



Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, September 2018

Volume 61, Issue 1

Hospitality

Fall Kick-Off

Beaconsfield Golf Club

Wednesday September 12, 2018, 7:00 pm

The Fall Kick-off, formerly known as the Convivium, will be held at the Beaconsfield Golf Club on **Wednesday September 12, 2018 at 7:00 pm**. The Kick-off is a great time to reconnect with friends after the summer and sign up for your activities.

This year we are offering a selection of light appetizers, coffee and tea. Tickets are \$18.00 each. Wine will be available at an additional cost of \$9.00 (taxes and service included).

Responses required by Wednesday September 5. We invite you to reserve now!

PayPal payments can be made by accessing the link on the events page of the MLUWC website. PayPal is safe, easy to use and convenient for both you and for the organizers. There is no service fee for using PayPal to pay for the kick-off.

You may also pay by cheque. Ensure that your name is clearly printed on your cheque. Mail your payment for the Fall Kick-off to:

**Kathleen McGrath
18582 rue Thorburn,
Pierrefonds, QC H9K 1M8**

Please note different mailing addresses for the Kick-off and Dues.

Kindly allow adequate time for the delivery by the RSVP date of September 5th.

**NB: October meeting will be
Monday, October 22 not October 15**

President's Message

Hard to think of Fall as we are still experiencing this summer's heat - but it is that time of year again.

In an effort to reduce costs the CFUW held its first electronic AGM. I believe the AGM was a success, but the connections you make with other clubs are lost. Next year's AGM will be in Winnipeg and our next President will get to celebrate the CFUW's 100th anniversary with CFUW members from across Canada. It's a great opportunity to share ideas and learn from each other. Something that is difficult to do during an electronic AGM.

The vote for a CFUW/GWI fee increase did not pass and so our dues remain at \$120 again for this year. Many have suggested that we have a small increase every year - this may be a good idea as it is very possible that an increase does occur in the near future for CFUW/GWI. This certainly merits some thought and discussion. More information regarding GWI and CFUW can be found at: <http://www.cfuwadmin.org/MemberHome.aspx>

We will continue to support CARE Jeunesse (letter writing, petitions, giftcard collections) and we will support the efforts of AJOI in their efforts to raise awareness and funds for youth homelessness in the West Island.

As we head into our 61st year we will continue to share our past with our members - Joan Cowell Poitras, Archives Chair, will have a table set up at the Fall Kick-Off.

The Kick-Off is a great opportunity for your friends to learn about our Club, find out more about: Interest Groups, Fundraising and news of the upcoming Program line-up.

Something new this year - a focus on volunteers - with specific tasks - and to help us, the advocacy group will be conducting a survey regarding your volunteer involvement elsewhere and with a focus on your hidden talents - more news to come in October.

Do you have an idea for the Club, do you want to share with us the work you do with other clubs? Let me know - don't be shy. The Executive is always looking for new volunteers.

Linda Sestock
mluwc1@mluwc.com

MEMBERSHIP

We are looking forward to another great year with excellent speakers as always. We hope that you will help us to recruit new members. The survival of our Club for another 60 years depends on all of our contributions. Again this year, we will not be distributing a hard copy of the directory. The password for the directory remains the same as last year. If you need the password, just send me an email. I look forward to seeing you all at the Kick-off.

Andrea Vey
Vice-President & Membership Chair

PROGRAM

You will be able to pick up your hard copy of the Program for 2018 - 2019 at the Kick-Off on September 12.

Note: our **October** meeting will be held on **Monday October 22** and not October 15.

Devi DiGuida
Chair, Program Committee

KICK-OFF 2018-19 INTEREST GROUPS

We have 25 interest groups this year, so there is something for everyone. The groups which will be represented at the Kick-off are looking for new members, so circulate and ask the group leaders about their groups.

Joining an interest group is a wonderful way to get to know members better, so it's a great idea for new members as well as those who haven't participated in the past.

Certain groups may be full and that is usually because the meetings are held in members' homes and there is a limit as to how many people can be accommodated.

If a certain group is full, such as Wine Appreciation or Gourmet Dining, there is always the possibility of starting another similar group.

Perhaps you would like to start a group with a completely new interest. Please contact me or see me at the Kick-Off.

