Canada** to join CFUW Nepean to hear Dr Wendy Cukier speak on advocating for more effective gun control. Dr Cukier, a professor at the Rogers School of Management, co-founded the Coalition for Gun Control, a network of more than 200 organizations ranging from police to women's groups, in the wake of the Montreal Massacre and has since been engaged in the Coalition's advocacy for evidence-based gun control in Canada. Dr. Cukier co-authored the book *The Global Gun Epidemic*.

To join the webinar, register in advance at the link below:

https://us02web.zoom.us/join/zoom/register/tZlvdeupqj4iGdR_oJYSAQbNgcCnKaWE1Tsj

After registering, you will receive a confirmation email containing information about joining the meeting.

- **MY JOURNEY AS A NEUROSCIENTIST: Diane Lagace, Ph.D.**

FRIDAY, OCTOBER 16, 2020 1:30 pm –2:15 pm EST

The Charitable Trust – supporting post-graduate education for women graduates. We lost an opportunity to meet in-person this year at the CT breakfast meeting, an annual event held during the CFUW AGM. Our webinar is a place where CFUW members and guests will learn more about regenerative medicine and stroke recovery.

Diane won the CFUW Dr. Alice E. Wilson Award almost 20 years ago. At the time, she realized she loved going into the research lab everyday in order to understand more about the brain. This presentation takes you through her journey, the ups and downs, from her days in graduate school at Dalhousie University to becoming a Professor at the University of Ottawa. She will share her passion and research findings in regenerative medicine and stroke recovery, as well as the synergies she finds within her career and family

The webinar is free; however, the Trust is grateful to receive donations any time.

Register in advance for this meeting at:

<https://us02web.zoom.us/meeting/register/tZUpfumgrz8sEt1kQj8nfLoDy84vAoNP-M1v>

After registering, you will receive a confirmation email containing information about joining the meeting.

- **What's New on the Member Resources Site**

Please check out the Member Resource website at <https://cfuwadmin.org/> for some new additions:

- August 6, 2020 Board minutes - found under Governance- Board of Directors- Meeting Minutes
- July 2020 Finance report found under Governance- Finance
- Administrative Policy and Procedures Manual FINAL APPROVED – June 2020 found under Governance- Policy and Procedure

You will need to know the User ID and Password. If you don't know it, any member of the Executive can give it to you.

- **CFUW's Official FaceBook Page**

CFUW has an official FaceBook page which is found

at: <https://www.facebook.com/cfuw.fcfd>. Follow our page to stay up-to-date on current events and find out more about what we're working on. There is no log in information required to visit the official FaceBook page

Patricia DuVal

Mary Vlahos



INVITATION

à la réunion ZOOM du Conseil québécois des AFDU
to the ZOOM meeting of the Council of CFUW clubs of Quebec

Date: 2020.10.17

13 h – 16 h

L'ordre du jour, le compte rendu de la réunion d'octobre 2019 de même que le lien pour joindre la réunion ZOOM seront envoyés au mois d'octobre.

The agenda, the minutes of the October 2019 meeting and the link to join the ZOOM meeting will be sent in October.

Veuillez vous inscrire en envoyant les informations demandées à afdumonteregie@gmail.com

Nom-prénom-association-courriel-Je participe le 17 octobre.

Please register by sending the information requested to afdumonteregie@gmail.com

Name – first name – club--email – I will attend on October 17th.

SCHOLARSHIP FUND DONATION FORM

Donation Form

MLUWC Scholarship Fund

Charity Registration Number 85457 5289 RR0001

Personal donation ☐

Company donation ☐

For: In Memory ☐

or In Honour ☐

In Memory/In Honour ☐

Please complete the following:

Honouree Name: _____

I enclose my donation of \$ _____

Notification Information:

Please make cheque payable to **MLUWC Scholarship Fund**.

Name: _____

Tax receipts will be issued for donations of \$25.00 and more.