Suzanne Chaussé
Chair, Interest Groups

FUNDRAISING

Welcome back ladies! I hope that you all enjoyed your summer and that you are feeling refreshed and looking forward to the golden days of fall.

I am pleased to report that the Fundraising Committee met over the summer and we have finalized our main fundraising event.

We are delighted to welcome the return of **BOWSER AND BLUE** with their lively revue of *“Laughter for the Soul”*!

The event will be held in the **Banquet Hall of the Dollard-des-Ormeaux Community Centre on Wednesday October 24, 2018 at 7:30 p.m.**

Event postcards will be available for distribution. Your continued support to promote the evening is greatly appreciated and it will ensure another successful fundraiser!

Tickets may be purchased at the Convivium for \$38.00 or on our website at www.mluwc.com. We encourage everyone to purchase their tickets early, as we anticipate a sold-out performance.

A Program Book is being planned and we would ask club members to refer business contacts to us to purchase ad space. We would also welcome “raffle prize” donations that you may have, which could be used at this event.

Members of our Fundraising Committee for 2018-2019 are: Anne Brohan, Margaret Czalbowska, Astrid Defence, Jane Edwards, Franca Ferrara, Sally Gurekian, Carole Newberry and Mary Vlahos.

Victoria Pinnell
Chair, Fundraising Committee

ISSUES TO ACTION

Our first meeting will be held at 3:30 on **Tuesday September 4** at the TD Bank on St. Charles Blvd South. If you have advocacy issues you would like to see the MLUWC address, you are welcome to attend the meeting, or email us at mluwc.advocacy@gmail.com.

Patricia DuVal
Nancy Doray

CONGRATULATIONS

Congratulations to our advocacy group for spearheading the CAREJeunesse *Aging Out Project* (suitcase drive, gift cards and letters to the government and online petition) and thanks to all of our members for their generosity – our Club won a *Certificate of Recognition* award from the CFUW!

As a member of the Canadian Federation of University Women (CFUW) the Montreal Lakeshore University Women's Club (MLUWC) is committed to advocate on behalf of women who have been trafficked and sexually exploited (CFUW Policy Book 453 - 456).

For our upcoming project we will partner with another CFUW club to support women in less developed countries who have been rescued from trafficking. We will be working with a non-profit organization, [freethegirls](#), to collect new and 'gently used' bras for sale in some of the aforementioned countries.

Collection of bras will take place at the October, November and February General Meetings. For further information please send an email to mluwc.advocacy@gmail.com - subject line FREE THE GIRLS. We will let you know of any other collection points and dates.

COMMISSIONER OF OATHS

Do you know the role of a Commissioner of Oaths?

It is an individual who is empowered to certify the oath or "solemn affirmation" of a person upon documents such as; diplomas, birth certificates and other records.

If you are in need of this service, please contact Victoria Pinnell. vpinnell@gmail.com

VOLUNTEERS NEEDED

We are looking for volunteers for the MLUWC information table at the [Pointe-Claire Plaza Community Day, Saturday September 8](#): from 8:30-11:00, 11:00-1:00 pm, or 1:00-3:00 pm. Call or email Linda Sestock if you would like to help out.

CONDOLENCES

During the summer we learned that the following members passed away:

Dorothy Anderson, Past President, July 5, 2018

Lillian Brown, June 15, 2018

Ann Merakian, March 2018, in Vancouver

We extend our sincere condolences to their families and friends.

The members of MLUWC also extend their sincere sympathies to Theresa Sliz on the loss of her husband on June 28, 2018.

DID YOU KNOW???



THAT September 8 is International Literacy Day. “Literacy is the best remedy” UNESCO also announces its International Literacy awards. UNESCO has announced a prestigious prize recognizing excellence and innovation on the 2018 theme, “Literacy and skills development”. For more info, click on: <https://en.unesco.org/commemorations/literacyday>

THAT August 12 was International Youth Day and that **WPAY** stands for World Programme for Youth. For more, click on: <https://www.un.org/development/desa/youth/news/2018/06/unga-youthdialogue/>

GWI is planning a campaign on the theme, **Safe Spaces for Youth**. It may be too late to celebrate the day, but it is not too late to continue working with *Action Jeunesse de l'Ouest-de-l'Île (AJOI)* and *Care Jeunesse*. GWI also resolved to appoint an existing Board member to represent the Young Members (*defined as under 40*), and is encouraging National Federations or Associations (NFA) to do the same.

THAT October 1 is the UN International Day for Older People (UNIDOP). The 2018 theme of UNIDOP is “**Celebrating Older Human Rights Champions**“. See: <https://www.un.org/development/desa/ageing/international-day-of-older-persons-homepage.html>.

THAT Canada is mentioned in the August 2018 newsletter of the *International Alliance of Women (IAW)*. It reported on the stalled status of the Inquiry into National Inquiry into Missing and Murdered Indigenous Women and Girls, reminding us that its final report is due by **April 30, 2019**. For more IAW news from around the world, click on:

https://gallery.mailchimp.com/8efb82640cb8bc1fd889b4668/files/4887f1d6-ff5f-4b03-ad86-0598fdec545a/IAW_Newsletter_August_2018_no._4.pdf

MLUWC SCHOLARSHIP FUND

MLUWC has been giving out scholarships to deserving women since 1958. In 2002 the MLUWC Scholarship Fund was created as a registered charitable organization. Your contributions to the Scholarship Fund support our annual scholarships and bursaries for West Island women.

I encourage everyone to attend the General meeting in October when we will get to meet the young women who were awarded scholarships for this academic year. For more information about the Scholarship fund or to donate online, visit mluwc.com.

Making a donation to the MLUWC Scholarship Fund is easy and can be done at any time. Credit card donations are accepted through canadahelps.org. If you prefer, you can write a cheque payable to **MLUWC Scholarship Fund** and send it to **P.O. Box 383, Pointe-Claire, QC H9R 4P3**. Tax receipts are issued for all donations of \$25.00 and more.

In accordance with our bylaws, a copy of the Scholarship Fund’s financial statements for the year ended May 31, 2018 is presented below.

For more information about the Scholarship fund or to donate online, visit mluwc.com.

Heather Hamilton
Chair, MLUWC Scholarship Fund

Montreal Lakeshore University Women's Club					
SCHOLARSHIP FUND					
Financial Statements					
		Year Ending May 31, 2018		Year Ending May 31, 2017	
<u>BALANCE SHEET</u>					
CIBC Bank Account		\$16,852.09		\$20,575.58	
TD Wealth Investment Account at cost		\$147,863.16		\$134,445.33	
(Market Value at May 31, 2018 \$162,441.05)					
TOTAL ASSETS		\$164,715.25		\$155,020.91	
Scholarship Fund Balance		\$164,715.25		\$155,020.91	
TOTAL LIABILITIES AND EQUITY		\$164,715.25		\$155,020.91	
<u>INCOME STATEMENT</u>					
REVENUE:					
General Donations - Receipts issued		\$2,617.00		\$3,660.00	
Misc. Donations - Not receipted		\$5,622.11		\$1,337.00	
Fall Fundraiser Ticket Sales		\$7,056.00		\$9,450.00	
Spring Fundraiser Revenue		-		\$5,350.00	
Other Fundraising		\$6,383.50		\$7,015.75	
Dividend Income		\$6,417.83		\$2,250.24	
TOTAL REVENUE		\$28,096.44		\$29,062.99	
EXPENSES:					
Scholarships Paid Out		\$11,800.00		\$9,800.00	
Fall Fundraiser Expense		\$6,035.42		\$6,791.36	
Spring Fundraiser Expense		-		\$3,409.81	
Supplies, Services and Gifts		\$97.50		\$104.57	
Post Office Box Rental		\$127.50		\$124.17	
Bank Charges & Investment Fees		\$341.68		\$33.25	
TOTAL EXPENSES		\$18,402.10		\$20,263.16	
Surplus of Revenues over Expenses		\$9,694.34		\$8,799.83	
Scholarship Fund, Beginning of Period		\$155,020.91		\$130,962.95	
Scholarship Fund, End of Period		\$164,715.25		\$155,020.91	
Submitted by Janet Ilavsky, Treasurer					

SCHOLARSHIP RECIPIENTS 2018-2019

On behalf of the Scholarship Committee (Nancy Acemian, Judy Kelley, Cendra Pass, Jill Rollins, Theresa Sliz, Pauline van Nieuwburg, Hille Viires, Joanna Zaichkowsky), I am pleased to announce the recipients of the MLUWC scholarships for 2017-2018.