Address: _____

Donor Name: _____

City/Prov. _____ Postal Code _____

Address: _____

City/Prov. _____ Postal Code _____

Send to:

MLUWC Scholarship Fund

Email: _____

P.O. Box 383, Pointe-Claire,
QC H9R 4P3

You can also make secure online donations using your credit card through CanadaHelps.org. Visit mluwc.com and click on Donate to the Scholarship Fund.

Thank you for your support!



“A Voice for Women in Montreal” for 126 years

It's been a good start to the new season for MCW as its Board of Directors and Conveners have found creative ways to communicate, share experiences and attend program event meetings virtually via Zoom in 2020/2021.

Through **MCW's visual REBRANDING**, led by Maya Volpato, VP Public Relations, MCW launched its new website platform <https://montrealcouncilofwomen.ca> at the General Meeting on September 3. It honours MCW's rich heritage by spelling out the organization's name in our new LOGO and has added a silhouette of a woman, representing all women, adorned by our city's emblem; 4 hearts coming together to form a flower. A representation of our love and care for our community.

A new look to our NEWSLETTER (September 2020/Volume 8, Issue 1) was initiated by Linda Monteiro and her newsletter team. Check it out at <https://montrealcouncilofwomen.ca>

MCW General Meeting – Thursday, October 1, 2020, 6:00-8:00 pm

TOPIC: MCW - *Bill 21 - The Legalization of Systemic Discrimination*

DESCRIPTION: The Status of Women and Human Rights Committee is hosting a panel discussion on the importance of the legalization of systemic discrimination in Quebec. This dynamic conversation will include a treatment of Bill 21, the discrimination of minority women, and the diverse forms of systemic discrimination within our legal system. We are privileged to have Government Liaison of the Canadian Council of Muslim Women, *Samaa Elibyari*, as well as CSDM English schoolteacher, *Bouchera Chelbi*, and finally, lawyer and lead counsel in the challenge to Bill 21, *Perri Ravon*, who will inform this important and timely discussion.

Register for this MCW event below.

Invitation: You are invited to a Zoom meeting.

When: Oct 1, 2020 06:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/join/register/tZErd2spj8vHdJWepY91IAdTbrG-5WxNbZM>

(After registering, you will receive a confirmation email containing information about joining the meeting.)

OUR NEXT SOCIAL meets on **Thursday, October 15** for a virtual "Cake Decorating". We are pleased to announce that this event will be led by a professional cake artist who will teach us some of the tips and tricks that professional bakers use. Details and registration link to follow.

For more information: Renate Sutherland 514-695-1970 or email renate.sutherland@bell.net

THE FOLLOWING LETTER IS FROM MEGAN MARINOS, A NEW MEMBER OF OUR CLUB:

Hi Montreal Lakeshore University Women's Club

I am the president of a new non-profit organization focused on connecting local business with talented people 55 years and over in Pointe Claire. Kigi Agency (www.kigiagency.com) allows businesses to post occasional job needs for **free** on its website and hire a candidate in one click. Anyone **55 years and older** looking for occasional work in their area would sign up and apply to whatever they like – there are **no fees** to the job seeker.

Kigi Agency would like to present this service to people 55 years and older who would like to stay active, healthy and socially engaged by working occasionally. We would also like to connect with a variety of businesses who promote diversity and inclusion, and understand the gains they will make by hiring a reliable and experienced person as extra help now and then.

I understand the Montreal Lakeshore University Women's Club to be an organization which promotes the success of women of all ages in the community through education, scholarship and social responsibility. I include a link to our presentation video for [businesses](#) and [job seekers](#) (who we call Kigiers) which may be shared with others.

Thank you for your time. If Kigi Agency can work even closer with the Montreal Lakeshore University Women's Club or if you have questions, please contact me.

Megan Marinos, C.R.M./LL.M

President, Co-Fondateur/Co-Founder

Agence KIGI Agency

OBNL - Non-Profit Organisation

megan@kigiagency.com

C.: (514) 654-0572



St. John Ambulance Saint-Jean

SAVING LIVES SAUVER DES VIES
at work, home and play au travail, à la maison et dans les loisirs

VOLUNTEERS NEEDED / BESOIN DE BÉNÉVOLES

We are seeking volunteers to assist St. John Ambulance members with administrative tasks at a quarantine site managed by the Public Health Agency of Canada located in Dorval.

Tasks include:

- Answering the phone
- Transferring calls
- Calling passengers
- Communicating by radio with team members
- Printing documents
- Running errands as needed
- Performing tasks requested by the Operations Coordinator

Preferred shifts: 9:00 am to 1:00 pm and 1:00 pm to 5:00 pm

We are flexible and will adapt shifts to your availability within this time period.

We provide meals and a kilometre allowance.

Requirements:

- Functional bilingualism (French and English)
- People friendly
- Good communication skills

Contact: Michel Daniel,
michel.daniel@asjquebec.ca, 514-922-5269

Nous recherchons présentement des bénévoles pour prêter main forte aux membres d'Ambulance Saint-Jean et effectuer des tâches administratives dans un site de quarantaine situé à Dorval géré par l'Agence de santé publique du Canada.

Les tâches à effectuer:

- Répondre au téléphone
- Transférer des appels
- Appeler les passagers
- Communiquer par radio avec les membres de l'équipe
- Imprimer des documents
- Faire des courses au besoin
- Accomplir autres tâches demandées par le coordonnateur des opérations

Quarts de travail proposés: 9h00 à 13h00 et 13h00 à 17h00

Nous sommes toutefois flexibles et pouvons adapter l'horaire de travail à votre disponibilité à l'intérieur de ces plages horaires.

Nous offrons les repas et une allocation pour les kilomètres parcourus.

Exigences:

- Bilinguisme fonctionnel (français et anglais)
- Entregent
- Habileté à communiquer
- Formation de secouriste général un atout

Contactez: Michel Daniel,
michel.daniel@asjquebec.ca, 514-922-5269



Please go to www.facebook.com/MLUWC

We have over 490 likes and 540 followers! Remember to like our page and share it with your friends!

Many of our new members mention Facebook when asked how they heard about the MLUWC.



We're also on **Instagram**



AIR CANADA AEROPLAN PROGRAM

Back in 2012 MLUWC got an Aeroplan number that would give the opportunity to our members to donate their Aeroplan points if they so wished. The minimum donation is 1000 points. Until this year we had accumulated 3000 points. However, recently a very generous person, who wishes to remain anonymous, donated almost 50,000 points. A very respectable amount that our Club can use for different purposes.

We would like to extend our most sincere thanks to this member and encourage others to follow her example.

Please contact either Connie Ellis or Mary Vlahos for more information.

INTEREST GROUPS

ADVOCACY

Our monthly meetings will be held on the first Thursday of every month at 7 p.m. through ZOOM. Thus, the first official meeting will be held on October 8, 2020.

We welcome new members to join this group and share their ideas.

You will be receiving an invitation to join ZOOM a few days before each meeting.

Please feel free to contact Patricia DuVal or Mary Vlahos, if you have any questions.

Looking forward to seeing you all soon, till then keep safe.

Patricia DuVal

Mary Vlahos

BOOK CLUB I

Our October book to be reviewed will be "Where the Crawdad's Sing" by Delia Owens. We will meet on Wednesday, October 14 at 1:00 pm, either by Zoom, or maybe outside! It was wonderful to meet in September.

Keep safe - happy reading!

Marg Nicoll-Griffith and Judy Kelley.

Here's a picture of our September meeting:



BOOK CLUB II

Our next meeting is scheduled for October 15, 1 pm when Louise Dagenais will review I Always Loved You by Robin Oliveira. The novel takes the reader to Paris in the Belle Époque and tells the story of the tumultuous relationships between Mary Cassatt and Edgar Degas. The meeting will take place virtually on ZOOM. Please send regrets to Hélène.