Margaret Manson Scholarship

Martina Rompala: Université du Québec à Montréal, Bachelor of Law

Alberta Shearer Scholarship

Xiang Zhang: Université de Montréal, MD (Doctor of Medicine)

Amy Williams Scholarship

Triana Gonzalez Sanchez: McGill University, Faculty of Arts (Social Work)

Corinne Thompson Scholarship

Natalie Delmonte: Concordia University, Faculty of Arts and Science

We are also pleased to award eight bursaries to students at Place Cartier and eight bursaries to students at Centre Jeanne Sauvé.

Thank you to the **Scholarship Committee members** who participated in the selection process and the presentation of the bursaries. Thank you to **Pauline van Nieuwburg** for offering the use of her office to interview the selected candidates. Thank you to **MLUWC members** for their support of the scholarship program with their donations. Thank you to our **hardworking fundraising committee** for the tireless work on behalf of the scholarship program.

We look forward to meeting these impressive scholars at the October meeting.

Maria De Wolf

Chair, Scholarship Committee



MLUWC 60th Anniversary
Celebrating 30 Years with CFUW & MLUWC

Sevinc Agbaba

Patricia Drummond

Valerie Fortin

Margaret Galley

Isabella Hewitt

Betty Jones

Patricia Jones

Johannah Lloyd

Eleanor Shaver

Irene Steffen

Mary Vlahos

Mary Wells

MORE ABOUT US

As you know, our Club is a member of the Canadian Federation of University Women (CFUW) and we make annual donations to the [CFUW Charitable Trust](#).

Other MLUWC affiliations include membership in the Montreal Council of Women (MCW) and a donor relationship with the Virginia Gildersleeve International Fund ([VGIF](#)).

The Virginia Gildersleeve International Fund was founded in 1969 by eleven members of the International Federation of University Women - now known as Graduate Women International (GWI). Former MLUWC president Louise McLeod now sits on the board.

Initially, the Fund assisted women college graduates — particularly in low per capita income countries — to identify and implement solutions to a variety of problems confronting their nations. Grants of small amounts of money were awarded in aid for educational projects and other community development projects affecting the condition of women and girls. Within a decade, the Fund broadened its original purpose and began to encompass projects beyond those narrowly aimed at university women and to utilize a variety of conduits for aid.

The CFUW is the largest affiliate of the Graduate Women International (GWI), an organization founded in 1919 that works to empower women and girls through lifelong education for leadership, decision making and peace.

SAVE THE DATE!

Monday January 14, 2019
POTLUCK PARTIES

Just as the fun of the Christmas and New Year events has wound down, why not get back into the swing of things by opening your home to one of these sociable events.

It's your choice:

- Morning person? – make it a breakfast or brunch
- Night owl? - the traditional dinner
- In between? – lunch, afternoon tea

For a change of pace how about coffee & dessert, 5 à 7, wine and cheese?

Think outside the box and offer an event that suits your home, your preferred time.

Sign up at the September Kick-Off, call Jeannie Hazel (514-425-1568) or mail her at jeannie.hazel@sympatico.ca

PUT YOUR NAME in the HAT



Once again, The Thomas More Institute is offering our members a Bursary for a 12-week course plus all its reading material. Look for ballots and information by the PINK HAT.

The complete repertoire of courses offered at the Institute throughout 2018-2019, from which the winner may choose any one of its 12-week courses, can be found at info@thomasmore.qc.ca. Copies of the Institute's 2018-19 calendar will be available at the Convivium.

This is a generous gift, and only those who intend to use the Bursary should put their names into the draw.