Hélène Quaid

EVENING BOOK CLUB 1

Evening Book Club 1 will meet on Zoom on Tuesday, October 6 at 7:30 pm., to discuss the book The Henna Artist by Alka Joshi.

Linda Ricketts

EXPLORING WORLD CULTURES

We meet every 4th Thursday at 7pm, starting Thursday, October 22. Nancy Acemian will lead the topic which will be Armenia. We will share Armenian wine and snack options before the meeting so that we will be prepared.

Linda Sestock

MUSIC APPRECIATION

The Music Appreciation group is planning an October Zoom meeting with MSO violinist Katherine Palyga. Members will be informed of details when date and time are determined.

Maria Cranker

MYSTERY BOOK CLUB

Our next meeting is on Wednesday, October 14 via Zoom at 1:00 to discuss The Red Lotus by Chris Bohjalian. The discussion will be led by Susan Pick Vadivel.

Gilda Martinello

NETWORKING

Next Networking event on Zoom is Wednesday, October 14 at 7:00 pm.

Our November meeting is scheduled for Wednesday November 11, 7:00-9:00 pm.

Topic to be determined, but the format remains the same. Meet at 7:00 pm for open networking, speaker at 7:30 and back to networking at 8:00 pm.

Contact Linda Sestock or Susan Campbell-Fournel if you want to be added to the mailing list.

Linda Sestock

PHOTOGRAPHY

The Photography group will meet on Zoom on October 13 at 2:00 pm.
We are planning an outing to photograph fall colors at the end of September.

Maria Korab-Laskowska (mariakorab@gmail.com)

TETE-A-TETE

French Conversation is meeting on Zoom (virtually) on Friday, October 16 at 9:30 am.

Janet Anderson

TRAVEL

The Travel Group meets on Zoom the 4th Tuesday of the month at 7:30. I will send an email with a Zoom invitation to the members of the group

Our first meeting is on Tuesday, October 27 at 7:30 PM. Joyce Schaaf will present: *A Visit to "The Rock", diverse Newfoundland.*

Ann Arial and Maria Korab-Laskowska

WINE APPRECIATION 2

Our group is complete with enough members and enough spares.
Until further notice in view of the COVID-19 situation, our group will meet as follows:
Every 2 months on the "Second Wednesday of the month", until June 9, 2021:

Oct 14, 2020 7:00 PM

Dec 9, 2020 7:00 PM

Feb 10, 2021 7:00 PM

Apr 14, 2021 7:00 PM

Jun 9, 2021 7:00 PM

Diane Gibb

Advertising space available.

Please contact: mluwc.newsletter3@gmail.com

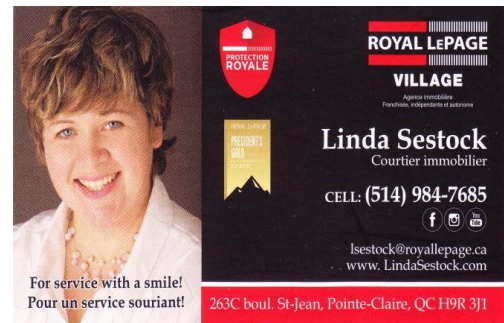
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OCTOBER 2020

| Mon | Tue | Wed | Thu | Fri |
|---|------------------------------------|---|---|-------------------------------------|
| | | | 1 | 2 |
| 5 7:00 General Meeting | 6 7:30 Evening Bk Club 1 | 7 | 8 7:00 Advocacy | 9 Newsletter Deadline |
| 12  | 13 2:00 Photography | 14 1:00 Book Club 1 and Mystery Book Club 7:00 Networking | 15 1:00 Book Club 2 | 16 9:30 French Conversation |
| 19 | 20 7:00 Wine Appreciation 2 | 21 | 22 7:00 Exploring World Cultures | 22 |
| 26 | 27 7:30 Travel | 28 | 29 | 30 |

Newsletter Editor: Gilda Martinello mluwc.newsletter3@gmail.com

Proofreaders: Janet Ankorn and Jane Edwards

Deadline for November submissions: October 9, 2020