If you wish to take part but are unable to attend the Convivium, please fill in the voucher below and mail it to Marg Nicoll- Griffith, 101 Drayton Road, Pointe Claire, H9S 4V8 or email it to mumngba@gmail.com

I wish to enter the draw for the bursary



My name is:_____ My phone # is:_____

My email address is:_____

Marg Nicoll-Griffith



INVOICE

Montreal Lakeshore University Women's Club

DATE: AUGUST 19, 2018

P.O. Box 383
Pointe-Claire, QC
H9R 4P3

		DUE DATE				
		August 15, 2018				

DESCRIPTION	QUANTITY	RATE	AMOUNT
Annual Membership Dues 2018- 2019	1	\$120	\$120
TOTAL			\$120

PLEASE MAKE CHEQUES PAYABLE TO: [MLUWC](#)

Or click on the Paypal link (fee added): **Membership Dues 2018-2019**

SCHOLARSHIP FOUNDATION DONATIONS:

For payment options & to be eligible for Charitable Receipts, please click on the following link: [Scholarship Fund Donation](#)

DIRECTORY & NEWSLETTER ADVERTISING: Business-card size advertising is available at the back of the membership directory: \$100.00 for the year. Please contact Membership Chair at mluwc.membership@gmail.com



Please go to our website - www.mluwc.com

Click on the Facebook icon

on the bottom right of the home page

We have over 256 likes! Remember to like our page and share it with your friends!

Thank you to

RÉSEAU - SÉLECTION

WEST ISLAND

**For graciously hosting the monthly meetings of the Executive of the
Montreal Lakeshore University Women's Club.**



INTEREST GROUPS

AFTERNOON BRIDGE

We meet in members' homes every second Wednesday. Upcoming date and place to be determined.

We need one regular member and one spare.

Lorraine Barry Retfalvi

BON APPÉTIT DINING CLUB

Our dining club is a dynamic group of approximately 50 members, who enjoy dining together and sharing the gastronomy of restaurants in and around the West Island. We average between 15 and 20 diners an outing.

We meet the **fourth Thursday of the month at 6:30 p.m. for the dinners and 12:00 pm for the luncheons**. Each outing requires two ladies to organize. They will inform the members of the date, time and location of that month's restaurant and request confirmation of their presence. They will also call and reserve the restaurant, arrange preferred seating, method of payment and review menu.

Our first dining experience (restaurant to be announced) will be on **Thursday September 27, at 6:30 pm** where we will decide upon the 2018-2019 restaurants and organizers. This list will be published in next month's newsletter.

New members are most welcome. All interested diners should register at the Kick-Off September 12th or contact me directly.

A **\$5.00** contribution is requested from each member towards our Christmas raffle gift basket.

Victoria Pinnell (vpinnell@gmail.com)

BOOK CLUB I

We will be meeting on **Monday September 10** at 1 pm at Judy's . Please note this is not our usual afternoon, due to the Convivium on the evening of our usual Wednesday. Too much excitement for one day!

The book to be reviewed by Judy, is "Carnegie's Maid" by Marie Benedict. Hope to see everyone. Please call Judy if you are not able to join us.

Marg Nicoll-Griffith

BOOK CLUB II

At the moment there is no opening for new members in Book Club 2.

Our first meeting will be held **Thursday September 27** at Gilda's home at 1:00. Sandra Smith will review *Manhattan Beach* by Jennifer Egan. If you are unable to attend, please contact Gilda directly.

Hélène Quaid

DUPLICATE BRIDGE

Duplicate Bridge meets on the 2nd and 4th Thursday of the month at Centennial Hall in Beaconsfield at 8.45 to start to play at 9 a.m. We are a friendly group and we would like to have more people turn out to play. We will be playing on **Thursday September 13** and **Thursday 27**.

Jane Quail and Ginger Brossard.

EVENING BOOK GROUP

This group meets on the 4th Tuesday of the month at 7:30 pm. Our first meeting will be a planning meeting on **Tuesday September 25** at the home of Janet McKelvie. We have room for 1 or 2 additional members.

Heather Hamilton

GOURMET 3

Our first meeting will be held on **Thursday October 4**. Members will be emailed re. venue.

Gilda Martinello

JAUNTERS

There is a possibility that we will have a jaunt in September. Keep a lookout for an e-mail from Sally Gurekian.

Registration for the Jaunters will take place at the September Kick-Off and you will be requested to contribute \$3 for the Christmas raffle.

For those of you who cannot attend the Kick-Off and would like to continue to be part of Jaunters, kindly send me your name and telephone number by e-mail. We will collect your \$3 at the next jaunt. Alternatively, you can arrange to give it to Mary Vlahos or Sally Gurekian.

Chitra Chopra

KNIT and CHAT

We meet every last Saturday of the month from 1:30 to approximately 4:30 at each other's home and enjoy not only the knit but also the chat which gives us the opportunity to get to know each other and so we look forward to our get-togethers. We are a group of six and we help each other with our projects. We would welcome another member or two. The hostess serves tea or coffee and cake or cookies. Our first meeting of the year is **Saturday September 22**.

Tina Tessari

MUSIC APPRECIATION

We are looking forward to the opening of the 2018-2019 Montreal Symphony Orchestra morning six-concert series. **Thursday, September 20th, 10 am**, Carolina Soulié will host us as we prepare for the first two MSO morning concerts on **Thursdays September 27 and October 18**.

Prep-meetings precede the concerts by one week. At that time we prepare ourselves for the listening experience and organize transportation and lunch after the concert. Music of the symphonies and the composers will be presented as follows: Addie will present Mozart's "Violin Concerto No. 3," Carolina will present Beethoven's "Eroica, Symphony No. 3," and Sevinc will present Tchaikovsky's "Violin Concerto in D Major" and "Symphony No. 5 in E Minor." Refreshments will be offered by Carolina.

Maria Cranker

MYSTERY BOOK CLUB

Our first meeting this year is on **Wednesday September 19** (one week later than usual). Judy will be hosting and reviewing the book "Full Disclosure" by Beverly McLachlin. We meet at 1:00 pm.

Unfortunately our group cannot accommodate any new members but if you are interested in starting up another mystery book club, I will be happy to help you.

Gilda Martinello

NETWORKING

Save the date: **Wednesday October 17** at Studio 77 on Lakeshore in Pointe-Claire at 7:00 pm. More information will be communicated shortly.

Marlene Whittome

NEW BOOK EXCHANGE

Would you like to read 7 or 8 of the newest books this year while only buying one? Then the New Book Exchange is for you. We will meet once on **Wednesday September 26** at 7:30 pm at Clio's book store to choose our books. Then we pass them on at the first of each month. If you are interested, please sign up at the September Kick-Off.

B.J. Bell.

TÊTE - à- TÊTE

Le prochain rendezvous du groupe Tête-à-tête sera **vendredi le 21 septembre** à 9:30 chez Devi DiGuida. Nous sommes un petit groupe agréable et aimons parler français. Pensez à vous joindre au groupe. Vous serez les bienvenues.

Janet Anderson

URBAN WALKS

We are a group of women who love walking and we will be walking every Saturday at different venues from 10:30 to 11:30. Our first walk will be on **Saturday September 8** at 10:30. We will meet in Lachine across from the Dairy Queen on St-Joseph.

If you would like to join us, please contact me directly or sign up at the Kick-off on September 12.

Jane Cowell-Poitras

WINE APPRECIATION 1

Best wishes for the opening season of Wine Appreciation!

We shall be meeting on **Wednesday September 19** at Francoise's place. Further details will follow.

Renata Bagga

WINE APPRECIATION 3

We have two spots open this year and would like to welcome newer members to join us. We could also accommodate people who don't want to commit to group but would like to spare. We enjoyed our evenings last year and are looking forward to another great year! Place and date of our first meeting will be emailed to members shortly.

You can communicate directly with me.

Paulette Cargill

Advertising space available.
Please contact: mluwc.newsletter@gmail.com




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SEPTEMBER 2018

Mon	Tue	Wed	Thu	Fri
3	4 3:30 Issues to Action	5	6	7 Newsletter Deadline
10 1:00 Book Club 1	11	12 7:00 Kick-Off @ Beaconsfield Golf Club	13 8:45 Duplicate Bridge	14
17 7:00 Executive Meeting	18	19 1:00 Mystery Book Club Wine Appreciation 1	20 10:00 Music Appreciation	21 9:30 French Conversation
24	25 7:30 Evening Book Club	26 7:30 New Book Exchange @ Clio's bookstore	27 8:45 Duplicate Bridge 1:00 Book Club 2 6:30 Bon Appetit	28

Newsletter Editor: Gilda Martinello mluwc.newsletter2@gmail.com

Proofreaders: Jane Edwards & Heather Trump

Deadline for OCTOBER submissions: Friday September 7, 2018.